



2024 ARMED FORCES MEN'S AND WOMEN'S TRIATHLON CHAMPIONSHIP

1. COMPETITION RULES: Current International Triathlon Union (ITU) Rules, as amended by the Armed Forces Sports Council (AFSC), if applicable. Drafting is Legal.
2. COURSE DISTANCES: Olympic Distance: 1500M swim; 40K bike; and 10k run.
3. SCORING AND FINAL TEAM STANDING: Men and women team scores shall be separated. The winning men and women open team is determined by the displacement scoring system. This system adds the place number finish of team's official scorers. The winning men's team is determined by adding the displacement finishers of the top five (5) of the team's seven (7) Men's Open participants. The winning women's team is determined by adding the displacement finishers of the top three (3) of the team's five (5) Women's Open participants. Athletes that declare to compete in the Masters Division shall not be included in the Open Team competition and will not be included in the displacement scoring system.
4. TIE-BREAKER POLICY: Placement of first non-scorer for each team (Either the sixth Men's Open finisher or the fourth place Women's Open finisher). Should one of the tied Services have only the minimum number of athletes, then the tiebreaker shall be based on the aggregate times of the "scoring participants" (E.g. total time of the five scoring men or the three scoring women).
5. FACILITY, EQUIPMENT AND PERSONNEL:
 - a. Personal advertising is not allowed on service competition uniforms. Only approved sponsorship logos are authorized by the respective Service branch and shall appear equally on all uniforms of that Service branch.
 - b. The Host project Officer is authorized to open the Armed Forces Triathlon Championship to other military members (as course conditions allow). Only personnel listed on the official roster shall score for team and individual results.
 - c. Equipment shall comply with ITU guidelines for draft-legal competitions.
6. SCHEDULE OF EVENTS: (Times subject to change by host site)
 - a. Day One Teams Arrive
 Training Day – Lifeguard required.
 - b. Day Two Team Photo
 Course Review/Rules Meeting
 Bike Inspection
 Informal Icebreaker
 Training Day – Lifeguard required.
 - c. Day Three Bike Repair/Assistance
 Team Training
 Training Day – Lifeguard required.

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- d. Day Four Opening Ceremony (Optional) - However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

Transition Area Open
Competition Commences

Awards Ceremony - Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

- e. Day Five Teams Depart

7. AWARDS:

a. Individual: Awards are given to the top three finishers in the men's and women's open and top three finishers in the men's and women's senior divisions.

b. Team Award: Individuals awards are given to each member of the first place and second place men's and women's open teams (to include the OIC).

8. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP: Team points and awards will only be awarded to official Service Team members. Roster not to exceed 19 individuals:

7 Men Open
2 Men Masters (40 and older)
5 Women Open
2 Women Masters (35 and older)
1 OIC
1 Ad Libitum
1 Coach
TOTAL: 19

Note: Initial rosters must be submitted NLT four days prior to championship report date.

9. TEAM COMPOSITION - CISM: As follows or as dictated by host country invitation:

6 Men Competitors (Open)
6 Women Competitors (Open)
3 Men Competitors (Masters)
2 Women Competitors (Masters)
1 Certified Athletic Trainer
1 International referee
1 Coach
1 Team Captain
TOTAL: 21

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10. SELECTION PROCESS - CISM:

a. Open Competitors are determined by top six men and top six women Open finishers at the Armed Forces Championship.

b. Masters competitors are determined by the top three men and top two women finishers at the Armed Forces Championship. Masters shall also be considered from the AFC Open category based on their respective age.

c. In the event an Armed Forces Championship is not conducted prior to the CISM Championship, then the U.S. Armed Forces Triathlon team shall be selected by application. Service members shall submit their applications to their respective Service sports office. The proponent Service shall receive all applications and forward them to the selection committee. All applications are prioritized on the following criteria:

- 1) Fastest times achieved at Olympic Distance events within the last 18-months;
- 2) Draft-legal experience;
- 3) International race experience;
- 4) ITU points earned within the last 18-months

d. Coaching Selection.

1) Head Coach shall be the winning coach of each Men's/Women's Division. If there is only one coach from the Service who wins both divisions, or they are unavailable, or the invitation file only authorizes one coach, then the proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

2) If there is no Armed Forces Championship prior to the CISM Championship, then the proponent Service shall select the coach for the U.S. Armed Forces Triathlon team (subject to review and approval by the AFSWG).

11. FORMS AND ROSTERS:

a. All final rosters and code of conduct forms are due by the end of the organization meeting and shall be submitted electronically. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes, coaches, and staff shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces

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Championship, higher level competition, and CISM competition. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to, the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at:
www.armedforcessports.defense.gov

12. ALCOHOL POLICY: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, higher level competition and CISM competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event. However, more restrictive installation policies regarding alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team and shall be subject to further administrative actions by the AFSWG.

13. TOBACCO POLICY: All competitors and staff shall refrain from the use of tobacco related products, to include cigarettes, vaping, chewing tobacco, and other smokeless forms at the competition site. Use of these products shall comply with local installation policies and shall only occur in designated areas.

14. ICE-BREAKER SOCIAL.

a. Ice-breaker social shall be conducted at all Armed Forces Championships. Food/beverages are optional depending on the availability of funding/authorizations. If the event is conducted outside of a military installation, then the ice-breaker social shall be optional.

b. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

c. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

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15. HANDLING OF RULE VIOLATIONS: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

16. SAFETY REQUIREMENTS: All Armed Forces Sports shall comply with the safety procedures prescribed by USA Track and Field. Service Branches are encouraged to bring their own medical personnel with them to the competition.