2022 ARMEDFORCESSPORTS Standard Operating Procedures



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ARMED FORCES SPORTS COUNCIL DEPARTMENT OF DEFENSE

2022 ARMED FORCES SPORTS STANDARD OPERATING PROCEDURES

1. <u>REFERENCES</u>.

a. DOD Instruction 1330.04, Armed Forces Participation in National and International Sports Activities

b. Department of Defense Foreign Clearance Manual

c. Joint Travel Regulations (JTR)

d. Conseil International du Sport Militaire (CISM) Regulations

e. DOD Instruction 1015.10, Military Morale, Welfare, and Recreation (MWR) Programs

2. <u>PURPOSE</u>. This Standard Operating Procedure (SOP) provides procedures applicable to participation of military personnel in Armed Forces, National, and international sports competitions.

3. <u>APPLICABILITY</u>. This SOP applies to elements of Armed Forces Sports program (AFS) and covers the following programs: Armed Forces Championships; National Championships; Conseil International du Sport Militaire (CISM) Competitions; and other designated higher level national and international competitions. The approving authority of international competition is the Secretary of Defense, subject to the confirmation of the Secretary of State that the interest of the United States will be served by this participation.

4. <u>CONTENT AND MANAGEMENT</u>. Content is based on actions of the Armed Forces Sports Council (AFSC) and subsequent approval by the Principal Deputy Under Secretary of Defense for Personnel and Readiness (PDUSD(P&R)), as provided by DOD Instruction 1330.4 (reference a), which provides to the AFSC and AFSC Secretariat (AFSCS) overall policy guidance, assigns and defines responsibilities, and prescribes procedures for policy formulation and oversight of the management and participation of Armed Forces personnel in Armed Forces, amateur national and international sports competitions. The Deputy Assistant Secretary of Defense for Military Community and Family Policy (DASD (MC&FP)) acts on behalf of PDUSD (P&R) for the approval of the AFSC quarterly minutes.

5. PROGRAM OBJECTIVES.

a. Promote goodwill among the Armed Forces through sports.

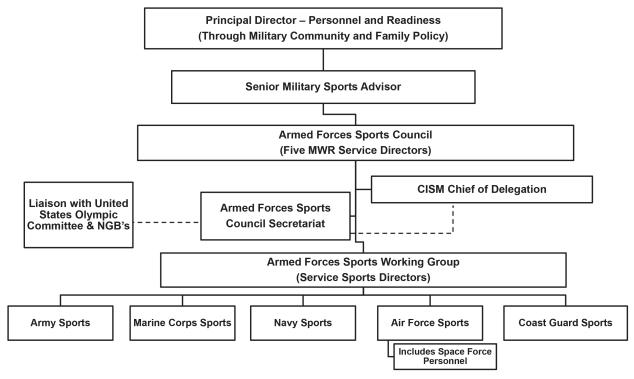
b. Promote a positive image of the Armed Forces through sports.

c. Provide the incentive and encourage physical fitness by promoting a highly competitive sports program.

d. Provide an avenue for military athletes to participate in national and international competitions.

e. Engage in valuable military-to-military opportunities with CISM member nations through sport.

6. ARMED FORCES SPORTS ORGANIZATION.



7. <u>RESPONSIBILITIES.</u>

a. ARMED FORCES SPORTS COUNCIL (AFSC) SHALL:

1) Comprise the MWR Directors of each of the five Services or their designated representatives. With the establishment of the U.S. Space Force on 20 December 2019 within the Department of the Air Force, Space Force personnel shall be represented by the U.S. Air Force Armed Forces Sports Council representative.

2) Act for the Department of Defense on matters pertaining to sports events involving more than one Service.

3) Meet quarterly to review agenda items forwarded by the Armed Forces Sports Working Group (AFSWG) and vote on items as necessary.

4) Take necessary action to provide the most qualified Active Duty/DoD Civilians to serve as Conseil International Du Sports Militaire (CISM) Combined Sports Committee (CSC) Members, and fill other open CISM positions.

5) Approve the annual Armed Forces Sports calendar of events (including national, international and CISM championships).

6) Approve the annual Armed Forces Sports budget.

7) Ensure the U. S. participates in annual CISM sports championship as funding permits.

8) Ensure the U.S. hosts at least one CISM event per year as funding permits.

9) Select the U.S. CISM Chief of Delegation and submit to SMSA for approval.

10) Determine the quadrennial apportionment among the Services for funding Service member participation in civilian national and international amateur sports competitions pursuant to Reference (a); advise the PDUSD (P&R) of the apportionment and any changes to it.

11) Serve as the Appeals Committee on all administrative actions from code of conduct violations.

12) Determine the workload and provide oversight of the AFSCS office.

13) Approve Annual Performance Measures (appendix A).

b. AFSC CHAIRPERSON SHALL:

1) The Chair of the AFSC shall rotate every two (2) years beginning on October 1, 2021 between the Services in the following order: Marine Corps, Army, Navy, and Air Force.

2) Recommend and finalize dates for AFSC meetings.

3) Announce all prospective guests and purpose of attendance at AFSC meetings. Approve guests based on majority concurrence of the AFSC.

4) Chair AFSC meetings.

5) Approve and sign final draft of AFSC minutes.

6) Liaise with the SMSA and AFSCS.

7) Direct the workload of the AFSCS office as determined by the AFSC.

c. ARMED FORCES SPORTS WORKING GROUP (AFSWG) SHALL:

1) Comprise the Sports Directors from the Army, Marine Corps, Navy, Air Force, and Coast Guard. AFSWG Chair coincides with the AFSC Chairperson schedule. Air Force AFSWG member shall represent Space Force personnel.

2) Meet quarterly at AFS Championships prior to the scheduled AFSC meetings.

3) Submit meeting agenda items to AFSCS 21 days prior to the scheduled meetings.

4) Attend AFSWG meetings ready to discuss and vote on all agenda items.

5) Serve as liaison between the AFSWG and their council representative.

6) Take necessary actions to solicit and nominate candidates to serve as: the U.S. CISM Chief of Delegation; on CISM Board of Directors, Commissions, and Sports Committees; and in U.S. National Governing Body (NGB) positions.

7) Make necessary changes to individual sport rules, as delegated by AFSC (AFSC Meeting #266, 6 December 2006).

8) Review all code of conduct violations and take the appropriate administrative actions.

9) Develop and track annual performance measures and benchmarks (appendix A).

d. AFSWG CHAIRPERSON SHALL:

1) Recommend and finalize dates for working group (WG) meetings.

2) Announce all prospective guests and purpose of attendance for AFSWG meetings. Approve guests based on majority concurrence of the WG.

3) Chair WG meetings.

4) Approve and sign final draft of AFSWG minutes.

5) Liaise with the AFSC Chairperson and AFSCS.

e. AFSCS OFFICE SHALL:

1) Report directly to the AFSC on all matters who provide direction in the discharge of AFSC responsibilities, primarily as executive officer, staff administrator and coordinator.

2) Serve as a contact point for the Department of Defense and its components on matters pertaining to the Armed Forces Sports Program.

3) Serve as liaison between AFSWG and AFSC. Liaise directly with SMSA on behalf of AFSC unless otherwise directed.

4) Advise AFSWG and AFSC on pressing issues.

5) Serve as recorder for AFSWG and AFSC meetings.

6) Disseminate agenda items approximately 14 days prior to scheduled AFSWG and AFSC meetings.

7) Publish and distribute draft minutes of AFSWG and AFSC actions within seven (7) working days of meeting.

8) Transmit AFSC minutes to the SMSA for review to ensure compliance with DoD policy before submission to the PDUSD (P&R).

9) Refer AFSC matters requiring OSD coordination through the SMSA to the PDUSD(P&R) when necessary.

10) Submit, through the SMSA to the PDUSD (P&R), comments on legislative matters affecting military sports activities that are of interest to the Department of Defense.

11) Coordinate (approved as part of signed minutes) administrative changes to SOP with AFSWG Chair.

12) Update AFS SOP and distribute to AFSWG members.

13) Serve as the responsible steward of the Annual Armed Forces Sports budget, upon approval of the AFSC.

14) Ensure annual calendar and directory are updated.

15) Ensure AFS website and approved social media sites are maintained and updated.

16) Attend and be the responsible neutral agent to ensure that all rules at Armed Forces Championships are followed and facilitate any issues/protests/concerns. If either the Secretariat or the deputy is not present at the championship due to conflicting events, the AFSCS will identify the senior Service representative responsible to carry out this function.

17) Liaise with National Governing Body referee/officials association to secure referees/officials for Armed Forces and/or CISM Championships 45-days prior to the start of the event. Be responsible for the payment of per diem, transportation (less local transportation), and associated fees for all sports officials at Armed Forces Championships.

18) Provide higher level team selection charts to Armed Forces Championship host site project officers.

19) Publicize Service member participation in programs, including the Olympic Games, by providing informational material to the ASD (PA) and the respective Services.

20) Serve as U.S. Delegate to CISM. In the absence or vacancy of the Chief of Delegation, AFSCS shall serve as the acting Chief of Delegation to CISM unless otherwise directed by the AFSC.

21) Provide applicable reports to AFSC and AFSWG pertaining to CISM meetings and other pertinent national and international meetings.

22) Receive and process requests from foreign CISM Chiefs of Delegation for U.S. military coaching assistance.

23) Notify CISM and other sports organizations of the Armed Forces intent to participate in respective higher-level competitions.

24) Process travel clearances through the Aircraft and Personnel Automated Clearance System to obtain country, theater, and special area clearances for Service members participating in CISM events per reference (b).

25) Approve Travel Tracker/Individual Anti-Terrorism Plan when required per reference (b). When approving authority requires higher than GS-15 level, AFSC Chair shall approve if they are GO/FO or SES.

26) Coordinate with the Department of State (DoS) and other governmental agencies and national sports organizations regarding sports tours and clinics in foreign countries that involve Service member participation.

27) Assist Service branches in obtaining visas if required by host nation. Service members are required to obtain their own official passport and visa.

28) Advise proponent Services on country clearance requirements, generation of NATO orders when necessary and other travel related issues.

29) Serve as U.S. Liaison to CISM Headquarters and the North American CISM Office.

30) Provide CISM mementos for U.S. delegations.

31) Serve as the Liaison on National Governing Bodies (NGB) when positions become vacant or as determined by the AFSC.

32) Serve as the AFSC Liaison to the U.S. Olympic Committee when pertaining to Armed Forces Sports involving more than one Service.

33) Prepare code of conduct violation cases to AFSWG for review/action.

34) Receive performance measure data from AFSWG, collect assigned data and generate annual report (appendix A).

f. U.S. CHIEF OF DELEGATION TO CISM SHALL:

1) Serves at the pleasure of the AFSC.

2) Represents the AFSC and U.S. Delegation on all matters dealing with International Military Sports at CISM.

3) Represents the interests of the AFSC at the annual CISM General Assembly (if available) and empowered to vote at the General Assembly, representing the national position of the U.S. Armed Forces Sports program.

4) Interfaces with the Armed Forces Sports Council Secretariat (AFSCS) who coordinates with the CISM Headquarters in Brussels, Belgium on any items that the COD needs to act upon and signs necessary correspondences.

5) Attend (if available) the annual CISM Continental Meeting of the Americas, Military World Games, and U.S. hosted CISM World Championships and events.

6) Recommend participation of U.S. missions at CISM events to the AFSC.

7) Sign preliminary and final agreements of official CISM Invitations for all U.S. - invited events. Only authorized to commit the U.S. Delegation to events approved by the AFSC.

8) Sign official invitations for U.S. hosted events, as approved by the AFSC. Will not commit the U.S. Delegation to host events without first obtaining approval by the AFSC.

9) Submit official nomination letters to CISM, with AFSC endorsement, for CISM appointed positions including Board of Director members; Commission Members; Presidents of CISM Sport Committees (PCSC); and CISM Sport Committee (CSC) Members.

10) Have oversight of the U.S. CISM appointees.

a) Submit preliminary and final agreements to host nations including CISM appointees as required.

b) Receive after action reports from CISM appointees after CISM events.

c) Recommend to AFSC the removal of CISM appointees who fail to meet their obligations to their CISM roles or violate CISM rules or the Armed Forces Sports code of conduct.

11) Be responsible for all U.S. missions participating at CISM events, ensuring that the missions adhere to the Armed Forces Sports and CISM codes of conduct.

12) Assists in the solicitation of DoD support for funding of U.S. participation in the Military World Games and other CISM activities.

13) Actively promotes the ideals of CISM with senior leadership throughout DOD and serves as an "ambassador" for the U.S. Armed Forces by holding the highest ideals for goodwill and friendship in dealing with other nations.

8. PROCEDURES:

a. MEETINGS

1) Armed Forces Sports Council Meetings.

a) Occur quarterly following AFSWG meetings.

b) <u>AFSC Meeting Attendees</u>: Five Council Members (Coast Guard is Non-Voting); Armed Forces Sports Council Secretariat (AFSCS); AFSWG Chairperson; AFSC Legal Representative; Office of the Secretary of Defense (OSD) Representative; and invited guests (approved by the AFSC Chairperson).

c) Agenda items are provided by AFSCS approximately 14 days prior to the AFSC meeting. AFSC members may submit agenda items at any time to include during the AFSC meeting. U.S. Coast Guard may submit agenda items and have an active voice in discussions, but cannot vote.

d) <u>Voting</u>: Each voting member of the AFSC receives one vote on all agenda items. Votes ending in a tie will result in the agenda remaining unchanged or "as-is". If the tie applies to new business, then the AFSC may elect to send the agenda to the Senior Military Sports Advisor (SMSA) as the tiebreaker, or the AFSC may reserve the right to task the AFSWG to re-work the agenda.

1) For time sensitive agenda items occurring between AFSC meetings, votes by email are authorized. AFSCS shall prepare the agenda item to all AFSC members for review and shall record the vote accordingly. The final decision shall be taken for action.

e) <u>AFSC Meeting Minutes</u>: The AFSCS shall provide minutes within seven (7) working days to the council members for review. After council members review, the AFSC Chairperson signs the minutes and forwards the minutes for signature to the SMSA. The Council minutes are then forwarded to the DASD (MC&FP) for approval.

f) Meetings are generally held in observation of the Robert's Rules of Order as modified by the AFSC.

2) Armed Forces Sports Working Group Meetings.

a) Occur quarterly preceding AFSC meetings.

b) <u>AFSWG Meeting Attendees</u>: Five Working Group Members (Coast Guard is Non-Voting); Armed Forces Sports Council Secretariat (AFSCS); AFSC Legal Representative; Office of the Secretary of Defense (OSD) Representative; AFSWG alternate members and invited guests (approved by the AFSC Chairperson).

c) Agenda items are provided by AFSCS approximately 14 days prior to the AFSWG meeting. AFSWG members may submit agenda items at any time to include during the AFSWG meeting. U.S. Coast Guard may submit agenda items and have an active voice in discussions, but cannot vote.

d) <u>Voting</u>: Voting AFSWG Members receive one vote on all agenda items. If a vote (at the meeting or through the e-mail process) ends in a tie, and cannot be resolved via a majority vote, then the agenda remains status quo, unless all the AFSWG members agree to forward the agenda to the AFSC.

1) For time sensitive agenda items occurring between AFSWG meetings, votes by email are authorized. AFSCS shall prepare the agenda item to all AFSG members for review and shall record the vote accordingly. All recommendations that require AFSC approval shall be sent to the AFSC by the AFSCS.

e) <u>AFSWG Meeting Minutes</u>: The AFSCS shall provide minutes within five (5) working days to the Working Group Members for review. Working Group Members shall review the minutes within seven (7) working days. Upon review, the AFSWG Chairperson signs the minutes and forwards them to the AFSC through the AFSCS as agenda items for the AFSC Meeting.

f) Meetings are generally held in observation of the Robert's Rules of Order as modified by the AFSWG.

3) Athlete and Coach Selection Meetings. See page (11) under section d. "Higher-Level Competition".

b. ARMED FORCES CHAMPIONSHIPS.

1) An official Armed Forces Championship must be approved by the AFSC and meet the following criteria:

a) <u>Team Sports</u>: A minimum of three (3) teams are entered. Composite teams may be authorized when one or more Services cannot field a team. In such cases, three teams are still required in order to conduct an Armed Forces Championship.

b) <u>Individual Sports</u>: A minimum of three (3) service teams are entered with a minimum roster to qualify for the team championship in each applicable sport.

c) <u>Weight Class Sports</u>: A minimum of two (2) individuals, from separate Services participate. If entries fall below the stated minimum, no team points will be awarded unless otherwise specified in the individual sport rules.

2) All Armed Forces Championships are conducted IAW the recognized National Governing Body rules/regulations/by-laws of the respective sport as amended by the AFSC, if applicable. Operating procedures for each Armed Forces Sport are outlined in appendix (B) of this SOP.

3) ELIGIBILITY.

a) Only Active Duty, U.S. Armed Forces personnel, to include Reservists and National Guard on orders are eligible to compete in Armed Forces Championships and any subsequent higher-level competition. Armed Forces is defined as Army, Marine Corps, Navy, Air Force, Space Force, and Coast Guard.

b) Any individual in an Officer Accession Program with the rank of Cadet or Midshipman (Academy or, ROTC) is not eligible for Armed Forces Championships nor any subsequent higher-level competition.

c) Service Members in retired status are not eligible to compete in Armed Forces Championships, nor any subsequent higher-level competition.

d) Coast Guard personnel are authorized to participate with Navy teams in Armed Forces competitions. Navy and Marine Corps personnel may participate on the team of the Service where the athlete is assigned. These agreements are coordinated through the respective Service Sports Offices.

e) Space Force personnel are authorized to participate with Air Force teams in Armed Forces competitions.

f) Service representatives should not be a participating coach, OIC, athlete, or trainer.

4) SPECIAL ARMED FORCES CHAMPIONSHIP POLICIES.

a) <u>Ice-Breaker Social</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

1) The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

b) <u>Awards Ceremony</u>. Service teams will wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards or be selected to the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice Breaker Social, then all Service Members must comply with paragraph 8.a.(4)(a). Footwear shall be at the discretion of the attending Service Representatives.

c) <u>Dining Support</u>. Host Service must identify available dining facilities on the installation within the Championship Letter of Instruction.

d) <u>Alcohol Policy</u>. There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

e) Handling of Rule Violations.

1) If there is a violation of the SOP, code of conduct or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game.

2) Code of conduct violations occurring during a championship/event, shall be handled by the Service representatives on site. The AFS representative shall prepare the case for review. Actions are limited to the suspension of specific game(s), the rest of the tournament, and/or removal from consideration for higher level competition. Final actions are determined by majority vote of the attending Service representatives of the participating teams. When the vote is tied, the AFS representative on site shall break the tie.

3) Code of conduct violation cases occurring after the event has concluded shall be prepared by the AFSCS and presented to the AFSWG for review and action. After AFSWG decision and AFSC Legal Counsel review, AFSCS shall prepare a memorandum to the Service AFSWG Member of the participant at fault. Each individual Service is responsible for notifying their respective Service member either through direct contact or through participant's chain of command. AFSC shall serve as the appeals committee on any ruling challenged by those involved. Individual Services may impose more strict sanctions on their respective Service members if they deem necessary. AFSCS shall maintain all records of actions/rulings.

f) <u>Protest Responsibilities and Procedures.</u> The protest committee consisting of Service representatives and Chief of Officials will only accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

g) <u>Officiating Problems</u>. Incidents or issues related to an official at an event will be addressed with the head official immediately. If not addressed immediately, Services should inform the AFSCS about problems occurred with official(s) within 30 days after the conclusion of the championship.

h) <u>Opening Ceremonies</u>. Opening ceremonies are optional. However, all Service flags to include the Space Force and Coast Guard flags shall be displayed or posted with colors. If not all Service flags are available, then only the American flag and host Service flag shall be displayed. If hosted on a military installation, the National Anthem shall be played prior to the first competition of the championship even if an opening ceremony does not occur. Armed Forces Flag and Marching Protocol is located in appendix (O) of this SOP.

i) <u>Organization Meeting</u>. All Armed Forces Championship shall have an organization meeting prior to the start of competition. Unless otherwise specified, only Service representatives, coaches, OIC's, and referees/officials shall attend. Athletes shall only attend when stated in the letter of instruction. The organization meeting shall be the official deadline for all required forms as stated in the championship letter of instruction.

j) <u>Forms and Rosters</u>. All final rosters and code of conduct forms are due by the end of the organization meeting and shall be submitted electronically. Failure to provide rosters will result in the Service disqualified from participating in the Armed Forces Championship. Failure to provide Code of Conduct form will disqualify athletes from advancing to higher level competition. Athletes advancing to higher level competition must complete the appropriate forms as identified in the individual sport rules (appendix B). Navy teams shall annotate Coast Guard personnel and Air Force teams shall annotate Space Force personnel on rosters with combined teams. k) <u>Cancellation Policy</u>. All Armed Forces Sports Championships shall have a 60-day deadline for cancellation. AFSWG will conduct an emergency meeting followed by an emergency AFSC vote when circumstances do not allow for the 60-day notice.

c. 2022 ARMED FORCES CHAMPIONSHIP HOSTING RESPONSIBILITIES.

- 1) The Services shall host the following sports in 2022:
 - a) Men's and Women's Basketball Navy
 - b) Cross-Country Air Force
 - c) Golf Army
 - d) Men's and Women's Rugby Navy
 - e) Men's Soccer USAF
 - f) Men's Softball Army

2) The following sports shall be hosted on a permanent basis:

- a) Triathlon Navy
- b) Marathon USMC
- c) Women's Soccer Trial Camp USAF

3) The following units serve as the lead proponent for select sports:

a) Parachuting – U.S. Army Parachuting Team (Golden Knights)

b) Skiing/Winter Sports – U.S. Army Vermont National Guard

1) Includes, but not limited to: Biathlon; Cross Country Skiing; Patrol Race; and Ski Mountaineering.

d. HIGHER-LEVEL COMPETITION.

1) Athletes, coaches, and associated staff members shall represent the United States Armed Forces at National Championships, CISM World Military Championships, or other selected higher-level competitions as prescribed by the sport. The AFSC shall approve participation to all higher-level competitions within the Armed Forces Sports program on an annual basis. The U.S. reserves the right to withdraw (with AFSC approval) if original dates of National Championships, international or CISM competitions are changed or present a conflict to Armed Forces or national events.

2) All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Teams advancing to higher-level competitions shall not exceed the number of allocations specified for each sport per appendix (B).

3) All delegation members of the U.S. Armed Forces Team advancing to higher level competition shall sign the Armed Forces Sports Code of Conduct (appendix D) prior to the start of training camp or departure to higher level competition if a training camp is not conducted. Host Service shall hold the signed code of conduct forms until the conclusion of the championship, or until all related actions of the championship are finalized.

4) During the Athlete Selection Process, Service representatives shall reserve the right to not select top quality candidates based on behavior, grooming standards, or disciplinary reasons. The host Service will not make any additions or deletions to the selected Armed Forces Team without coordinating with the Working Group Member of the other three Services.

5) ATHLETE SELECTION PROCESS.

a) All-Tournament and Armed Forces Team Selections from Armed Forces Championships (Team Sports).

1) The AFSWG members, or designated representatives, at the site of the Armed Forces Championship are responsible for the selection of the All-Tournament Team and the U.S. Armed Forces Team for higher-level competition.

2) Selection meeting attendance is limited to the Service Representative and the Service Head Coach. Each Service is authorized one spokesperson during the meeting. The host Service Representative shall chair the selection meeting.

3) The initial selection for the All-Tournament Team and the Armed Forces Team shall be conducted as a paper ballot (appendix E), both submitted and signed simultaneously by each Service Representative to the selection meeting chair at the beginning of the selection meeting. Signed submitted ballots are final. Selection Meeting Chairs shall not accept unsigned ballot forms. Ties shall be resolved through discussion and vote.

4) Participants selected to the All-Tournament Team shall automatically be selected to the Armed Forces Team unless unavailable. The most competent athletes, regardless of Service affiliation, shall be selected to complete the final Armed Forces Team roster. Applicable exception is addressed in paragraph 8.d.(4).

5) When higher-level team sports competition does not immediately follow the Armed Forces championship, based on non-availability, Services may elect to send up to three (3) additional athletes per Service to the Armed Forces training camp from the available pool of those who participated at that year's Armed Forces Championship.

b) Athlete Selections for all individual sports shall be in accordance with the respective SOP for that sport contained within appendix (B).

c) Armed Forces Team Selections from Training Camps, special competitions, or qualifying events/criteria. (Non-Armed Forces Championships)

1) Training Camps.

a) The AFSC shall determine the proponent Service responsible for the conduct of the respective training camp.

b) Athletes from all branches of Service shall apply for consideration to the U.S. Armed Forces Training Camp of the respective sport. All participants must be approved, sanctioned, and be placed on orders by their respective service Sports Office.

c) Coaches reserve the right to make appropriate cuts and final roster selection of the U.S. Armed Forces Team.

2) Special Competitions.

a) Special competitions, qualifiers, or invitational competitions may be conducted by a proponent Service in order to select a U.S. Armed Forces Team to compete in CISM Championships upon approval of the AFSC. Such competitions may include, but not limited to: Tae Kwon Do, Shooting, Parachuting, and Skiing/Winter Sports.

b) Events hosted by unit elements, such as Parachuting - Golden Knights and the Vermont National Guard, may be conducted in coordination with Armed Forces Sports upon approval by the AFSC. Funding for the competition shall be determined by the proponent unit and/or Service in coordination with the responsible agencies.

3) Qualifying Events/Criteria.

a) Sports such as, but not limited to Judo, Track and Field, Modern Pentathlon, Parachuting, Skiing/Winter Sports, and Cycling may conduct qualifying events or select team members through special qualifying factors (such as resume) to the U.S. Armed Forces Team competing in CISM Competitions.

b) Proponent Services responsible for the respective sport are responsible for drafting selection criteria and procedures. AFSWG members shall

approve all criteria and procedures for the selection of U.S. Armed Forces Team Members and any qualifying events.

6) COACH SELECTION POLICY:

a) <u>Team Sports</u>: The Head Coach for the Armed Forces Team shall be the winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). This coach shall select his/her Assistant Coach from the pool of coaches that participated in the championship (subject to review by the Service Representatives at the championship). If the winning Head Coach is not available, then the second place team Head Coach shall be the Head Coach of the Armed Forces team. This individual shall also select his-her Assistant Coach from the pool of coaches who participated in their respective Armed Forces Championship (subject to review by the Service Representatives at the Championship). If neither the winning nor the second place Head Coaches are available to advance to higher level competition, the AFSWG shall vote to select a Head Coach from the remaining pool of available coaches who participated in the championship. Priority shall be given to Head Coaches. If replacement coaches cannot be identified within 24 hours preceding the announcement of the team delegation, then the Armed Forces team shall not advance to higher level competition.

b) <u>Individual Sports</u>: The Head Coach for the Armed Forces Team shall be the overall winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). The Assistant Coach of the Armed Forces Team shall be the overall second place Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). If the winning coach is not available, the second place team coach shall serve as the Head Coach of the Armed Forces Team. Service Reps shall vote on the Assistant Coach for both positions, if neither the first nor second place coaches are available.

1) For Marathon, Cross Country, Triathlon, and Golf where there is the possibility that separate Services may win the championship either in the men's or women's division, the following shall apply: The proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

c) For sports not competed at Armed Forces Championship, such as Women's Soccer, the proponent Service shall select the coaching staff (subject to review and approval by the AFSWG).

7) TEAM CAPTAIN APPOINTMENTS:

a) Team Captains for higher level competition for all sports shall be nominated by the assigned proponent Service with the exception of the permanent sports. All Team Captain nominations are reviewed and approved by the AFSWG. 1) The assigned proponent Service for the following sports is on a permanent basis:

a) Basketball (Men) – USAF

- b) Basketball (Women) USAF
- c) Cycling USAF
- d) Judo Army
- e Marathon USMC
- f) Modern Pentathlon Army
- g) Orienteering Army
- h) Parachuting Army Golden Knights
- i) Archery Army
- j) Sailing Navy
- k) Shooting Army
- I) Skiing Army Vermont National Guard
- m) Soccer (Women) USAF
- n) Swimming and Lifesaving Navy
- o) Tae Kwon Do Army
- p) Track and Field USAF
- q) Triathlon Navy
- r) Wrestling Army

2) The Proponent Service schedule for the non-permanent sports shall be determined in paragraphs 8.c.(1) to (2) of this SOP.

b) Selection Process.

1) Criteria for selection as Team Captain in order of importance:

a) Staff members at Service sports office are preferred first.

b) Department of Defense (DOD) Civilian staff member with experience coordinating logistical and administrative requirements of the position.

c) Technical knowledge/background in the sport (rules and bylaws, tournament structure, brackets and pool play, medal round).

d) Previous Team Captain for a CISM sport (conducted OCONUS).

e) Training as a Team Captain for a CISM event by attending a CISM sports camp (hosted OCONUS) as Observer and assisting primary Team Captain with duties.

f) Previous Team Captain for a sport attending U.S. National championship.

g) Host Project Officer for a CISM championship.

h) Host Project Officer for an Armed Forces championship.

i) Previous sports team member at a CISM event.

c) Requirements of Team Captain.

1) Team Captains must be familiar with travel orders and booking airline flights.

2) If the Armed Forces training camp is OCONUS, the Team Captain must be present for the entire training camp. If the Armed Forces training camp is held on a CONUS installation, the local sports director may assist with administrative needs until the team captain joins the team.

3) An officer (or equivalent DOD civilian), or E-7 or above may be nominated as the Team Captain.

4) Team Captains shall agree to sign the prescribed Team Captain Letter of Instruction (LOI) in appendix (G) and strictly adhere all duties outlined within the LOI.

d) Duties of Team Captain are outline in appendix (H) of this SOP.

8) CHIEF OF MISSION APPOINTMENT:

a) Proponent Service is responsible for selecting the Chief of Mission (O-5/O-6 preferred). By request, the U.S. Chief of Delegation may select the Chief of Mission if the proponent Service is unable to find a suitable Chief of Mission or will travel with the U.S. delegation to the CISM competition.

b) The proponent Service of the CISM sport and/or AFSCS briefs the Chief of

Mission on all duties, functions, and responsibilities prior to the team departure for the CISM Championship.

c) Selected Chiefs of Mission shall agree to sign the prescribed Chief of Mission Letter of Instruction (LOI) in appendix (I) and strictly adhere to all duties outlined within the LOI.

d) Duties of Chief of Mission are outlined in appendix (J)

9) MEDICAL SUPPORT PERSONNEL SELECTION.

a) The proponent Service is responsible for obtaining appropriate medical support personnel, such as physicians and Certified Athletic Trainers for all U.S. Armed Forces Teams. All medical support personnel must possess the appropriate credentials (i.e. Certified Athletic Trainer) for the position they are assigned. See appendix (B) for specific sport requirements.

b) All Medical Support Personnel shall sign a code of conduct agreement and must strictly adhere to the conduct outlined in the form.

c) If the proponent Service is unable to locate the appropriate medical coverage for the U.S. Armed Forces Team, the AFS Sports Medicine Advisory Team shall be tasked by the AFSCS to recommend the most appropriate medical provider.

10) <u>HIGHER-LEVEL COMPETITION (CISM AND NATIONALS)</u> <u>RESPONSIBILITIES</u>.

a) Proponent Services are responsible for coordinating arrangements for the Armed Forces Team/Delegation for all training camps and follow-on higher-level competitions (CISM and Nationals). Responsibilities include:

1) Billeting.

2) Provide meals and incidental expenses per funding guidance listed in paragraph 9 of this SOP.

3) Dining requirements at both military installations and/or civilian facilities.

4) Transportation, to include:

a) Local transportation at training camps.

b) Transportation to and from higher-level competition.

5) Securing scrimmage competitions and training facilities for all team

sports.

6) Entry fees to higher level activities.

7) Special requirements will be the responsibility of each service.

8) Providing installation of the Armed Forces championships with national championship entry form and entry instructions for sports, as applicable.

9) Purchasing Competitive Uniforms.

a) Proponent Service is responsible for purchase of all competitive uniforms. Uniforms for higher-level competition are purchased annually with athletes retaining all uniforms and issued items upon completion of each competition.

b) Armed Forces Teams advancing onto National Championships will use the Armed Forces Sports emblem on their competitive uniform and "USA" on their bags and warm-ups as applicable.

c) Funding limits for Armed Forces Team competitive uniforms are set in appendix (N).

11) <u>HIGHER-LEVEL COMPETITION (CISM AND NATIONALS) TRAINING</u> <u>CAMP STRUCTURE</u>.

a) Length of training camps shall not exceed the following (time frame includes travel days):

1) Women's Basketball: 15 days on-site prior to CISM or SHAPE.

2) Men's Basketball: 15 days on-site prior to CISM or SHAPE.

3) Volleyball (M/W): 10 days on-site prior to CISM

4) Soccer (M): 10 days on-site prior to CISM. If no Armed Forces event 18 days prior to CISM.

5) Soccer (W): 18 days prior to CISM (Trial Camp if no Armed Forces Championship)

6) Wrestling: Eight (8) days prior to CISM

7) Tae Kwon Do: 15 days on-site prior to CISM

8) Judo: 15 days prior to CISM

9) Track and Field: Seven (7) days prior to CISM

10) Swimming: Seven (7) days prior to CISM

11) Triathlon: Five (5) days on-site prior to CISM

12) Softball: Five (5) days on-site prior to Nationals

13) Sailing: Seven (7) days prior to CISM

14) Other sports determined on a case-by-case basis as determined by the AFSWG.

15) During CISM Military World Games, AFSWG shall have the flexibility to modify the length of camp to adjust for the World Games schedule.

12) HIGHER-LEVEL COMPETITION SPECIAL POLICIES.

a) <u>Leave</u>. Armed Forces team members are not permitted leave during camps and competition unless coordinated through Service sports offices. This includes coaches and Team Captain. The Team Captain and coaching staff must be the last individuals that depart upon completion of the event to ensure all athletes departure. Barring an emergency, no staff personnel should be granted early departure.

b) Military Uniform: U.S. Military personnel must wear their Military uniforms to all official CISM functions (opening ceremony, banquet, etc.) as dictated by the host country invitation. CISM specifies uniform as summer or winter. Appendix (K) lists the breakout for each U.S. Service uniform.

c) Passports/Visas/Orders: The Foreign Clearance Guide will dictate the requirements of visas, passports, and/or other required documents such as NATO travel orders. AFSCS shall provide all necessary country clearance requirements to the proponent Service. The proponent Service is responsible for ensuring all participants meet the necessary training requirements and obtain official Service passports and visas if required by the host nation.

d) Contingency Funds: Proponent Service shall provide necessary contingency funds to support the Armed Forces team by request of the proponent Service. Costs are to be pro-rated equally among the Services. Contingency checks will not exceed \$1,500 and are to be used only for emergencies. The contingency checks for \$500 will still be standard.

e) Training Requirements: At a minimum, all personnel are required to complete Anti-Terrorism Training/Level One. SERE and ISOPREP may be required depending on the nation/theater traveled to. AFSCS shall provide AFSWG with all training requirements.

e. REQUIREMENTS TO HOST A CISM CHAMPIONSHIP.

1) Hosting installations are authorized an initial \$200,000 for hosting a CISM championship (World or Continental). If the host site expects to exceed the budget of \$200,000, then the host Service shall seek AFSWG approval for additional funding prior to the championship. If approval is not granted, then additional expenses will be borne by the host Service.

2) Host Service must be able to meet all CISM requirements for hosting World Championship in reference (d).

f. ARMED FORCES AND CISM OFFICIALS.

1) SELECTION PROCESS:

a) Ninety (90) days prior to an Armed Forces championship, the AFSCS sends correspondence to the national chief of officials for the respective sport. The correspondence states minimum qualifications expected of the officials for a championship and request a list of qualified officials. Officials selected must be available to officiate for the duration of the Armed Forces Tournament.

b) AFSCS notifies selected officials and provides them with information about travel arrangements, local transportation, billeting, dining, event schedule, fees, per diem, and the contact information for the local project officer. AFSCS arranges travel, billeting and pays the officials the approved stipend and per diem per the fee structure listed in paragraph 8,f,(3),(a).

c) The selection of experienced/qualified support officials such as scorers, starters, timers, etc., is the responsibility of the host installation.

d) Active Duty personnel are not to be used as Armed Forces Championship officials, unless concurrence is obtained from the AFSC. This does not apply to support officials, such as line judges, scorekeepers, and timekeepers.

e) A chief or head of officials is named for each Armed Forces Championship. AFSCS will coordinate with the appropriate agent to select the U.S. officials for Armed Forces and CISM championships.

2) OFFICIALS REQUIRED FOR ARMED FORCES CHAMPIONSHIPS:

a) Basketball (NCAA Big Sky Conference - Men/Women): 6 referees, 1 noncalling chief of officials. Referees crew shall double if combined Men and Women's Armed Forces Championships, which would include a second non-calling chief of officials.

b) Rugby (USA Rugby): 6 referees, 1 non-calling chief of officials. Only applies to events not held in conjunction with established tournaments.

c) Softball (ASA/USA Softball-Men/Women): 6 umpires, 1 non-calling umpire-

in-charge. Umpire crew shall double if combined Men and Women's Armed Forces Championships, which would include a second non-calling umpire-in-charge.

d) Soccer (USSF): 8 officials, 1 non-calling chief of officials.

e) Triathlon (USAT): 1 official.

f) Volleyball (USAV-Men/Women): 6 referees, 1 non-calling chief of officials. Referees crew shall double if combined Men and Women's Armed Forces Championships.

g) Wrestling (USA Wrestling): 8 referees, 2 non-calling chief of officials and 1 pairing crew.

3) <u>OFFICIALS FEES, PER DIEM, EXPENSES AND STIPEND</u>: AFSCS is responsible for payment of fees and meal per diem to officials. Officials will receive payment prior to departing Host Installation.

a) Armed Forces Championship Official Fees per sport are as followed:

1) Basketball: \$1,750.00 for each floor and head official per championship event. Experienced scorers, timers, experienced statistician (with appropriate software) and shot clock operators must be obtained through the local officials association. Local rates will be paid to these individuals and are the responsibility of the host Service and will not be pro-rated.

2) Rugby: \$500.00 for each official per championship event.

3) Soccer: \$170.00/day for each official per championship event.

4) Softball: \$360.00 for each official per championship event. Head officials receive \$385.00, but do not work games. Host installation will provide experienced/qualified official scorers who have responsibility for distributing game statistics to coaches and Service Representatives. Local rates will be paid to these individuals and are the responsibility of the host Service and will not be pro-rated.

5) Triathlon: \$150.00 for head official. Course monitors will be obtained through the local officials association. Local rates will be paid to these individuals and are the responsibility of the host Service and will not be pro-rated.

6) Volleyball: \$1,000.00 for each official per championship event. Experienced line judges and experienced statistician (with appropriate software) will be obtained through the local officials association by the host site. Local rates will be paid to these individuals and are the responsibility of the host Service and will not be prorated.

7) Wrestling: \$300.00/day for each official per championship.

8) Note: Head officials who work games/matches receive an additional payment of \$25 per championship.

b) Per Diem, Billeting, and Local Transportation: Officials for an Armed Forces Championship receive a meal per diem of \$30 per day; paid by Host Service. In addition, lodging and rental vehicles are provided to the officials by the Host Installation.

c) Travel and Baggage Fees: Proponent Service is responsible for obtaining and securing transportation for officials to the competition site. Officials using a privately owned vehicle (POV) for travel will be paid mileage by the host site or proponent Service IAW current JTR rates as long as mileage does not exceed the cost of government round trip airfare. Host site or proponent Service will reimburse baggage fees and parking if applicable.

d) CISM Stipend and Support: Officials for a CISM championship receive transportation, lodging and meals paid for by the AFSCS (or CISM host country). Official fees per sport are as followed:

1) Basketball: \$150.00/day for each floor and head official per championship event. SHAPE competitions as well.

2) Soccer: \$200.00/day for each official per championship event.

3) Triathlon: \$500.00 for each official per championship event.

4) Volleyball: \$200.00/day for each floor and head official per championship event.

5) Wrestling: \$300.00/day for each official per championship.

6) Other: Sports not listed above shall receive a stipend of \$150.00/day for each official per championship event.

7) Stipends issued on a daily rate are capped based on the tournament schedule. Officials wishing to attend outside the tournament schedule are not entitled to additional stipends unless specified by AFSCS.

9. FUNDING ARMED FORCES SPORTS.

a. AFSCS prepares the annual operating budget for review by the AFSWG, prior to submission to the AFSC for approval.

b. The Army Nonappropriated fund (NAF) provides payment of AFSCS operating budget expenditures. The Army NAF prorates operating budget expenditures to the four Services, by line item, semiannually. AFSCS shall provide receipts upon request.

c. The host and/or proponent Service of an Armed Forces Championship bills the other Services for the pro-rata share of expenses for follow-on higher-level championship training camps and competitions. If the proponent Service purchases standard issue items on behalf of AFS, then AFS shall directly reimburse that Service.

1) The expenses are billed as followed:

	Pro-rated Equally by Four Services	Each Service Assessed on Number of Participants
1. Mementos	X	
2. Contingency Funds	X	
3. Entry Fees	X	
4. Armed Forces Apparel	X	
5. Competitive Uniforms		Х
6. Official's Stipend, Travel & Authorized Expenses	X	
7. CISM Events Hosted by U.S.	X	
8. Training Camp Expenses		X
9. Travel of CISM Sports Committee Members		X
10. Travel of CISM Mandated Positions (PCSCs/BoD)	X	

2) Host and/or proponent Service shall bill the other Services within 75 days upon the completion of the higher-level event. Failure to appropriately bill the Service branches within 75 days will result in the host and/or proponent Service to incur all associated costs.

3) Services shall submit payment to host and/or proponent Service bills within 45 days. Services shall not be permitted to participate in higher-level competition of the respective sport from bills that remain unpaid. Outstanding bills must be reported to AFSCS in order for AFSCS to notify the Service of unpaid debt. Services have up to the date of the organization meeting of the respective sport to clear unpaid bills for reinstatement of higher-level competitions.

d. Sponsorship/Gifts:

1) If host installation for Armed Forces or CISM Championship obtains cash sponsorship, 25% will apply to the cost of hosting the championship and 75% will remain at the installation MWR program.

2) Sponsorship of U.S. Armed Forces Teams must go through the proponent Sponsorship office via AFSCS. Individual sponsorship of teams or implied sponsorship is prohibited by local installations.

3) Gifts/Donations offered to the U.S. Armed Forces Teams shall go through the Army Gift Office via AFSCS.

4) Sponsorship logos on Service team uniforms are authorized (IAW NGB Rules). All team uniforms must be consistent. Individual sponsorship logos are not authorized.

5) All sponsorship and gift/donations shall comply with reference (e) of this document.

e. Training Camps and Travel to Higher-level competition.

1) Per Diem Rates.

a) Meals and Incidentals shall be provided by the host Service at the appropriate rate per the JTR (Reference c). When hosting the training camp on a U.S. military installation, the GSA on-base rate shall apply to cover the cost of the dining facilities.

b) If meals are provided to the athletes, only the incidental rate shall be paid. CONUS incidental rate is \$5.00/day. OCONUS incidental rate is \$3.50/day. The OCONUS incidental rate of \$3.50 applies when participants are housed on a U.S. military installation or lodging and messing is provided by the CISM host nation. JTR authorizes the use of the \$3.50/day if the Authorizing/Order-Issuing Official (AO) determines that a reduced rate for incidental expenses is adequate. The reduced incidental expense rate must be stated in the traveler's orders (reference c, para 020304, F on page 2-35). Reduced incidental expense rates do not apply to the days traveled by the participant.

c) If dining facilities are not available for three meals/day, then the GSA proportional meal rate shall apply.

d) Travel to and from competition from the training camp shall use the GSA rate for the temporary duty site per JTR.

2) Billeting. The Proponent Service shall coordinate billeting for their assigned teams. If billeting is not provided for free, the Proponent Service shall procure billeting at the GSA per diem rate.

3) Airfare. All airfare shall be in conjunction with the JTR. The AO may authorize or approve restricted airfares when they are offered to the general public and if trip cancellation would not impose significant costs (reference c, para 020206,M,2 on page 2-13).

f. Travel for CISM mandated positions, as approved by the AFSC, shall be borne AFSCS and prorated equally among the Services. CISM mandated positions include CISM President; CISM Vice Presidents; CISM Secretary General; CISM Board of Directors; Presidents of CISM Sports Committees; and Presidents of CISM Commissions. g. CISM Sport Committee Member travel shall be arranged and borne by the proponent Service branch and billed to the member's Service Sports office when traveling with the U.S. delegation. When the CISM Sports Committee Members travel separately from the U.S. team, the member's respective Service branch shall make and fund the appropriate travel arrangements.

10. NATIONAL GOVERNING BODY AND CISM POSITIONS.

a. AFSC will take necessary action to provide the most qualified Active Duty/DoD Civilians to serve on CISM sports Technical Committees, Commissions, or other open CISM positions.

b. Armed Forces Representatives for National Governing Body (NGB) positions shall be Active Duty or DoD Civilians. Non-DoD Civilians may be considered only when other candidates are not available and/or it is determined to be in the best interest of the Armed Forces Sports program. Non-DoD Civilian candidates must have a previous affiliation with the Armed Forces Sports program and is considered a subject matter expert of the sport within the respective National Governing Body.

c. Candidates must submit resumes/bios through their respective Service Sports representative. These will be reviewed and voted on by the AFSWG. AFSWG will recommend the best candidate to the AFSC.

d. Per CISM regulations (reference d) individuals must be an active duty commissioned officer to be considered for President of a CISM Sports committee or commission, and be available to serve for a four-year period. Should a Service member retire from the military, they may be authorized by the U.S. Chief of Delegation to complete their role if their four-year mandate is expiring within 12 months. This exception shall be on a case-by-case basis.

e. Incumbent CISM or NGB members are not to recommend any replacements to their respective positions to CISM or the NGB. The AFSCS will notify CISM or NGB of approved representatives.

f. Members of CISM Sports Committees, Commissions, other CISM Positions, or NGB representatives must provide trip reports and minutes within five days upon completion to AFSCS.

11. MEDICAL AND SAFETY

a. Safety regulations.

1) All Armed Forces Sports shall comply with the safety procedures prescribed by the National Governing Body of the sport competed in. AFSC shall apply additional procedures and/or requirements for sports in the interest of participant health and safety. 2) Safety regulations for all sports competed at Armed Forces Championships are identified in appendix (B) of this SOP.

b. Anti-doping.

1) Armed Forces Sports complies with the National Governing Bodies' rules/regulations/by-laws pertaining to anti-doping when conducted under the purview of the U.S. Anti-Doping Agency (USADA).

2) USADA is a signatory of the World Anti-Doping Agency (WADA) and shall be used as the sole agency to conduct anti-doping tests at Armed Forces and U.S. hosted CISM World Military Championships.

3) All athletes are subject to Anti-doping Testing IAW the WADA at CISM Championships. Medical Staff shall ensure that athletes understand the anti-doping process and complete the required forms in appendix (L) and review the anti-doping brief in appendix (M) of this SOP.

4) Sanctions imposed by WADA and/or USADA shall be strictly enforced by the Armed Forces Sports program.

c. Sports Medicine Advisory Team.

1) Advise the Armed Forces Sports Council Working Group (AFSCWG) and the Armed Forces Sports Council (AFSC) on matters pertaining to the overall health and wellbeing of our AFS participants. Providers shall include at a minimum: Lead Physician, Orthopedic Surgeon, and Certified Athletic Trainer.

2) Review individual sport rules/regulations, safety procedures, anti-doping education, medical forms, and the selection process of providers for Armed Forces Championships and higher level competitions.

3) Develop educational material for athletes, coaches, and staff. Compile list of available providers screened by the SMAT to serve as medical support for AFS teams competing in CISM and other higher-level competitions. Database shall be maintained by the AFSCS office.

4) Providers within the database shall review the annual calendar and list their availability. SMAT will assign providers to the AFS teams based on level of risk of competition; experience of provider; and rotation of providers from each Service.

5) Members of the SMAT shall be available to attend special symposiums on Sports Medicine issues and serve as advisors to CISM upon request regarding the overall conduct of safety, anti-doping, and health management at athletic championships; as well as review CISM regulations to ensure safety procedures are adequate. 6) Serve as advisors for each Service Sports office. Be available or nominate subject matter experts to serve on safety advisory boards or safety investigation boards when necessary.

12. Point of Contact is the Armed Forces Sports Council Secretariat at 210-238-9919 or steven.a.dinote.naf@army.mil. Users are invited to send comments and suggested improvements to the Secretariat, Armed Forces Sports.

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OFFICIAL:

MARIE C. BALOCKI SES, U.S. Marine Corps Chair, Armed Forces Sports Council

Enclosures (15):

- Appendix A Performance Measures
- Appendix B Sport Rules
- Appendix C Higher Level Advancement Forms
- Appendix D Armed Forces Sports Code of Conduct Form
- Appendix E Armed Forces Team Voting Ballot
- Appendix F Armed Forces Training Camp Checklist
- Appendix G Team Captain/Coach Letter of Instruction
- Appendix H Team Captain Information Booklet
- Appendix I Chief of Mission Letter of Instruction
- Appendix J Chief of Mission Information Booklet
- Appendix K Military Uniform Equivalent Chart
- Appendix L Athlete Anti-Doping Education and Declaration Form
- Appendix M Anti-Doping Education Brief
- Appendix N Funding Limits for Armed Forces Sports Competitive Uniforms
- Appendix O Armed Forces and CISM Flag and Marching Protocol

Armed Forces Sports Program - Performance Metrics

Category	Sub-Category	Goal	Metric Name	Metric	Metric Description	Metric Code	Metric Target	Desired Outcome	A O
	Community Outreach	Quantify AFS community outreach efforts in a consistent manner over time	Community Outreach Activities Quantity Total	# of community outreach activities	Total number of community outreach activities (e.g. clinics at youth centers and schools, volunteer activities) delivered/sponsored by AFS	CR-1	26 community outreach activities per reporting period	Meet or exceed metric target	
Community			Outreach	# of community outreach activity participants	Total number of participants at a community outreach activity	CR-2	N/A*	N/A	
Relations and Impact			-	Average # of participants per community outreach activity	Average number participants per community outreach activity	CR-3	N/A*	N/A	
	Public Relations	Quantify AFS public relations in a consistent manner over time	AFS Article/Post Quantity Total*	# of AFS articles/posts	Total number of articles/posts made by AFS	CR-4	TBD: "X # of Articles/Posts per Reporting Period"	Meet or exceed metric target	

		Quantify AFS' participation in competition events	Championship	# of Armed Forces Championships with AFS participation	Number of Armed Forces Championships with AFS participation	EP-1	N/A*	N/A	
	Event		National Competition		Number of National Competitions with AFS participation	EP-2	N/A*	N/A	
			CISM Competition	# of CISM	Number of CISM competitions with AFS participation	EP-3	N/A*	N/A	
Event Participation				Total # of competitions with AFS participation	Total number of competitions with AFS participation	EP-4	N/A*	N/A	
	Athlete Participation	Quantify AFS athletes' participation in competition events	Participation	# of unique athletes who participated in AFS		EP-5	N/A*	N/A	
	AFSC Priorities	Measure AFS' ability to participate in AFSC-approved events	Events Rate	% of AFS participation in AFSC approved events	Percentage of events AFS participated in that were approved by AFSC as part of AFS events calendar for the year	EP-6	100% of AFSC approved events attended	Meet target	

	Time	Understand extent of athlete participation	away from unit	athlete is away	Annual count of the number of days athlete is away from unit per year	AI-2	N/A*	N/A	
International			ILINIALIA COUNTRY	countries interacted	Number of unique countries AFS athletes interacted with during events	es AFS uringTBD: "X # of countries per through AFS events"e e	Meet or exceed metric target	,	
Impact	Presence	limpact to Giopal	limpact to Giopal	made by U.S.	Number of impacted events made by the U.S. CISM Delegation, to include policy changes, new member-nations, new initiatives, new events, etc.		3 impacts per year	Meet or exceed metric target	

Alignment to AFS Objectives	to AFS		Benchmark	Collection Cadence	Collection Level of Effort
2 AFS		AFS Community Outreach Post-Event Report*	TBD after first year of data	Per Event	Low
2 AFS		AFS Community Outreach Post-Event Report	TBD after first several years of data	Per Event	Low
2	AFS	N/A	TBD after first several years of data	N/A	Low
2 Multiple: AFS social media account holders, PAO, etc.		Data pull	TBD after first year of data	Yearly	Low
1, 3, 4	AFS	AFS Event After-Action Report	N/A	Per Event	Low
1, 3, 4	AFS	Report	N/A	Per Event	Low
3, 4, 5	AFS	AFS Event After-Action Report	N/A	Per Event	Low
1, 3, 4, 5	AFS	AFS Event After-Action Report	N/A	Per Event	Low
3, 4	AFS	AFS Roster Data	N/A	Yearly	Low
4, 5 AFS		AFS Event Data	TBD after first year of data	Yearly	Low
	AFS	AFS Data pull	N/A	Annually	Low
1, 2, 4, 5 AFS		AFS Event Data Template	TBD: "X% of countries at event"	Per Event	Low
2, 4, 5	AFS	Data pull	TBD after first year of data	Annually	Low



2022 ARMED FORCES ARCHERY TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current World Archery Rules as amended by the Conseil International du Sport Militaire (CISM) Archery Sports Committee.

2. <u>ELIGIBILITY</u>:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Archery/Para-Archery Team can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must have a valid USA Archery membership in good standing and meet all eligibility requirements of USA Archery, World Archery, U.S. Armed Forces Sports and CISM.

c. All athletes must be in good standing with USA Archery, World Archery, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

d. Athletes must possess a current Official (red) Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. DIVISIONS AND CLASSIFICATIONS.

a. Open Archery Division.

1) Includes competitors who do not have a permanent physical disability.

2) Includes Para-Archers who do not have a permanent physical disability, but may suffer from Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) and other illnesses/injuries. If CISM offers a separate "open" division within the Para-Archery Division, then athletes with PTSD, TBI and other illnesses/injuries would compete in the Para-Archery Open Class.

b. Para-Archery Division.

1) Standing Class. Athletes with no loss of function in their arms, but have lower body impairment to include: permanent lower body impairment; amputees (single/double, above/below knee); cerebral palsy. All athletes compete standing up or sitting on a stool/chair with both feet on the ground.

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2) W1 Class. Athlete who have tetraplegia or a comparable impairment. Athletes have limited range of movement, strength and control in their arms and legs. They compete in a wheelchair.

3) W2 Class. Athletes have paraplegia or comparable impairment. Athletes have limited mobility in the lower limbs, but have full arm function. Athletes require a wheelchair for everyday use and compete in a wheelchair.

4) Open Class. Includes competitors who do not have a permanent physical disability but suffer from PTSD, TBI and other illness/injury.

5. SELECTION CRITERIA:

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following criteria:

Division	Event	Score
Open Archery	Men's Recurve	620
	Women's Recurve	590
	Men's Compound	650
	Women's Compound	620
Para-Archery	Men's Recurve – Standing Class	540*
	Men's Recurve – W1 Class	500*
	Men's Recurve – W2 Class	520*
	Men's Recurve – Open Class	620
	Women's Recurve – Standing Class	500*
	Women's Recurve – W1 Class	460*
	Women's Recurve – W2 Class	480*
	Women's Recurve – Open Class	590*
	Men's Compound – Standing Class	600*
	Men's Compound – W1 Class	540*
	Men's Compound – Open Class	650*
	Women's Compound – Standing Class	550*
	Women's Compound – W1 Class	530*
	Women's Compound – Open Class	620*

* Para-Archery Scores are benchmark scores based on previous CISM competitions. Athletes are still encouraged to apply if their scores are within a reasonable variance.

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c. There is no requirement to fill the roster for each specific designated CISM event or gender or division. Selections will be made based on the ability of athletes to meet the selection criteria.

d. The selection procedures may be subject to change based on the host country or CISM Archery Sports Committee.

6. SELECTED ATHLETES

a. Selected athletes are expected to compete in a regular schedule of training and competitions, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Archery Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Archery committee will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will not receive credentials as part of the U.S. Armed Forces Team for this event and will therefore not be allowed in the USA Team competition sections of the venue.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship. However, this is not always feasible.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The event draw shall be determined by the CISM Archery Sport Committee.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team

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Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by all USA Archery, World Archery, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per WADA anti-doping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

7. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USA Archery rules apply. Regulations of World Archery and the CISM Archery Sport Committee govern conduct of the CISM Archery Championship events. General CISM rules govern other aspects of the CISM event.

8. <u>TYPICAL SCHEDULE OF CISM EVENTS</u>: As determined by the official invitation

- 9. <u>CISM DELEGATION COMPOSITION</u> As determined by the host nation
 - 6 Open-Athletes (male)
 - 6 Open-Athletes (female)
 - 6 Para-Athletes (male)
 - 6 Para-Athletes (female)
 - 2 Coaches
 - 1 Medical
 - 1 Team Captain
 - 1 Chief of Mission
 - Total = 31

* The final delegation size shall be determined based on the number of qualified applicants. This number may vary by gender and this list is used as a historical estimate.

10. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

a. Men and Women Individual and Team competitions.

b. Recurve is the priority discipline if the host site limits participation. Compound has been included, but is not a standard event.

c. Open and Para-Archery traditionally have been integrated under one venue, with medals awarded separately per division and classification.

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d. Para-Archery classes may be combined depending on the number of registered participants. All attempts will be made by CISM and the host nation to fairly separate the classification groups. Open and Para-Archery athletes will not be combined.



1. <u>COMPETITION RULES</u>: Current NCAA Rules, as amended by the Armed Forces Sports Council (AFSC).

2. <u>GAME BALL</u>: Per current NCAA rules for both men and women. Hosting Service shall publish the most current ball-type within the Letter of Instruction (LOI).

3. <u>TOURNAMENT FORMAT</u>: Double round-robin play for seeding. Top two teams play in the Championship Game. Third and fourth teams play the consolation game.

4. <u>DRAW:</u> As determined by established annual draw.

5. <u>FINAL TEAM STANDINGS</u>: Based on results of championship and consolation matches.

6. <u>TIE-BREAKER POLICY</u>: The following procedures, in order, will be used to break any ties at the conclusion of round-robin play:

a. Head-to-Head record.

b. Points for/against differential of the games played between the tied teams.

c. Points for/against differential of all games played by tied teams.

7. <u>FACILITY AND PERSONNEL:</u> IAW current NCAA Rules. Host Project Officer shall obtain experienced table officials (scorers, statistician, timers, and shot clock operators) through the local officials association. Local rates will be paid by hosting Service to these individuals.

8. <u>PROTESTS</u>: Protests on rules or eligibility are handled by the protest committee. The protest committee consisting of Service representatives and Chief of Officials will only accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

9. <u>OFFICIATING PROBLEMS</u>. Incidents or issues related to an official at an event will be addressed with the head official immediately. If not addressed immediately, Services should inform the AFSCS about problems occurred with official(s) within 30 days after the conclusion of the championship.

10. <u>SCHEDULE OF EVENTS</u>: The Host installation will determine game-match times. Established times must be consistent each day, and must be set to draw maximum fan participation.

- a. Day One Teams Arrive Team Practice Sessions (if teams are available) Ice- Breaker Social (or as determined by host Service)
- b. Day Two Team Photos

Organizational Meeting

Opening Ceremony (Optional) - However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

Game 1	Navy vs USMC
Game 2	USAF vs Army

- c. Day Three Game 3 Army vs. Navy Game 4 USMC vs USAF
- d. Day Four Game 5 Army vs USMC Game 6 Navy vs USAF
- e. Day Five Game 7 Army vs USAF Game 8 USMC vs Navy
- f. Day Six Game 9 USAF vs USMC Game 10 Navy vs Army
- g. Day Seven Game 11 USAF vs Navy Game 12 USMC vs Army

NOTE: Second game of each session starts 20 minutes after conclusion of first game. When the Men's and Women's Championship is held together, men games will be played first in the first round and then the women will play first in the second round.

h. Day Eight CONSOLATION Game – Seed 4 vs Seed 3

CHAMPIONSHIP Game - Seed 2 vs Seed 1

Selection Meeting (Time) – As determined at organization meeting.

Awards Ceremony - (Immediately following the final game) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

i. Day Nine Teams Depart

11. <u>AWARDS:</u>

a. Individual: Each member of the winning and runner-up teams (to include the coaches, team trainer and OIC) receive individual awards.

b. Team: No team trophy is presented.

c. <u>All-Tournament</u>: An "All-Tournament" team is selected of the best five players of the tournament. All-Tournament will have a minimum of two guards and two forwards. The fifth position will be determined based on best play. This team is announced prior to the announcement of the 12 players selected to advance to higher-level competition. The Host Project Officer will select and purchase a special "All-Tournament" memento to present to each member of the "All-Tournament" team.

12. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP:

Roster not to exceed 16 individuals: 12 Players 1 Coach 1 Asst Coach 1 Certified Athletic Trainer/Physician* <u>1 OIC</u> TOTAL: 16

* Medical personnel listed on roster must be trained medical providers and properly certified/licensed. Teams are not authorized to substitute this position with an additional coach or statistician. Personnel failing to provide appropriate credentials (if challenged) shall be deemed unauthorized and removed from the bench.

Note: Rosters must be submitted NLT four days prior to championship report date. Only the above personnel are authorized in the designated Service bench area.

13. SELECTION PROCESS - HIGHER LEVEL AND ALL-TOURNAMENT:

a. Athlete Selection Process.

1) The AFSWG members, or designated representatives, at the site of the Armed Forces Championship are responsible for the selection of the All-Tournament Team and the U.S. Armed Forces Team for higher-level competition.

2) Selection meeting attendance is limited to the Service Representative and the advancing coaching staff if there is a follow-on event. The Service Representative is the official spokesperson for their respective Service. The host Service Representative shall chair the selection meeting.

3) The initial selection for the All-Tournament Team and the Armed Forces Team shall be conducted as a paper ballot (appendix E), both submitted and signed simultaneously by each Service Representative to the selection meeting chair at the beginning of the selection meeting. Signed submitted ballots are final. Selection Meeting Chairs shall not accept unsigned ballot forms. Ties shall be resolved through discussion and vote.

4) Participants selected to the All-Tournament Team shall automatically be selected to the Armed Forces Team unless unavailable. The most competent athletes, regardless of Service affiliation, shall be selected to complete the final Armed Forces Team roster.

5) When higher-level team sports competition does not immediately follow the Armed Forces championship, based on non-availability, Services may elect to send up to three (3)

additional athletes per Service to the Armed Forces training camp from the available pool of those who participated at that year's Armed Forces Championship.

b. <u>Coach Selection Policy</u>: The Head Coach for the Armed Forces Team shall be the winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). This coach shall select his/her Assistant Coach from the pool of coaches that participated in the championship (subject to review by the Service Representatives at the championship). If the winning Head Coach is not available, then the second place team Head Coach shall be the Head Coach of the Armed Forces team. This individual shall also select his-her Assistant Coach from the pool of coaches who participated in their respective Armed Forces Championship (subject to review by the Service Representatives at the Championship). If neither the winning nor second place Head Coaches are available to advance to higher level competition, the AFSWG shall vote to select a Head Coach from the remaining pool of available coaches who participated in the championship. Priority shall be given to Head Coaches. If replacement coaches cannot be identified within 24 hours preceding the announcement of the team delegation, then the Armed Forces team shall not advance to higher level competition.

c. During the Athlete Selection Process, Service representatives shall reserve the right to not select top quality candidates based on behavior, grooming standards, or availability. The host Service will not make any additions or deletions to the selected Armed Forces Team without coordinating with the Working Group Member of the other three Services.

14. TEAM COMPOSITION - CISM and SHAPE:

As follows, or as dictated by host country invitation: 12 Players

- 1 Coach
- 1 Asst Coach
- 1 Certified Athletic Trainer
- 1 Team Captain
- 1 Chief of Mission
- 2 FIBA Officials

TOTALS: 19

Number of Officials to be taken depends on the request by Host Country in their official invite.

15. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

16. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

17. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

18. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).



1. <u>COMPETITION RULES</u>: Current United States Bowling Congress (USBC) Rules for Men and Women as amended by the Armed Forces Sports Council (AFSC), if applicable.

2. TOURNAMENT FORMAT AND COMPETITIONS

a. Four (4) sessions of bowling, 3 of which will have standard 10-frame games and one (Team Challenge) would consist of Baker matches. The following sessions (challenges) are:

1) Singles Challenge (1st Session 6 games), bowling will be on two different pairs of lanes for men and two different pairs of lanes for women.

2) Doubles Challenge (2nd Session) 6 games, each branch of the service designates two men's teams and two women's teams (teams must be declared by conclusion of Tournament Organization Meeting).

3) Mixed Doubles Challenge (3rd Session) 6 games, each branch of the service designates four mixed doubles teams (teams must be declared by conclusion of Tournament Organization Meeting).

4) Team Challenge (4th Session) consisting of 12 Baker Format matches of 2 games per match. The Baker Format will consist of four-person teams bowling to one score. Bowler 1 will bowl frames 1, 5 and 9; Bowler 2 will bowl frames 2, 6 and 10; Bowler 3 will bowl frames 3 and 7; and bowler 4 will bowl frames 4 and 8. The team captain or coach may change the lineup for each Baker game. Matches will consist of 2 games, bonus pins will be awarded as follows, 10 pins for each game won and 10 pins for the 2 game total for a total of 30 pins per match available. The total pins plus bonus pins will determine the team champion and these pins including bonus pins will be added to the team all events total. This event will not count towards individual All-Events.

3. SCORING AND FINAL TEAM STANDINGS:

a. Service Team Champion determined by the total pin fall from all team bowlers and their eighteen (18) games from the doubles, mixed doubles, and singles sessions; plus the final Team Challenge Score. The Team Challenge Score includes the total pin fall from the team score of the Baker matches plus bonus pins.

b. Individual Armed Forces Champion (All Events) shall be determined by the total pin fall from individual performance in the Doubles, Mixed Doubles and Singles Challenge. (Total 18 games).

c. Singles, doubles, mixed doubles and team challenge are conducted as a part of the overall Armed Forces Championship. Tie-breaking lines (games) are used only to break ties. Tie-breaking scores will not replace nor add to scoring in regulation tournament or in any of the championship events. A tie in the Team Challenge or overall team All–Events will be broken by a team Baker Match.

4. TIE-BREAKING PROCEDURE:

a. <u>Singles Competition</u>: Participants involved in a tie for first, second, or third place will bowl complete lines (games) until the tie is broken.

b. <u>Doubles Competition</u>: Teams involved in a tie for first, second or third place will bowl complete lines (games) until the tie is broken.

c. <u>Mixed Doubles</u>: Teams involved in a tie for first, second or third place will bowl complete lines (games) until the tie is broken.

d. <u>Team Challenge</u>: For teams involved in a tie for first or second place at the completion of the Baker's Format, teams will continue to bowl in the Baker's Format in complete lines (games) until the tie is broken.

e. <u>All Events</u>: Individuals tied for champion or runner-up after eighteen (18) games will bowl complete lines (games) until the tie is broken. A team tie will be broken by an individual baker match of 2 games with total pins for the 2 games determining the winner. Bonus pins will not be used in a tie breaker match.

5. <u>PLAYER INFORMATION</u>: Starting times are provided to team captains and service representatives in the pre-tournament meeting and are posted in the bowling center. Bowlers must be ready to bowl at the stipulated starting time for each session or forfeit their participation in that day's scheduled games. Bowlers are assigned lanes based on a draw. The draw takes place at the pre-tournament meeting. Rotation is after each two games to a different pair of lanes. Shadow bowling is allowed for five minutes prior to beginning bowling, and one ball on each lane when rotating at the third and fifth games.

6. FACILITY, EQUIPMENT AND PERSONNEL:

a. Pin specifications are outlined in the current USBC Rules (Chapter 7: Equipment Specification and Certifications).

b. Participant's bowling balls must be weighed and marked prior to the start of competition IAW USBS Rules (Chapter 7: Equipment Specification and Certifications).

c. Oil patterns to be used from the following events of the previous year (as confirmed by AFSCS): U.S. Open (Singles); Women's U.S. Open (Team Challenge); USBC National Team Event (Doubles); and Women's USBC National Team Event (Mixed Doubles).

7. <u>DRESS CODE</u>: Dress code must meet Professional Bowlers Association (PBA) and Ladies Professional Bowlers Association (LPBA) dress standards: Absolutely no cut-offs, denim, spandex, or warm-ups allowed. <u>Penalty</u>: Persons not properly attired will not be permitted to bowl until the discrepancy is corrected and will receive (0) for all frames missed.

a. Sponsorship logos on Service team uniforms are authorized (IAW PBA/LPBA Rules). All team uniforms must be consistent. Individual sponsorship logos are not authorized.

8. <u>PROTESTS</u>: Protests on rules or eligibility are handled by the Tournament Committee (TC). The TC will be made up of on-site Service Representatives and the Tournament Director. Their ruling on all matters is made at the time of the protest and will be final.

9. <u>SCHEDULE OF EVENTS</u>: The Host installation will determine times for session and other activities. Established times must be consistent each day, and must be set to draw maximum fan participation. Services may conduct their respective qualifying rounds for final Service team selections. Those Service members not making their respective Service team will return to duty station:

a.	Day One:	Team Arrivals Lanes available in the evening for a 3 hour Open practice session
b.	Day Two:	15 Minutes of Practice prior to each round
		Round One US Open Pattern – Service Qualifying 6 Games Round Two USBC Team Pattern – Service Qualifying 6 games
C.	Day Three:	15 Minutes of Practice prior to each round
		Round Three WOMENS US Open Pattern – Service Qualifying 6 Games Round four WOMENS USBC Team Pattern – Service Qualifying 6 games (Final Service teams selected)
d.	Day Four:	Bowlers Departure (Those not making Service Teams) Lanes available in the morning for a 2 hour Open practice session
e.	Day Five:	Team Photos (Final Service Teams Only) Organizational Meeting
		Opening Ceremony (Optional) - However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.
		15 Minutes of Practice prior to round
		Singles Competition (1st Session – 6 games)
		Informal Ice-Breaker
f.	Day Six:	15 Minutes of Practice prior to each round
		Doubles Competition (2nd Session – 6 games) Mixed Doubles (3rd Session – 6 games)
g.	Day Seven	15 Minutes of Practice prior to each round
		Team Challenge Competition (4th Session – 12 Baker matches):

Awards Ceremony - (Immediately following the final game) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

h. Day Eight Team Departures

10. <u>AWARDS:</u>

a. <u>Host Installation Awards.</u> The host installation will be responsible for purchasing awards for the following competitions:

1) <u>Singles Competition</u>: Awards are given to the first, second and third place singles competitors in the men's and women's categories.

2) <u>Doubles Competition</u>: Awards are given to the first, second and third place doubles teams in the men's and women's categories.

3) <u>Mixed Doubles Competition</u>: Awards are given to the first, second and third place teams.

4) <u>Team Challenge</u>: Individuals awards are given to each member of the first and second place men's teams and to each member of the first and second place women's teams (to include the OIC and Coach).

b. AFSCS will provide the overall Team and Individual Awards based on total pin fall for all 18 games for individual and 18 games plus 12 baker matches and bonus pins for team.

1) <u>Team Awards</u>: Gold and Silver (each gender to include the OIC and Coach)

2) Individual Awards: Gold, Silver, and Bronze

11. <u>TEAM COMPOSITION</u>: Roster not to exceed 10 individuals:

- 4 Males
- 4 Females
- 1 Coach
- <u>1 OIC</u>
- 10 Total

Note: Rosters must be submitted at the organizational meeting prior to ice breaker.

12. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship.

13. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further disciplinary actions by the AFSWG.

14. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

15. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).



2022 ARMED FORCES MEN'S AND WOMEN'S CROSS COUNTRY CHAMPIONSHIP

1. <u>COMPETITION RULES</u>: Current IAAF Rules, as amended by the Armed Forces Sports Committee (AFSC), if applicable. The Armed Forces Championship is conducted in conjunction with the USA Track and Field (USATF) Winter National Cross Country Championship.

2. <u>DIVISIONS AND COURSE DISTANCES</u>: Armed Forces runners will compete in the Open Division. Distances for both men and women are at the 10k distance unless otherwise stipulated by USA Track and Field.

3. <u>SCORING AND FINAL TEAM STANDING</u>: Men and women team scores will be separated. The winning men and women team is determined by USATF's displacement scoring system. This system adds the place number finish of team's official scorers, with place numbers affixed through the Armed Forces event, not the overall national championship event (i.e. the first place Armed Forces finisher in the Men's 10k, who finishes 16th in the national championship, receives the number 1, not the number 16). The winning men's team is determined by adding the displacement finishers of the top five (5) of the team's seven (7). The winning women's team is determined by adding the displacement score shall determine the winning teams.

4. <u>TIE-BREAKER POLICY</u>: Placement of first non-scorer for each team (Either the sixth male finisher or the fifth place finisher in the women's race). Should one of the tied Services have only the minimum number of athletes, then the tie-breaker shall be based on the aggregate times of the "scoring runners" (E.g. total time of the five scoring men or the four scoring women).

5. <u>SCHEDULE OF EVENTS</u>: *Times and dates of events may change as determined by the competition organizers.*

- a. Day One Teams Arrive 2000 - Organizational Meeting
- b. Day Two 0900-2000 Packet Pick-up 1300-1700 Course Inspection 1600-1730 Informal Ice-Breaker** 1900 Organizational/Technical Meeting
- c. Day Three Team Competitions

Awards Ceremony - (Immediately following the final game) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

d. Day Four Teams Depart

6. AWARDS:

a. <u>Individual</u>: Awards are given to the top three finishers in the men's and women's competitions based on raw times.

b. <u>Team Award</u>: Individuals awards are given to each member of the first place and second place men's and women's teams (to include the team trainer and OIC).

7. <u>TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP</u>: Rosters must be submitted NLT four days prior to championship report date. Team points and awards will only be awarded to official Service team members. Roster not to exceed 16 individuals:

7 Men

6 Females

1 Coach

1 Certified Athletic Trainer/Medical Personnel

1 OIC

TOTAL: 16

8. <u>2022 TEAM COMPOSITION - CISM</u>: As dictated by host country invitation:

6 Men (Long Course) 4 Men (Short Course) 5 Women 1 Coaches <u>1 Team Captain</u> TOTAL: 22

- 9. <u>SELECTION PROCESS CISM</u>:
 - a. Athlete Selection Process.

1) Top five women shall advance to CISM. If unavailable for higher advancement, the next scoring female shall advance.

2) The top 10 male athletes will be given the option to select whether they will compete in the CISM Long or Short Course. Priority shall be given in the order of finish. If unavailable, the next scoring male shall advance.

b. <u>Coaching Selection</u>. Head Coach shall be the winning coach of each Men's/Women's Division. If there is only one coach from the Service who wins both divisions, or they are unavailable, or the invitation file only authorizes one coach, then the proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

10. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

2022 ARMED FORCES MEN'S AND WOMEN'S CROSS COUNTRY CHAMPIONSHIP

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to the event, the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

11. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

12. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

13. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective

Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

14. <u>SAFETY REQUIREMENTS</u>: Service Branches are encouraged to bring their own medical personnel with them to the competition. All other medical support requirements will be provided by the competition organizer (USA Track and Field).



2022 ARMED FORCES CYCLING TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current International Cycling Union (UCI) as amended by the Conseil International du Sport Militaire (CISM) Cycling Sports Committee.

2. <u>ELIGIBILITY</u>:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Cycling Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must have a valid USA Cycling (USAC) international racing license and meet all eligibility requirements of USAC, the International Cycling Union (UCI), U.S. Armed Forces Sports and CISM.

c. All athletes must be in good standing with USAC, UCI, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

d. Pro and elite/U23 license holders are eligible for consideration. Athletes holding a domestic racing license will obtain a USAC international license upon selection to the CISM Team.

e. Athletes must possess a current Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline.

b. Complete a "Standard Cycling Application" spreadsheet as supplied by Armed Forces Sports, and available on the Armed Forces Sports - Cycling web site: (https://armedforcessports.defense.gov/Sports/Cycling/).

c. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

d. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. SELECTION CRITERIA (for all cycling disciplines):

a. There is no automatic selections to the CISM Team; all selections will be discretionary. All licensed athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

2022 ARMED FORCES CYCLING TEAM SELECTION STANDARD PROCEDURES

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following prioritized criteria:

1) Medal capable:

a) A recent history of top finishes at CISM World Championships, international or domestic elite events;

b) The ability to produce medal capable times under certified conditions within the past 12 months;

c) Consistently placing high among top-quality fields at international or domestic elite events;

d) A recent history of strong performance in international or domestic elite competition that would indicate

2) CISM medal potential.

a) An athlete who can enhance team performance is one who, based on their experience and current level of performance, is expected to contribute substantially to the overall team performance or to the performance of a medal capable team member. In the case of our selection philosophy, this is deemed to be particularly important in the special case where a medal capable individual has been selected to the team and the athlete's contribution may assist the medal capable athlete in a medal winning performance. Obviously this effect may be of primary importance when nominating athletes for team-based events (Men's Road Race, Women's Road Race, Team Pursuit, Team Sprint, and Madison) where the synergy of the team members and/or the ability to play a strong support role is critical to the success of the team. For example, even though the Road Race event is scored individually, athletes who are capable of executing a team strategy for the designated team leaders can have a profound impact on the ability of the medal capable team leaders to achieve a medal winning performance.

3) Future medal capability:

a) An athlete who demonstrates a trend of improving performance in domestic competition that, when extended a reasonable distance into the future, intersects the current CISM performance standard for the event under consideration; and/or;

b) An athlete who, despite being "new" to the sport or competing a relatively short time in the sport, is within a reasonable percentage of the CISM performance standard; and or despite being biologically immature, is within a reasonable percentage of the CISM performance standard.

c) There is no requirement to fill the roster for each specific cycling discipline or gender.

d) Selections will be made based on the ability of athletes to meet the selection criteria.

2022 ARMED FORCES CYCLING TEAM SELECTION STANDARD PROCEDURES

e) Mechanical problems and crashes are a part of cycling. Therefore, the Team Manager will not consider an athlete's position or placing in an event or events at the time the athlete experienced a mechanical problem or crashed or went off course as a determining factor for selection.

f) Specific selection criteria for each cycling discipline will be announced as these disciplines are offered at CISM World Championship events. Not every discipline is offered at every CISM Championship. Events offered are at the discretion of the host country and the CISM Cycling Sport Committee.

5. <u>SELECTED ATHLETES</u>

a. Selected athletes are expected to compete in a regular schedule of training and races, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Cycling Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Cycling will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individual will NOT be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 5-7 days prior to the start of the CISM Championship. This ensures all bikes and other equipment are accounted for and allows time for equipment quality checks and repairs.

f. Athletes are expected to arrive with a bike that is clean and in race condition. If not, and staff has to make repairs to get the bike into race condition, the athlete may be required to pay for these repairs. The need for such repair will be determined by the staff, because the success of the entire team depends on the preparedness of each athlete and his/her equipment.

g. Any and all equipment provided by U.S. Armed Forces Cycling to an athlete attending this event remains the property of U.S. Armed Forces Cycling and must be returned at the end of the event. Failure to return property in a timely manner may result in future penalties, financial liability, or disciplinary action.

h. The number of athlete start positions per event and category is determined in each event by the host country and the CISM Cycling Sport Committee. These selection procedures have been developed based on the most recent information regarding the events, athlete participation, team qualification and team size. i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by all USAC, UCI and USADA anti-doping regulations prior to, during and after the competition period for this event per UCI anti-doping regulations, a rider against whom an investigation was opened in relation to a fact which may cause a breach of the UCI Anti-Doping Rules, will not be considered eligible until the end of the suspension or until definitive acquittal. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the rider.

k. The selection procedures may be subject to change based on the final racing calendars and/or updated information from the host country or CISM Cycling Sports Committee.

I. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

6. <u>ALTERNATE AND REPLACEMENT ATHLETES</u>: Alternates MAY be selected in each event. If alternates are named, they will be prioritized and may be selected to replace a selected athlete. Selected athletes may be replaced if injury or illness prevents them from 100% participation in the CISM Championship competition. If an athlete is removed by ineligibility, illness or injury, positive drug testing for a banned substance or fails medical control procedures; voluntarily resigns, or is a recipient of USAC, UCI or Armed Forces disciplinary actions, the athlete MAY be replaced. Replacement of athletes must comply with U.S. Armed Forces rules and CISM event entry deadlines.

7. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USA Cycling rules apply. Regulations of the UCI and the CISM Cycling Sport Committee govern conduct of the CISM Cycling Championship races. General CISM rules govern other aspects of the CISM event.

- 8. <u>CISM DELEGATION COMPOSITION</u> As determined by Host Nation
 - 1 Chief of Mission 1 Team captain 1 Trainer/coach 1 Medical staff 1 ad libitum 6 Male athletes <u>4 Female athletes</u> Total = 15

9. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

a. Road Time Trial:

TT Individual (Team) Men ± 40km TT Individual (Team) Women ± 20km

b. Road Race:

RR Individual(Team) Men ±120km RR Individual(Team) Women ±80km * No separate race is held for Team Classification; instead, it is calculated from sum total of the individual road race times of a nation's best racers. (4 for men, 2 for women)



1. <u>COMPETITION RULES</u>: Current USGA Rules, as amended by the Armed Forces Sports Council (AFSC). Pace of Play will be strictly enforced in accordance with current USGA Rules.

2. <u>TOURNAMENT FORMAT</u>: Seventy-two (72) holes medal play.

3. <u>SCORING AND FINAL TEAM STANDINGS</u>: Men and women team awards will be separated. Team scoring will be based on low 5 scores of 6 players each day for men and low 2 scores of 3 players each day for women during the Armed Forces Championship rounds. If a service only has 5 men and 2 women, all score's will count.

4. <u>TIE-BREAKER POLICY</u>:

a. In the event of a tie for the top three medalists in individual final standings, there will be a sudden death playoff, which will continue until the tie is broken. This format will also be used if there are ties for the CISM men's or women's teams.

b. Team Championship ties to be determined by a sudden death playoff between the teams tied. For men, four (4) members from each service team will compete in the playoff. Parings will be two (2) members of each service team participating in each foursome. Scoring will be aggregate of all four (4) team members to determine winner. For women only two (2) members from each service team will compete in the playoff. The women will play in a foursome with the aggregate scoring of both team members determining the winner. All playoffs will start at a hole pre-determined by the host Project Officer and specified in the LOI/MOI. The Service Team Captain will select the players for the sudden death playoff.

5. <u>COURSE SET-UP</u>: After consulting the host golf professional (or head of the host tournament committee), the Project officer makes final decision on course set-up to include pin placement, tee placement, and speed of green:

a. <u>Pin Placement:</u> The Project Officer selects and marks (with a dot of spray paint) the pin placement for the next day. Project Officer will consider the slope of the green, speed of the green and overall difficulty. In general, a relatively flat area of 5 feet or more should surround the cup, unless totally prevented by the shape and contour of the green. Each day's pin placements should feature 6 easy, 6 medium, and 6 difficult pin placements (course condition/weather permitting). A pin place sheet is prepared daily to show the placement of the pin in relation to the center of the green.

b. <u>Tee Marker Placement</u>: Tees are moved daily to provide for a variety of shots required for each hole throughout the tournament.

6. PLAYER INFORMATION:

a. The same course information will be provided to all players from each Service, including the daily sheets depicting pin locations, and a hole-by-hole graphic booklet if available.

b. Pairings of threesomes shall be determined by the results of the four qualifying rounds. However, pairings or groupings shall not include all players from the same Service. When grouping by score, the next best scoring player shall be inserted. For example: If USAF has top three scorers and Navy player is ranked fourth, the top two USAF players and Navy player shall make up the threesome.

c. Team Coaches are the only personnel authorized to provide information and advice to players during the course of play.

7. <u>PRACTICE ROUNDS</u>: Each Service team is allowed an equal number of practice rounds prior to the start of the tournament.

8. FACILITY, EQUIPMENT AND PERSONNEL:

a. Golf carts are not authorized in the Armed Forces Golf Championship unless determined by the Service Representatives based upon weather conditions. Host Service is responsible for cart fees during the Armed Forces Championship only. Services are responsible for funding cart fees during their qualifying rounds.

b. Caddies are authorized at the golfer's expense.

c. Host Service shall obtain and fund a minimum of two (2) Course Marshals to serve as the Rules Committee. One (1) shall monitor the front nine holes, with the other monitoring the back nine holes.

9. <u>SCHEDULE OF EVENTS</u>: Services shall bring no more than 18 total golfers to compete in four Service qualifying rounds for final Service team selections. Those Service members not making their respective Service team will return to duty station. For the Armed Forces Championship, golfers will play 18 holes per day for four (4) consecutive days. Both team and individual events are conducted.

a. Day One	Teams Arrive
b. Day Two	Service Qualifier Practice Round
c. Day Three	Round One – Service Qualifiers
d. Day Four	Round Two – Service Qualifiers
e. Day Five	Round Three – Service Qualifiers
f. Day Six	Round Four – Service Qualifiers
g. Day Seven	Golfers Departure (Those not Making Service Teams)/Rest Day
	Team Practice (optional) Team Photos Organizational Meeting Informal Ice-Breaker
h. Day Eight	Opening Ceremony (Optional) - However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed

if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

Round One – Armed Forces Championship

- i. Day Nine Round Two Armed Forces Championship
- j. Day Ten Round Three Armed Forces Championship
- k. Day Eleven Round Four Armed Forces Championship

Awards Ceremony - (Immediately following the final round) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

I. Day Twelve Teams Depart

10. <u>ADVERSE WEATHER SCHEDULE</u>: Should any round be postponed due to inclement weather prior to the last scheduled tournament day, the postponed round will be made up the next playing day. If play is postponed on the final day, the rounds played up to that point will constitute the Championship.

11. <u>AWARDS:</u>

a. Individual: Awards are given to the top three places in each division.

b. <u>Team Award</u>: Individuals awards are given to each member of the first place and second place men and women's teams (to include the OIC).

12. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP:

Roster not to exceed 10 individuals: 6 Men's Open Division 3 Women's Open Division <u>1 Coach</u> TOTAL: 10

Note: Rosters must be submitted at the organizational meeting prior to ice breaker.

13. <u>TEAM COMPOSITION - CISM</u>: As follows or as dictated by host country invitation:

6 Men' Open Division 3 Women's Division 1 Team Captain <u>1 Chief of Mission</u> TOTAL: 11

14. SELECTION PROCESS - CISM:

a. Athlete Selection Process.

1) Top six (6) men shall advance to CISM. If unavailable for higher advancement, the next scoring male shall advance.

2) Top three (3) women shall advance to CISM. If unavailable for higher advancement, the next scoring female shall advance.

b. Coaching Selection: Head Coach shall be the winning coach of each Men's/Women's Division. If there is only one coach from the Service who wins both divisions, or they are unavailable, or the invitation file only authorizes one coach, then the proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

15. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

16. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day (once last score card has been submitted) has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

17. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

18. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).



2022 ARMED FORCES JUDO TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current International Judo Federation (IJF) as amended by the Conseil International du Sport Militaire (CISM) Judo Sports Committee.

2. ELIGIBILITY:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Judo Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must have a valid USA Judo (USAJ) membership in good standing and meet all eligibility requirements of USAJ, the Judo International Federation (IJF), U.S. Armed Forces Sports and CISM.

c. All athletes must be in good standing with USAJ, IJF, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

d. Athletes must also possess a current Official (red) Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. SELECTION CRITERIA:

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following minimal prioritized criteria:

1) National Rankings. Judokas within the top-ten nationally ranked athletes of their respective weight class.

2022 ARMED FORCES JUDO TEAM SELECTION PROCEDURES

2) International Competitions. Have been invited to compete in an international class A+, class A, or Class B-Level Events.

3) National Championship. Judokas who have competed in the U.S. Senior Nationals (USN) or the USA Judo National Presidents Cup Championship (PRZ) and medal in their respective weight class. However, further evaluation of the Judokas' performance within the last 18 months will be necessary to ensure readiness to compete in international competition.

4) Priority will be given to athletes who are nationally ranked and/or have competed in A+, A, or B-Level events. Those who have only competed in the one of the C-Level events above will be reviewed on a case-by-case basis, with emphasis on the volume of events competed in as well as past CISM experience.

c. There is no requirement to fill the roster for each specific designated CISM event or gender or weight class. Selections will be made based on the ability of athletes to meet the selection criteria.

d. The selection procedures may be subject to change based on the host country or CISM Judo Sports Committee.

5. <u>SELECTED ATHLETES</u>

a. Selected athletes are expected to compete in a regular schedule of training and competitions, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Judo Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Judo committee will NOT be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will NOT be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The event draw shall be determined by the CISM Judo Sport Committee.

2022 ARMED FORCES JUDO TEAM SELECTION PROCEDURES

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to do so will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by all USAJ, IFJ, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per IJF anti-doping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USA Judo rules apply. Regulations of the International Judo Federation Rules and the CISM Judo Sport Committee govern conduct of the CISM Judo Championship events. General CISM rules govern other aspects of the CISM event.

7. <u>TYPICAL SCHEDULE OF CISM EVENTS</u>: As determined by the official invitation

8. TYPICAL CISM DELEGATION COMPOSITION

- 9 Male Athletes (7 competitors/2 reserves)
- 9 Female Athletes (7 competitors/2 reserves)
- 3 Coaches (if sending more than five (5) men and five (5) women
- 1 Ad Libitum/Medical
- 1 International Referee
- 1 Team Captain
- 1 Chief of Mission

Total = 25

9. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

a. Men and women individual competition and team competitions.



1. <u>COMPETITION RULES</u>: Current IAAF Rules, as amended by the Armed Forces Sports Council (AFSC), if applicable. The Armed Forces Championship is conducted in conjunction with the Marine Corps Marathon. The Armed Forces Marathon Championship consists of only those rosters/teams officially submitted by the respective Army, Marine Corps, Navy and Air Force sports offices. This competition does not include other military personnel (U.S. and international) that have registered and competed on their own.

2. COURSE DISTANCES: Olympic Distance: 26.2 miles

3. <u>SCORING AND FINAL TEAM STANDING</u>: Men and women team scores will be separated. The winning men and women team is determined by USA Track & Field's displacement scoring system. This system adds the place number finish of team's official scorers, with place numbers affixed through the Armed Forces event, not the overall Marine Corps Marathon event. The winning men's team is determined by adding the displacement finishers of the top four of the team's six men. The winning women's team is determined by adding the displacement score shall determine the winning teams.

4. <u>TIE-BREAKER POLICY</u>: Time of first non-scorer for each team (Either the fifth male or the third female). Should one of the tied Services have only the minimum number of athletes, then the tie-breaker shall be based on the aggregate times of the "scoring runners" (E.g. total time of the four scoring men or the two scoring women).

- 5. <u>SCHEDULE OF EVENTS</u>: Events may change as determined by the race organizers.
 - a. Day One Teams Arrive
 - b. Day Two Organizational Meeting Registration Course Review Team Photos Armed Forces Race Meeting Pasta Dinner/Ice Breaker
 - c. Day Three Competition Commences

Awards Ceremony - (Time as determined by Race Director and announced in the LOI) Service teams are required to wear Service warmups at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

e. Day Four Teams Depart

6. AWARDS:

a. Individual: Awards are given to the top three finishers in the men's and women's divisions.

b. <u>Team</u>: Individuals awards are given to each member of the first place and second place teams (to include the OIC).

7. <u>TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP</u>: Roster not to exceed 11 individuals:

6 Men 4 Women <u>1 Coach/OIC</u> TOTAL: 11

Note: Rosters must be submitted NLT four days prior to championship report date. Team points and awards will only be awarded to official Service team members.

8. <u>TEAM COMPOSITION – CISM</u>: As follows or as dictated by host country invitation:

4 Men 4 Women 1 Coach <u>1 Team Captain</u> TOTAL: 10

9. SELECTION PROCESS - CISM:

a. Selections for the U.S. Armed Forces Team shall be made by application. Service members must apply through their respective sport offices and forwarded to the Marine Corps Sports office. Applications shall include events, times and results over the last two years. Applications are due by the prescribed deadline once established.

b. Coaching Selection: Head Coach shall be the winning coach of each Men's/Women's Division. If there is only one coach from the Service who wins both divisions, or they are unavailable, or the invitation file only authorizes one coach, then the proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

10. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective

Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

11. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

12. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

13. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

14. <u>SAFETY REQUIREMENTS</u>: Service Branches are encouraged to bring their own medical personnel with them to the competition. All other medical support requirements will be provided by the competition organizer (U.S. Marine Corps).



2022 ARMED FORCES MODERN PENTATHLON TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current International Modern Pentathlon Union (UIPM) as amended by the Conseil International du Sport Militaire (CISM) Modern Pentathlon Sports Committee.

2. ELIGIBILITY:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Modern Pentathlon Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must have a valid USA Pentathlon Multisport (USAPM) license/membership in good standing and meet all eligibility requirements of USAPM, UIPM, U.S. Armed Forces Sports and CISM.

c. All athletes must be in good standing with USAPM, UIPM, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

d. Athletes holding a USAPM license will obtain a UIPM international license upon selection to the CISM Team. USAPM can assist athletes in obtaining a UIPM license. Athletes must also possess a current Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. SELECTION CRITERIA:

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following prioritized criteria:

2022 ARMED FORCES MODERN PENTATHLON TEAM SELECTION PROCEDURES

1) CISM medal potential:

a) A recent history of top finishes at CISM World Championships, UIPM, or USAPM sanctioned domestic competitive level events;

b) Consistently placing high among top-quality fields at international or domestic sanctioned competitive level events;

d) A recent history of strong performance in international or domestic elite competition that would indicate CISM medal potential;

d) Nationally ranked in the top ten within USAPM.

2) Capable of enhancing team performance: An athlete who can enhance team performance is one who, based on experience and current level of performance, is expected to contribute substantially to the overall team performance or to the performance of a medal capable team member. In the case of our selection philosophy, this is deemed to be particularly important in the special case where a medal capable individual has been selected to the team and the athlete's contribution may assist the medal capable athlete in a team medal winning performance.

c. There is no requirement to fill the roster for each specific designated CISM event or gender. Selections will be made based on the ability of athletes to meet the selection criteria.

d. The selection procedures may be subject to change based on the host country or CISM Modern Pentathlon Sports Committee.

5. <u>SELECTED ATHLETES</u>

a. Selected athletes are expected to compete in a regular schedule of training and races, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Modern Pentathlon Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Modern Pentathlon committee will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will not be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

2022 ARMED FORCES MODERN PENTATHLON TEAM SELECTION PROCEDURES

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The number of athlete start positions per event and category is determined in each event by the host country and the CISM Modern Pentathlon Sport Committee. These selection procedures have been developed based on the most recent information regarding the events, athlete participation, team qualification and team size.

h. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

i. All athletes and staff must abide by all USAPM, UIPM, CISM, WADA and USADA antidoping regulations prior to, during and after the competition period for this event per WADA antidoping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for antidoping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. <u>ALTERNATE AND REPLACEMENT ATHLETES</u>: Alternates MAY be selected in each event. If alternates are named, they will be prioritized and may be selected to replace a selected athlete. Selected athletes may be replaced if injury or illness prevents them from 100% participation in the CISM Championship competition. If an athlete is removed by ineligibility, illness or injury, positive drug testing for a banned substance or fails medical control procedures; voluntarily resigns, or is a recipient of USAPM, UIPM or Armed Forces disciplinary actions, the athlete MAY be replaced. Replacement of athletes must comply with U.S. Armed Forces rules and CISM event entry deadlines.

7. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USAPM rules apply. Regulations of the UIPM Rules and the CISM Modern Pentathlon Sport Committee govern conduct of the CISM Modern Pentathlon Championship events. General CISM rules govern other aspects of the CISM event.

8. TYPICAL SCHEDULE OF CISM EVENTS:

- 1st day: Arrival of mission
- 2nd day: Technical meetings, opening ceremony, and training
- 3rd day: Qualifications
- 4rd day: Qualifications
- 5th day: Finals
- 6th day: Finals
- 7th day: Cultural day
- 8th day: Relays
- 9th day: Relays
- 10th day: Departure of missions

9. CISM DELEGATION COMPOSITION

Composition of the CISM Delegation as governed by CISM Modern Pentathlon rules:

- 4 Athletes (male)
- 4 Athletes (female)
- 1 Chief of Mission
- 1 Team Captain
- 2 Coaches (1-men's team; 1-women's team)
- Total = 12

* The final authorization for delegation size is based upon the host country, CISM Modern Pentathlon rules, and U.S. Armed Forces Sports.

10. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

- a. Individual, team and relay classifications/competitions.
- b. The five disciplines of Modern Pentathlon:
 - 1) **Fencing** (Electric Epée)
 - 2) **Swimming**: 200m Freestyle (Individual); 2 x 100m Freestyle (Relay)
 - 3) Riding:

a) Individual. 12 obstacles, 350 – 400 m course consisting of 12 obstacles, a combination of two elements (a double) and another of three elements (a triple) must be included. A minimum of 5 elements must set at the maximum height relevant to the status of the CISM Competition. The height of the course must be made in accordance with the horses' status.

b) Team relay. 8 obstacles (with 2 pentathletes and 2 horses), 2 x 260m-300m course (without combination). Regional competitions may utilize one horse per team: 6 obstacles, 2 x 260m-300m course (without combination).

2022 ARMED FORCES MODERN PENTATHLON TEAM SELECTION PROCEDURES

4) Laser-Run (**Running** and **Shooting**): The Laser-Run event consists of shooting and running with handicap start in any surface. The shooting involves laser pistol shooting in series at 10 meters in a range equipped with targets each of the four series of shooting being followed by running for the distances shown immediately below:

a) Individual: 4 x [(5 targets down (time limit 50"); 800m run]

b) Relay: 2 x 2 [(5 targets down (time limit 50"); 800m run]



2022 ARMED FORCES ORIENTEERING TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current International Orienteering Federation (OIF) as amended by the Conseil International du Sport Militaire (CISM) Orienteering Sports Committee.

2. <u>ELIGIBILITY</u>:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Orienteering Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must have a valid Orienteering USA (OUSA) license/membership in good standing and meet all eligibility requirements of OUSA, the Orienteering International Federation (OIF), U.S. Armed Forces Sports and CISM.

c. All athletes must be in good standing with OUSA, OIF, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

d. World Elite status athletes are eligible for consideration. Athletes holding a domestic license will obtain an OIF international license upon selection to the CISM Team. Athletes must also possess a current Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (*Follow your Service logo*)

4. SELECTION CRITERIA (for all orienteering disciplines):

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following prioritized criteria:

2022 ARMED FORCES ORIENTEERING TEAM SELECTION PROCEDURES

1) CISM medal potential:

a) A recent history of top finishes at CISM World Championships, international or OUSA Foot Orienteering sanctioned domestic competitive level events;

b) The ability to produce medal capable times under certified conditions within the past 12 months;

c) Consistently placing high among top-quality fields at international or domestic sanctioned competitive level events;

d) A recent history of strong performance in international or domestic elite competition that would indicate CISM medal potential.

2) Capable of enhancing team performance: An athlete who can enhance team performance is one who, based on experience and current level of performance, is expected to contribute substantially to the overall team performance or to the performance of a medal capable team member. In the case of our selection philosophy, this is deemed to be particularly important in the special case where a medal capable individual has been selected to the team and the athlete's contribution may assist the medal capable athlete in a team medal winning performance. Obviously this effect may be of primary importance when nominating athletes for team-based events (Men's and Women's Relay and VIP race) where the synergy of the team members is critical to the success of the team.

c. There is no requirement to fill the roster for each specific designated CISM event or gender. Selections will be made based on the ability of athletes to meet the selection criteria.

d. The selection procedures may be subject to change based on the host country or CISM Orienteering Sports Committee.

5. SELECTED ATHLETES

a. Selected athletes are expected to compete in a regular schedule of training and races, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Orienteering Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Orienteering committee will NOT be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will NOT be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

2022 ARMED FORCES ORIENTEERING TEAM SELECTION PROCEDURES

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The number of athlete start positions per event and category is determined in each event by the host country and the CISM Orienteering Sport Committee. These selection procedures have been developed based on the most recent information regarding the events, athlete participation, team qualification and team size.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by all OUSA, OIF, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per WADA anti-doping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. <u>ALTERNATE AND REPLACEMENT ATHLETES</u>: Alternates MAY be selected in each event. If alternates are named, they will be prioritized and may be selected to replace a selected athlete. Selected athletes may be replaced if injury or illness prevents them from 100% participation in the CISM Championship competition. If an athlete is removed by ineligibility, illness or injury, positive drug testing for a banned substance or fails medical control procedures; voluntarily resigns, or is a recipient of OUSA, OIF or Armed Forces disciplinary actions, the athlete MAY be replaced. Replacement of athletes must comply with U.S. Armed Forces rules and CISM event entry deadlines.

2022 ARMED FORCES ORIENTEERING TEAM SELECTION PROCEDURES

7. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, OUSA Foot Orienteering rules apply. Regulations of the OIF Foot Orienteering Rules and the CISM Orienteering Sport Committee govern conduct of the CISM Orienteering Championship events. General CISM rules govern other aspects of the CISM event.

8. TYPICAL SCHEDULE OF CISM EVENTS:

- 1st day: Arrival of mission
- 2nd day: Technical meetings, opening ceremony, and training
- 3rd day: Competition and training
- 4rd day: Competition and training
- 5th day: Cultural day
- 6th day: Team competition and closing ceremony
- 7th day: Departure of missions

9. TYPICAL DELEGATION COMPOSITION - CISM CHAMPIONSHIP

Composition of the CISM Delegation as governed by CISM Orienteering rules:

- 1 Chief of Mission
- 1 Team Captain
- 1 Coach/Trainer/Ad Libitum
- 7 Athletes (male)
- 4 Athletes (female)

* The final authorization for delegation size is based upon the host country, CISM Orienteering rules, and U.S. Armed Forces Sports.

10. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

- a. Middle Distance
- b. Long Distance
- c. Relay (3 per team)/VIP-race

Revised 8 Dec 2021



2022 ARMED FORCES PARACHUTING TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current International Parachuting Commission of the Federation (FAI) as amended by the Conseil International du Sport Militaire (CISM) Parachuting Sports Committee.

2. <u>ELIGIBILITY</u>:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Parachuting Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must be in good standing with FAI, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

c. Athletes must possess a current Official and Tourist Passport (valid for six months beyond the end of competition). Failure to secure either of these documents in a timely manner, as determined by the Team Manager, may result in an inability to travel and compete.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch and forward to the U.S. Armed Parachuting Team (USAPT), also known as the Army Golden Knights. USAPT is the lead proponent for team selections and operations of the U.S. Armed Forces Parachuting team.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

4. SELECTION CRITERIA:

a. CISM Parachuting Championships consist of three disciplines: Precision Accuracy, Speed Style, and 4 Way Relative Work. Evaluations will normally be conducted at Laurinburg Drop Zone, NC the first week in April of each competition year. Competitive parachutists interested in attending this evaluation should contact USAPT Operations at (910) 907-3201. Additional training camp dates will be announced following the April evaluations.

b. Personnel applying to compete in CISM Parachuting Championships must meet the following requirements:

1) Be on active duty for all evaluations, training camps and competitions.

2) Have the following equipment:

- a) Precision accuracy parachute system (For example: Para-Foil or Classic)
- b) Small free-fall system for doing free-fall formation skydiving
- c) Accuracy, Style, and Relative Work jump suits
- d) AAD (automatic activation device) on all free-fall systems

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- e) Altimeter
- f) Helmet, goggles, gloves, accuracy shoes

c. Performance Requirements: All personnel must be able to compete in Precision Accuracy, Speed Style, and Free-Fall formation parachuting. Minimum performance standards are as follows:

- Men: Accuracy: Achieve 0.15 centimeter total (or less) for 10 rounds Speed Style: Perform 8 second style sets (judged).
 Free-fall formation: Be able to do minimum of 20 points per round
- Women: Accuracy: Achieve 0.20 centimeter total (or less) for 10 rounds Speed Style: Perform 10 second style sets (judged).
 Free-fall formation: Be able to do a minimum of 20 points per round

d. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

e. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following prioritized criteria:

1) CISM medal potential:

a) A recent history of top finishes at CISM World Championships, international or domestic competitive level events;

b) The ability to produce medal capable times under certified conditions within the past 12 months;

c) Consistently placing high among top-quality fields at international or domestic sanctioned competitive level events;

d) A recent history of strong performance in international or domestic elite competition that would indicate CISM medal potential.

2) Capable of enhancing team performance: An athlete who can enhance team performance is one who, based on experience and current level of performance, is expected to contribute substantially to the overall team performance or to the performance of a medal capable team member. In the case of our selection philosophy, this is deemed to be particularly important in the special case where a medal capable individual has been selected to the team and the athlete's contribution may assist the medal capable athlete in a team medal winning performance.

f. The selection procedures may be subject to change based on the host country or CISM Parachuting Sports Committee.

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g. Under the provision of CISM Parachuting Sports Committee Rules paragraph 2.3, each nation participating with a team has to nominate one judge with an international parachuting license (CISM and/or FAI) in at least 2 categories. FAI judges must be qualified to judge at an IPC 1st category event. The name of the Judge appointed by the nation must be specified in the Preliminary Agreement to the WMPC.

5. SELECTED ATHLETES

a. Selected athletes are expected to compete in a regular schedule of training and jumps, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. Athletes are expected to arrive with all required equipment in functioning order and ready for competition. Athletes will notify the Team Manager of any issues pertaining to equipment or health as soon as applicable.

d. The number of athlete start positions per event and category is determined in each event by the host country and the CISM Parachuting Sport Committee. These selection procedures have been developed based on the most recent information regarding the events, athlete participation, team qualification and team size.

e. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

f. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to do so will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

g. All athletes and staff must abide by all CISM, FAI, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per WADA anti-doping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of

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the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

h. The selection procedures may be subject to change based on the final racing calendars and/or updated information from the host country or CISM Parachuting Sports Committee.

6. <u>ALTERNATE AND REPLACEMENT ATHLETES</u>: Alternates MAY be selected prior to departure. If alternates are named, they will be prioritized and may be selected to replace a selected athlete. Selected athletes may be replaced if injury or illness prevents them from 100% participation in the CISM Championship competition. If an athlete is removed by ineligibility, illness or injury, positive drug testing for a banned substance or fails medical control procedures; voluntarily resigns, or is a recipient of CISM, FAI or Armed Forces disciplinary actions, the athlete MAY be replaced. Replacement of athletes must comply with U.S. Armed Forces rules and CISM event entry deadlines.

7. TYPICAL SCHEDULE OF CISM EVENTS:

1st day: arrival of mission and technical meetings 2nd day: opening ceremony, training jumps, competition 3rd day: through 8th day: competition 9th day: (competition if necessary), closing ceremony, and banquet 10th day: departure of missions

NOTE: If the duration is not 10 days, the schedule will be adapted accordingly.

8. CISM DELEGATION COMPOSITION

Composition of the CISM Delegation as governed by CISM Parachuting rules:

- 5 male competitors
- 5 female competitors
- 1 Coach
- 1 International FAI or CISM qualified judge
- 1 Video cameraperson if the mission participates in Formation Skydive event
- 1 Team Captain
- 1 Chief of Mission
- Total = 15

9. COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

- a. Accuracy
- b. Style
- c. Formation Skydive



2022 CISM PARA-SPORT TRACK AND FIELD QUALIFICATION PROCESS

- 1. <u>COMPETITION RULES</u>: Current CISM Para-Sport Track and Field regulations.
- 2. <u>EVENTS</u>: 100-meters; 200-meters; 1,500-meters; Shot Put; Long Jump.

3. ELIGIBILITY:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Track and Field Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must be in good standing with USA Track and Field (USATF), IAAF, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

c. Team members must also possess a current Official (red) Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

4. CLASSIFICATIONS:

a. Track Classification Groups:

1) IT1: Single below the knee amputees /double below the knee amputees.

- 2) IT2: Single above the knee amputees /double above the knee amputees.
- 3) IT3: Upper body amputees, permanent upper body limb dysfunction

4) IT4: Wheelchair racing participants with limited leg function with presence of some to full trunk control (or injury incompatible with standing class). Includes athletes with spinal cord injury (SCI) at the T6 level or below; bilateral above the knee amputation or permanent impairment; hypertonia – increased muscle tightness or tone (grade 3 or more) not compatible to compete in standing class events; Ataxia caused by TBI or other supra spinal cause not compatible to compete in standing class.

5) IT5: Wheelchair racing participants with no leg function with none to poor trunk function. Includes SCI impairment consistent with T5 level or above.

6) IT6: Blind and Visually Impaired athletes with visual acuity ranges from LogMar 2.60 to 1 (inclusive), and/or the athlete has a visual field that is constricted to a radius of less than 20 degrees.

7) IT7: Other participants. Includes competitors who do not have a permanent physical disability but suffer from Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) and/or other illness/injury that has been documented by a medical physician.

b. Shot Put Classification Groups:

1) IF1: Standing Shot – Lower Limb Impairment.

a) Unilateral or bilateral below knee amputation, through knee amputation or above knee amputation;

b) Injury comparable with single or double below knee amputation, through knee amputation, above knee amputation;

c) Leg length discrepancy of 7cm or greater;

d) Uni or bilateral amputation or injury comparable with being proximal to Lisfranc;

e) Moderate impairment of dynamic balance, which may require assistive device for mobility.

2) IF2: Standing Shot – Upper Limb Impairment.

a) Unilateral or bilateral below, through or above elbow amputation;

b) Injury comparable with unilateral or bilateral below, through or above elbow amputation;

c) Single amputation or injury proximal to wrist joint;

d) Bilateral amputation of thumb and thenar eminence or comparable injury;

e) Bilateral amputation of four digits at or above metacarpophalangeal joints (MCP) joint or comparable injury;

f) Hemiplegia;

g) Single upper limb reduced strength (MMT <3) or range of motion comparable with single above elbow or below elbow amputation;

h) Double upper limb reduced strength (MMT <3) or range of motion comparable with single above elbow or below elbow amputation.

3) IF3: Standing Shot – Visual Impairment.

a) Blind and Visually Impaired athletes with visual acuity ranges from LogMar 2.60 to 1 (inclusive), and/or the athlete has a visual field that is constricted to a radius of less than 20 degrees.

4) IF4: Standing Shot – Open and Modified Frailty Index (MFI).

a) Mild balance impairments;

b) Single or double lower limb amputation distal to Lisfranc or affected foot length less than half of unaffected foot (or comparable injuries);

c) Single amputation or injury distal to wrist joint;

d) Bilateral amputation of four digits distal or MCP joint or comparable injury;

e) Hypertonia/mild increase in muscle tone;

f) Any physical impairment not equivalent to IF1/IF2/IF3.

5) IF5: Seated Shot competitor with lower limb impairments with normal functional trunk.

a) Unilateral or bilateral above knee amputation, through knee amputation, or below knee amputation or comparable injury;

b) Lower extremity impairments that affect competing in standing category;

c) Spinal Cord Injury at T12 or below;

d) Moderate to severe ataxia or balance impairment;

e) TBI with moderate to severe tone, grade 3 or more in single or double lower limbs.

6) IF6: Seated Shot competitor with lower limb impairments with reduced functional trunk control.

a) Spinal Cord Injury from T1-T11, inclusive of both levels;

b) Bilateral lower limb above knee amputation with distance from greater trochanter to distal end of stump less than half of olecranon to distal end of longest digit of upper limb

7) IF7: Seated Shot competitor with reduced functional trunk control with upper limb impairment.

a) Spinal Cord Injury at or above C8;

b) Injury comparable with at/above C8 level with moderate to severe upper limb impairment including (but not limited) handgrip, triceps/biceps; wrist function and partial/complete loss of trunk and lower limb function

8) Long Jump (LJ).

a) LJ1: Single below the knee amputees / double below the knee amputees.

b) LJ2: Single above the knee amputees / double above the knee amputees

c) LJ3: Upper body amputees, permanent upper body limb dysfunction

d) LJ4: Blind and Visually Impaired athletes with visual acuity ranges from LogMar 2.60 to 1 (inclusive), and/or the athlete has a visual field that is constricted to a radius of less than 20 degrees.

e) LJ5: Other participants. Includes competitors who do not have a permanent physical disability but suffer from Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) and/or other illness/injury that has been documented by a medical physician.

5. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (*Follow your Service logo*)

6. SELECTION CRITERIA:

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Applications must contain times and/or distances from competitions within the last 18 months.

c. Time and Distance Standards shall be established for each respective CISM Competition. Minimum standards will be established for each CISM Competition, which must be met for consideration to the team. Athletes who fail to meet the minimum standards will not be considered. There is no exception to this policy.

d. There is no requirement to fill the roster for each specific designated event. Selections will be made based on the ability of athletes to meet the selection criteria. The maximum of authorized participants per delegation is 2 athletes per individual event and 1 team in each relay event if held.

e. The selection procedures may be subject to change based on the host country or CISM Track and Field Sports Committee.

7. SELECTED ATHLETES

a. Selected athletes are expected to compete in a regular schedule of training and competitions, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Track and Field Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Track and Field committee will NOT be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will NOT be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The event draw shall be determined by the CISM Track and Field Sport Committee.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to do so will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by all USATF, IPC, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per WADA regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

8. <u>COMPETITION RULES AND GUIDELINES</u>: Regulations of the CISM Track and Field Sport Committee govern conduct of the CISM Track and Field Championship events. General CISM rules govern other aspects of the CISM event.

9. <u>TYPICAL SCHEDULE OF CISM EVENTS</u>: As determined by the official invitation

10. PROJECTED TEAM COMPOSITION - CISM CHAMPIONSHIP

a. The final delegation size shall be determined based on the number of qualified applicants.

b. This number may vary by gender and this list is used as a historical estimate.



2022 ARMED FORCES MEN'S AND WOMEN'S RUGBY CHAMPIONSHIPS

1. <u>COMPETITION RULES</u>: Current International Rugby Board (IRB) law book for seven-a-side play as amended by the Armed Forces Sports Council (AFSC).

2. <u>GAME BALL</u>: Ball must adhere to current USA Rugby Rules. Hosting Service shall publish the most current ball-type within the Letter of Instruction (LOI).

3. TOURNAMENT FORMAT:

a. Men: Single round robin, followed by championship match.

- b. Women: Single round robin, followed by championship match.
- 4. DRAW: As determined by the tournament director.

5. <u>FINAL TEAM STANDINGS</u>: Based on results of championship match for first and second place, followed by the results of pool play for third to fifth place.

6. DURATION OF MATCHES AND TIE-BREAKER POLICY:

a. Round Robin Matches: Played in two, 7-minute halves with a one minute halftime break.

b. Tie Breaking procedures, in order, following Round-Robin Play: Head-to-head record of teams involved; margin of points for and against all teams; margin of converted tries; total points; total tries; coin toss.

c. Championship Matches: Played in 7-minute halves, with a one-minute halftime break.

d. Tie-Breaker for Championship Matches: After a 1-minute interval, play 5- minute overtime periods with teams changing ends after each overtime period, without an interval until first score determines winner.

e. Drawn Matches: Drawn matches in the Round Robin competition shall be declared a tie.

7. FACILITY, EQUIPMENT AND PERSONNEL:

a. IAW current USA Rugby Rules. All footwear (boots), including those with alloy safety studs, must be in compliance with current USA Rugby Rules.

b. If a player is ejected, that player is ineligible for the remaining matches of the championship and the overall roster is reduced by one. This player is now a non-participant, and cannot be on the sidelines, and will not be considered for the All-Tournament Team.

c. Should a player be injured, which prevents them from continuing play, reserve player(s) on the roster, shall be added to the active player roster. To ensure fair play, the designated tournament medical officer or designated Armed Forces Medical Officer would certify that the injured player(s) could not continue to play due to injury.

2022 ARMED FORCES MEN'S AND WOMEN'S RUGBY CHAMPIONSHIPS

8. <u>PROTESTS</u>: Protests on rules or eligibility are handled by the protest committee. The protest committee consisting of Service representatives and Tournament Director will only accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

9. SCHEDULE OF EVENTS (As determined by the Host Organizers):

a. Day One Teams Arrive Team Practice Sessions (if teams are available)

Organizational Meeting Opening Ceremony Walk-Through (one rep from each team if required) Team Check-In

Note: Authorized team members must attend Organizational Meeting and Team Check-In in their Service polo shirt, coordinated slacks, and appropriate footwear.

- b. Days Two Competition Begins
- c. Day Three Competition Continues
- d. Day Four Competition Continues

Team Awards Ceremony

All-Tournament Team selection meeting

Awards Ceremony/Closing Banquet - Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction).

- e. Day Five Teams Depart
- 10. <u>AWARDS:</u>

a. <u>Individual</u>: Each member of the winning and runner-up teams (to include the coaches, team trainer and OIC-Team Manager) receive individual awards.

b. <u>Team</u>: No team trophy is presented.

c. <u>All-Tournament</u>: An All-Tournament team is selected of the best seven (7) players of the tournament regardless of position. The Host Project Officer will select and purchase a special "All Star" memento to present to each member of the All-Tournament team.

<u>TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP AND HIGHER LEVEL</u>: Roster not to exceed 19 individuals* 13 Players

2 Reserve Players

1 Coach 1 Asst Coach 1 Certified Athletic Trainer/Physician* <u>1 OIC/Team Manager</u> TOTAL: 19

* Medical personnel listed on roster must be trained medical providers and properly certified/licensed. Teams are not authorized to substitute this position with an additional coach or statistician. Personnel failing to provide appropriate credentials (if challenged) shall be deemed unauthorized and removed from the bench.

Note: Rosters must be submitted NLT four days prior to championship report date. Only the above personnel are authorized in the designated Service bench area.

12. <u>SELECTION PROCESS - HIGHER LEVEL AND ALL-TOURNAMENT</u>:

a. Athlete Selection Process.

1) The AFSWG members, or designated representatives, at the site of the Armed Forces Championship are responsible for the selection of the All-Tournament Team and the U.S. Armed Forces Team for higher-level competition.

2) Selection meeting attendance is limited to the Service Representative and the Tournament Director. Each Service is limited to one spokesperson. The host Service Representative shall chair the selection meeting.

3) The initial selection for the All-Tournament Team and the Armed Forces Team shall be conducted as a paper ballot (appendix E), both submitted and signed simultaneously by each Service Representative to the selection meeting chair at the beginning of the selection meeting. Signed submitted ballots are final. Selection Meeting Chairs shall not accept unsigned ballot forms. Ties shall be resolved through discussion and vote.

4) Participants selected to the All-Tournament Team shall automatically be selected to the Armed Forces Team unless unavailable. The most competent athletes, regardless of Service affiliation, shall be selected to complete the final Armed Forces Team roster.

5) When higher-level team sports competition does not immediately follow the Armed Forces championship, based on non-availability, Services may elect to send up to three (3) additional athletes per Service to the Armed Forces training camp from the available pool of those who participated at that year's Armed Forces Championship.

b. <u>Coach Selection Policy</u>: The Head Coach for the Armed Forces Team shall be the winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). This coach shall select his/her Assistant Coach from the pool of coaches that participated in the championship (subject to review by the Service Representatives at the championship). If the winning Head Coach is not available, then the second place team Head Coach shall be the Head Coach of the Armed Forces team. This individual shall also select his-her Assistant Coach from the pool of coaches who participated in their respective Armed Forces Championship (subject to review by the Service Representatives at the Championship). If neither the winning nor second place Head Coaches are available to

2022 ARMED FORCES MEN'S AND WOMEN'S RUGBY CHAMPIONSHIPS

advance to higher level competition, the AFSWG shall vote to select a Head Coach from the remaining pool of available coaches who participated in the championship. Priority shall be given to Head Coaches. If replacement coaches cannot be identified within 24 hours preceding the announcement of the team delegation, then the Armed Forces team shall not advance to higher level competition.

c. During the Athlete Selection Process, Service representatives shall reserve the right to not select top quality candidates based on behavior, grooming standards, or availability. The host Service will not make any additions or deletions to the selected Armed Forces Team without coordinating with the Working Group Member of the other three Services.

13. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

14. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and

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the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

15. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

16. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

17. <u>SAFETY REQUIREMENTS</u>: Service Branches are encouraged to bring their own medical personnel with them to the competition.



2022 ARMED FORCES SAILING TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current International Sailing Federation (ISAF) as amended by the Conseil International du Sport Militaire (CISM) Sailing Sports Committee.

2. ELIGIBILITY:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Sailing Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must be in good standing with U.S. Sailing, ISAF, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

c. Athletes must also possess a current passport.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the published deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (*Follow your Service logo*)

4. SELECTION CRITERIA:

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Many of these participants may have Olympic experience often with the same teammate they will sail with at the Military World Games. In order for the United States team to be competitive the following criteria have been set as the standards for application.

c. To be considered for the U.S. Armed Forces Sailing Team, all applicants should possess one or more of the following criteria:

1) Collegiate or National experience in dinghy's or the designated boat determined by the host nation.

2) Be part of a current or past United States Olympic Sailing program

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3) Be currently or within the last three years nationally ranked in dinghy's or the designated boat determined by the host nation.

4) A past member of an Untied States Armed Forces Sailing team.

d. In the event that there are not enough applications received that meet the above criteria the Armed Forces Sports Office reserves the right to not send a sailing team to the Championship.

e. The selection procedures may be subject to change based on the host country or CISM Sailing Sports Committee.

5. SELECTED ATHLETES

a. Selected athletes are expected to compete in a regular schedule of training and competitions, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Sailing Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Sailing committee will NOT be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will NOT be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging and/or training camp prior to departure. This normally will be approximately 7-10 days with a training camp or 3-5 days without a camp prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The event draw shall be determined by the CISM Sailing Sport Committee.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

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2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to do so will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by all ISAF, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per ISAF anti-doping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USA Sailing rules apply. Regulations of the International Sailing Federation Rules and the CISM Sailing Sport Committee govern conduct of the CISM Sailing Championship events. General CISM rules govern other aspects of the CISM event.

7. <u>TYPICAL SCHEDULE OF CISM EVENTS</u>: As determined by the official invitation

8. PROJECTED TEAM COMPOSITION - CISM CHAMPIONSHIP

The anticipated delegation is projected as:

- 1 Team Captain
- 1 Coach
- 2-4 Athletes (Men/Mixed)*
- 2-4 Athletes (female)*

* The final delegation size shall be determined based on the number of qualified applicants as well as the designated boat crew determined by the host nation. This number may vary by gender and this list is used as a historical estimate.

9. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

- a. Men's or Mixed team competition.
- b. Women's team competition.



1. <u>COMPETITION RULES</u>: In different disciplines, current International Ski Federation (FIS), International Biathlon Union (IBU), International Orienteering Federation (IOF) and International Ski Mountaineering Federation (ISMF) amended by the Conseil International du Sport Militaire (CISM) Orienteering Sports Committee.

2. ELIGIBILITY:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Ski Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. Within their respective discipline, all athletes must have a valid USA Biathlon (USAB), U.S. Ski and Snowboard (USSS), Orienteering USA (OUSA), and/or U.S. Ski Mountaineering Association (USSMA) license/membership in good standing and meet all eligibility requirements of the respective International Federations, U.S. Armed Forces Sports and CISM.

c. All athletes must be in good standing with their respective national and international federations, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

d. World Elite status athletes are eligible for consideration. Athletes holding a domestic license will obtain an OIF international license upon selection to the CISM Team. Athletes must also possess a current Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch and send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

b. Forward to the Vermont Army National Guard (VANG) Biathlon program manager via the Armed Forces Sports Council Secretariat (AFSCS). VANG is the lead proponent for team selections and operations of the U.S. Armed Forces Ski team.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (*Follow your Service logo*)

4. SELECTION CRITERIA (for all disciplines):

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. CISM Skiing Championships and Military World Winter Games consists of multiple disciplines to include, but not limited to:

1) Nordic Disciplines: Biathlon, Cross-Country Ski, and Patrol competitions.

2) Alpine Discipline: Giant slalom or slalom

3) Ski Orienteering Disciplines.

4) Ski Mountaineering Disciplines.

c. Performance Requirements. Minimum performance standards are as followed per each respective event:

1) Biathlon.

2) Cross-Country Ski

3) Patrol

4) Giant Slalom

5) Ski Orienteering

6) Ski Mountaineering

d. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following prioritized criteria:

1) CISM medal potential:

a) A recent history of top finishes at CISM World Championships, international or nationally sanctioned domestic competitive level events;

b) The ability to produce medal capable times under certified conditions within the past 12 months;

c) Consistently placing high among top-quality fields at international or domestic sanctioned competitive level events;

d) A recent history of strong performance in international or domestic elite competition that would indicate CISM medal potential.

2) Capable of enhancing team performance: An athlete who can enhance team performance is one who, based on experience and current level of performance, is expected to contribute substantially to the overall team performance or to the performance of a medal capable team member. In the case of our selection philosophy, this is deemed to be particularly important in the special case where a medal capable individual has been selected to the team and the athlete's contribution may assist the medal capable athlete in a team medal winning performance.

e. There is no requirement to fill the roster for each specific designated CISM event or gender. Selections will be made based on the ability of athletes to meet the selection criteria.

f. The selection procedures may be subject to change based on the host country or CISM Skiing Sports Committee.

5. <u>SELECTED ATHLETES</u>

a. Selected athletes are expected to compete in a regular schedule of training and races, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. Team travel and logistics.

1) All team travel for National Guard personnel shall be managed by VANG.

2) Team travel for non-National Guard personnel shall be funded and coordinated by the participant's respective Service branch sports office.

3) All on-site logistics and housing during CISM competitions are handled by the host nation and coordinated by the Team Manager while in country.

4) All athletes and staff who are part of the official U.S. Armed Forces Skiing Team delegation for this event must function as a single team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Ski committee will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will not be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The number of athlete start positions per event and category is determined in each event by the host country and the CISM Ski Sport Committee. These selection procedures have been developed based on the most recent information regarding the events, athlete participation, team qualification and team size.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by USAB, USSS, OUSA, USSMA, FIS, IBU, IOF, ISMF, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per CISM anti-doping regulations, a competitor against whom an investigation was opened in relation to a fact which may cause a breach of the CISM Anti-Doping Rules, will not be considered eligible until the end of the suspension or until definitive acquittal. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the competitor.

6. <u>ALTERNATE AND REPLACEMENT ATHLETES</u>: Alternates may be selected in each event. If alternates are named, they will be prioritized and may be selected to replace a selected athlete. Selected athletes may be replaced if injury or illness prevents them from 100% participation in the CISM Championship competition. If an athlete is removed by ineligibility, illness or injury, positive drug testing for a banned substance or fails medical control procedures; voluntarily resigns, or is a recipient of national or international federation or Armed Forces disciplinary actions, the athlete may be replaced. Replacement of athletes must comply with U.S. Armed Forces rules and CISM event entry deadlines.

7. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USAB, USSS, OUSA, USSMA rules apply. Regulations of the FIS, IBU, IOF, ISMF Rules and the CISM Ski Sport Committee govern conduct of the CISM Skiing Championship events. General CISM rules govern other aspects of the CISM event.

8. TYPICAL SCHEDULE OF CISM EVENTS:

- 1st day: Arrival of mission
- 2nd day: Technical meetings, opening ceremony, and training
- 3rd day: Biathlon Sprint, Giant Slalom
- 4rd day: Cross-Country
- 5th day: Patrol competition
- 6th day: Departure of missions

Note: Optional events such as Ski Orienteering and Ski Mountaineering may be added within the schedule after approval by the CISM Ski Sports Committee.

9. 2022 CISM DELEGATION COMPOSITION

Composition of the CISM Delegation as governed by CISM Ski rules:

- 1 Team Captain
- 1 Biathlon Coach
- 1 Cross Country Coach
- 1 Biathlon Technician
- 1 Cross Country Technician
- 1 Ad libitum
- 5 Biathlon Male Athletes
- 5 Biathlon Female Athletes
- 5 Cross Country Male Athletes
- 5 Cross Country Female Athletes

Optional disciplines offered:

- 3 Ski Orienteering Male Athletes
- 3 Ski Orienteering Female Athletes
- 4 Ski Mountaineering Male Athletes
- 4 Ski Mountaineering Female Athletes
- 6 Indoor Climbing Male Athletes
- 6 Indoor Climbing Female Athletes

The final authorization for delegation size is based upon the host country, CISM Ski rules, and U.S. Armed Forces Sports.

10. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

- a. Nordic Disciplines:
 - 10 km Biathlon Sprint (Men)
 - 7.5 km Biathlon Sprint (Women)
 - 15 km Cross-Country (Men)
 - 10 km Cross-Country (Women)
 - 20 km Patrol (Men)
 - 15 km Patrol (Women)
- b. Alpine Disciplines:
 - Giant slalom or slalom (in case that the organizer does not have a ski slope with enough vertical drop for giant slalom. Competition of two (2) runs for men and women.
- c. Ski Orienteering Disciplines (Optional):
 - Middle distance Ski Orienteering competition
 - Ski Orienteering Relay competition
- d. Ski Mountaineering Disciplines (Optional):
 - Individual competition
 - Team competition



2022 ARMED FORCES MEN'S SOCCER CHAMPIONSHIP

1. <u>COMPETITION RULES</u>: Current Federation International De Football Association (FIFA) Rules, as amended by the Armed Forces Sports Council (AFSC).

2. <u>GAME BALL:</u> IAW with current FIFA official game ball. Hosting Service shall publish the most current ball-type within the Letter of Instruction (LOI).

3. <u>TOURNAMENT FORMAT</u>: Single round-robin. Top two teams advance to the championship game. Third and fourth place teams compete in the consolation game. All games must result in a winner. Games which end in a tie at the conclusion of regulation will be decided by two full overtime periods of 15 minutes each and, if the tie remains, followed by kicks from the mark in accordance with the Laws of the Game.

4. <u>DRAW:</u> As determined by established annual draw.

5. <u>FINAL TEAM STANDINGS</u>: Based on results of championship and consolation matches.

6. <u>TIE-BREAKER POLICY</u>: Breaking a tie at the conclusion of round-robin play is determined by the following in order listed:

a. Results of head-to-head matches between the tied teams.

b. Goal differential between the tied teams.

7. <u>SUBSTITUTIONS:</u> FIFA substitution rules will apply but with the following exceptions: (a) no more than three substitutions may be made in each half and (b) substitutions made at the halftime break in advance of the second half are not counted in the three substitutions per half rule. Overtime periods is a continuation of the second half.

8. FOULS AND MISCONDUCT:

a. Two "Yellow Cards" (accumulative for all games, including championship/consolation games) – Individual is out for the next scheduled game after the second yellow card.

b. Two "Yellow Cards" accumulative in the same game – Individual is out of the game being played plus the next scheduled game.

c. One "Red Card" – Individual is out of the game being played plus the next scheduled game. An individual suspended from a game is not authorized in the team bench area for that game.

9. UNIFORMS:

a. All players and substitutes (including the goalkeeper) on each team's roster must have a number between 1 and 26 on their jersey which matches the number on the roster. It is not necessary that the numbers for the team be sequential as long as they are within the permitted range. A player's or substitute's jersey number must remain the same throughout the tournament.

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b. Home teams shall have priority to declare uniform colors. Both teams shall declare their uniform colors at the organizational meeting.

c. Uniforms for the Championship and Consolation Games will be determined by the higher seeded team from the round-robin having priority.

10. <u>TEAM CAPTAINS (Players)</u>: Service teams will designate only one (1) team captain, who will wear a captain's band on the playing field.

11. <u>MEDICAL SITUATION</u>: The treatment of injuries will be in accordance with the FIFA Laws of the Game.

12. <u>INCLEMENT WEATHER/GAME STOPPAGE</u>: In the event of game stoppage (e.g. inclement weather), the game shall resume where it last left off. Ball position, players, time, and penalties shall be noted and carried over to the re-start of the game.

13. FACILITY AND PERSONNEL: IAW current FIFA Laws of the Game.

14. <u>PROTESTS</u>: Protests on rules or eligibility are handled by the protest committee. The protest committee consisting of Service representatives and Chief of Referees will only accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

15. <u>OFFICIATING PROBLEMS</u>. Incidents or issues related to an official at an event will be addressed with the head official immediately. If not addressed immediately, Services should inform the AFSCS about problems occurred with official(s) within 30 days after the conclusion of the championship.

16. <u>SCHEDULE OF EVENTS</u>: The Host installation will determine game-match times. Established times must be consistent each day, and must be set to draw maximum fan participation.

- a. <u>Day One</u> Teams Arrive Team Practice Sessions Organizational Meeting Ice- Breaker Social
- b. Day Two Team Photos Opening Ceremony (Optional) - However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

Round Robin Match 1 Navy vs. USMC Round Robin Match 2 USAF vs. Army*

*Note: Second match each day will start 30 minutes after the conclusion of the first match.

c. <u>Day three</u>	Rest day
d. <u>Day Four</u>	Round Robin Match 3 Army vs Navy Round Robin Match 4 USMC vs USAF
e. <u>Day Five</u>	Rest Day
f. <u>Day Six</u>	Round Robin Match 5 Army vs USMC Round Robin Match 6 Navy vs USAF
g. <u>Day Seven</u>	Rest Day Selection Meeting (Time) – Or as determined at organization meeting.
h. <u>Day Eight</u>	CONSOLATION MATCH – Seed 4 vs Seed 3
	CHAMPIONSHIP MATCH – Seed 2 vs Seed 1

Awards Ceremony - (Immediately following the final game) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

i. <u>Day Nine</u> Teams Depart

17. <u>ADVERSE WEATHER SCHEDULE</u>: Service representatives shall determine alternative solutions and schedules during adverse weather conditions. Resumption of shall be in accordance with paragraph (12).

18. <u>AWARDS:</u>

a. Individual: Each member of the winning and runner-up teams (to include the coaches, team trainer and OIC) receive individual awards.

b. Team: No team trophy is presented.

c. All-Tournament: An 11-player "All-Tournament" team is selected for the tournament. A minimum of 2 forwards, 2 midfielders, 2 defensemen, and 1 goalie must be selected. The remaining players will be decided on best players. This team is announced prior to the announcement of the 18 players selected to advance to higher-level competition. The Host Project Officer will select and purchase a special "All-Tournament" memento to present to each member of the "All-Tournament" team.

19. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP:

Roster not to exceed 22 individuals:

18 Players 1 Coach 1 Asst Coach 1 Certified Athletic

<u>1 OIC</u>

TOTAL: 22

* Medical personnel listed on roster must be trained medical providers and properly certified/licensed. Teams are not authorized to substitute this position with an additional coach or statistician. Personnel failing to provide appropriate credentials (if challenged) shall be deemed unauthorized and removed from the bench.

Note: Rosters must be submitted NLT four days prior to championship report date. Only the above personnel are authorized in the designated Service bench area.

20. SELECTION PROCESS - HIGHER LEVEL AND ALL-TOURNAMENT:

a. Athlete Selection Process.

1) The AFSWG members, or designated representatives, at the site of the Armed Forces Championship are responsible for the selection of the All-Tournament Team and the U.S. Armed Forces Team for higher-level competition.

2) Selection meeting attendance is limited to the Service Representative and the advancing coaching staff if there is a follow-on event. The Service Representative is the official spokesperson for their respective Service. The host Service Representative shall chair the selection meeting.

3) The initial selection for the All-Tournament Team and the Armed Forces Team shall be conducted as a paper ballot (appendix E), both submitted and signed simultaneously by each Service Representative to the selection meeting chair at the beginning of the selection meeting. Signed submitted ballots are final. Selection Meeting Chairs shall not accept unsigned ballot forms. Ties shall be resolved through discussion and vote.

4) Participants selected to the All-Tournament Team shall automatically be selected to the Armed Forces Team unless unavailable. The most competent athletes, regardless of Service affiliation, shall be selected to complete the final Armed Forces Team roster.

5) When higher-level team sports competition does not immediately follow the Armed Forces championship, based on non-availability, Services may elect to send up to three (3) additional athletes per Service to the Armed Forces training camp from the available pool of those who participated at that year's Armed Forces Championship.

b. <u>Coach Selection Policy</u>: The Head Coach for the Armed Forces Team shall be the winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). This coach shall select his/her Assistant Coach from the pool of coaches that participated in the championship (subject to review by the Service Representatives at the championship). If the winning Head Coach is not available, then the second place team Head Coach shall be the Head Coach of the Armed Forces team. This individual shall also select his-her Assistant Coach from the pool of coaches who participated in their respective Armed Forces Championship (subject to review by the Service Representatives at the Championship). If neither the winning nor second place Head Coaches are available to advance to higher level competition, the AFSWG shall vote to select a Head Coach from the remaining pool of available coaches who participated in the championship. Priority shall be given to Head Coaches. If replacement coaches cannot be identified within 24 hours preceding

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the announcement of the team delegation, then the Armed Forces team shall not advance to higher level competition.

c. During the Athlete Selection Process, Service representatives shall reserve the right to not select top quality candidates based on behavior, grooming standards, or availability. The host Service will not make any additions or deletions to the selected Armed Forces Team without coordinating with the Working Group Member of the other three Services.

21. <u>TYPICAL TEAM COMPOSITION – CISM Men's World Championship</u>:

As follows or as dictated by host country invitation:

21 Players
1 Coach
1 Assistant Coach
2 Certified Athletic Trainers/Physicians
1 Team Captain
1 FIFA Official
<u>1 Assistant FIFA Official</u>
28 TOTAL

22. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

23. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

24. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

25. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).



2022 ARMED FORCES WOMEN'S SOCCER TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current Federation International De Football Association (FIFA) Rules.

2. <u>ELIGIBILITY</u>: Only Active Duty, U.S. Armed Forces personnel, to include Reservists and National Guard on orders are eligible to compete in Armed Forces Championships and any subsequent higher-level competition. Armed Forces is defined as Army, Marine Corps, Navy, Air Force, Space Force and Coast Guard.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch.

b. Send their applications to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

4. SELECTION CRITERIA:

a. Athlete selection will be made by the US Armed Forces Women's Soccer coaching staff based on those participating at the assigned Armed Forces Trial and Training Camp(s). Coaches reserve the right to make appropriate cuts and final roster selection of the U.S. Armed Forces Team.

b. Coaching staff shall be selected by the proponent Service, U.S. Air Force (subject to review by the AFSWG).

c. The proponent Service shall select the support staff as determined by the CISM Football Regulations.

5. ATHLETES SELECTED TO TRIAL/TRAINING CAMP:

a. Selected athletes are expected to be in competitive physical condition and immediately ready for the rigors of elite competition. Coaches reserve the right to dismiss athletes who fail to meet the physical demands expected of those competing for a position on the US Armed Forces team.

b. Service branches are authorized up to ten (10) athletes per Service to attend the training camp. In the event a Service does not have ten (10) qualified applicants, then the remaining allocations will be filled based on the coaching staff's determination who the best players are. In this case, for Services with more than ten qualified applicants, the Services will forward the additional applications to the coaching staff. No more than 40 players will be invited to camp.

c. All selected players and coaches must participate during the entire trial/training camp. Athletes unable to attend the full duration shall be dismissed from the team.

d. All participants (players, coaches and staff) shall be approved/sanctioned and placed on travel orders by their respective branch. Walk-on players or other additional players are not authorized to participate.

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e. U.S. Armed Forces Sports and U.S. Armed Forces Soccer committee will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will not receive credentials as part of the U.S. Armed Forces Team for this event and will therefore not be allowed in the USA Team competition sections of the venue.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel.

h. All athletes and staff must abide by all U.S. Soccer, FIFA, CISM, WADA and USADA antidoping regulations prior to, during and after the competition period for this event per WADA antidoping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for antidoping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. ALTERNATE AND REPLACEMENT ATHLETES:

a. Alternates may be selected to complete the final roster. Services must be notified of alternates at the conclusion of trail/training camp in order to completed necessary documents.

b. If alternates are named, they will be prioritized and may be selected to replace a selected athlete. Selected athletes may be replaced if injury or illness prevents them from 100% participation in the CISM Championship competition.

c. If an athlete is removed by ineligibility, illness or injury, positive drug testing for a banned substance or fails medical control procedures; voluntarily resigns, or is a recipient of CISM, FIFA or Armed Forces disciplinary actions, the athlete may be replaced.

d. Replacement of athletes must comply with U.S. Armed Forces rules and CISM event entry deadlines.

7. <u>SCHEDULE OF EVENTS</u>: Based on the schedule of the CISM World Military Championship and as written in the published Letter of Instruction (LOI) by the proponent Service branch.

- 8. TEAM COMPOSITION CISM Competitions:
 - 21 Players
 1 Chief of Mission
 1 Coach
 2 Assistant Coaches
 2 Certified Athletic Trainers/Physicians
 1 Team Captain
 1 FIFA Officials
 1 Assistant FIFA Officials
 30 TOTAL

2022 ARMED FORCES WOMEN'S SOCCER TEAM SELECTION PROCEDURES

9. FORMS:

a. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

10. HIGHER-LEVEL COMPETITION SPECIAL POLICIES.

a. Leave. Armed Forces team members are not permitted leave during camps and competition unless coordinated through Service sports offices. This includes coaches and Team Captain. The Team Captain and coaching staff must be the last individuals that depart upon completion of the event to ensure all athletes departure. Barring an emergency, no staff personnel should be granted early departure.

b. Military Uniform: U.S. Military personnel must wear their Military uniforms to all official CISM functions (opening ceremony, closing ceremony, etc.). Appendix (K) lists the breakout for each U.S. Service uniform.



1. COMPETITION RULES:

a. Current USA Softball Rules for Men's Class B competition and Women's Open Division, as amended by the Armed Forces Sports Council (AFSC).

b. When the player enters the playing area (actual field of play, not including dugout) with a non-approved bat (any bat not provided by host), the player shall be ejected from the game and all games remaining in tournament. Team bats may be used for infield prior to the game but must be removed from the field of play prior to the first pitch. USA Softball approved warm-up bats and devises will be provided by the host. All bats will remain on the field of play.

c. Home-Run Rule: Complies with current Men's Class B and Women's Open Division home-run limits. The batter and any runners will NOT run the bases on home runs (over the fence). Penalty, first such occurrence, the batter shall be declared out and all runners will return to the bases occupied at the time of the pitch. Second team occurrence, the batter shall be declared out and all runners will return to the bases occupied at the time of the pitch. Second team occurrence, the pitch, player is ejected for the remainder of the game.

d. Dugout Rule:

1). All players, with the exception of the batter and on-deck batter, must remain in their assigned dugout. Unauthorized players caught in the field of play will result in the active batter called out. If defensive team substitute players are caught in the field of play, the first batter will be called out.

2) Only official roster team members are authorized in the dugout.

3) Music is not authorized in or around the dugout and the competition venue. Authorized music may only be provided by the host site organizers. Service representatives have the authority to shut off all music at the competition venue.

2. <u>GAME BALL</u>: IAW USA Softball Rules. Ball to be used is to be publicized by the host service 60 days prior to the Armed Forces Championship. Balls must adhere to USA Softball specifications (compression and CORE).

3. <u>TOURNAMENT FORMAT</u>: Triple round robin followed by championship game.

4. <u>DRAW:</u> As determined by established annual draw.

5. <u>FINAL TEAM STANDINGS</u>: Final team standings are determined by each team's game win record.

6. <u>TIE-BREAKER POLICY</u>: Breaking a tie for first or second place at the conclusion of round-robin play is determined by the following in order:

a. Head-to-Head record between the two tied teams.

b. If three teams are tied for either first or second places, the following tie-breaking policy applies:

1) Coin toss to determine bye positioning (team with odd coin receives bye).

2) Two teams play single elimination game, with the winner then immediately playing another single elimination game with team receiving bye.

7. FACILITY, EQUIPMENT AND PERSONNEL:

a. IAW current IAW USA Softball Rules. Shoes with metal cleats are not allowed in Armed Forces Softball competition.

b. The host installation will announce specific ball to be used no later than 60 days prior to the championship.

c. A 3-person officiating system will be utilized provided by Armed Forces Sports through IAW USA Softball.

d. Bats must adhere to IAW USA Softball specifications. Participants can bring and use their own bats if they pass the USA Softball bat test. The host Service must have an USA Softball bat tester on site. All bats will be inspected and tested by the UIC. If the bat passes, a tamper proof sticker will be placed on it. All bats passing the inspection and test will be collected and stored by the Host Service Tournament Director and only brought out for teams when they are scheduled to play. Officials reserve the right to retest any bat at any time during the tournament. At the conclusion of the game, the bats will be collected and secured until they are needed again. Each team is limited to a maximum of 15 bats. Should a bat become altered, new bats may be introduced prior to the next game once the UIC tests and certifies the bat.

e. Uniforms. All players shall wear the same competitive uniform, which may include either shorts or pants. Teams may elect to wear shorts or pants, but all players shall be uniform (all shorts or all pants).

f. Host Project Officer shall obtain experienced scorers and statisticians through the local officials association/sources. Local rates will be paid by hosting Service to these individuals.

g. Field of Play. Only authorized personnel may enter the field to take photographs. Public Affairs and other personnel must obtain permission from the tournament director.

8. <u>PROTESTS</u>: Protests on rules or eligibility are handled by the protest committee. The protest committee consisting of Service representatives and Umpires in Charge will only accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

9. <u>OFFICIATING PROBLEMS</u>. Incidents or issues related to an official at an event will be addressed with the head official immediately. If not addressed immediately, Services should inform the AFSCS about problems occurred with official(s) within 30 days after the conclusion of the championship.

10. <u>SCHEDULE OF EVENTS:</u>

- a. Day <u>One</u> Teams Arrive (Travel Day) Team Practice Sessions (tournament bats visibly unpacked and readily available for each Service)
 - 1830 Organizational Meeting
 - 1930 Informal Ice Breaker*

*Authorized team members must attend the event in their Service polo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker. Skits are not authorized.

b. Day<u>Two</u> 0800 Team Photos

Opening Ceremony Rehearsal (Optional)

0830 Opening Ceremony (Optional) – However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed if Service flags are posted. If not all Service flags are available, then the American flag and host Service flag shall be displayed.

(Four Teams – home team on the right)

Game #1	0900	Navy	VS	USMC
Game #2	1030	USÁF	VS	Army
Game #3	1300	Army	VS	Navy
Game #4	1430	USMC	VS	USAF
Game #5	1700	Army	VS	USMC
Game #6	1830	Navy	VS	USAF

(Three Teams – home team on the right)

Game #1	Team 1 vs Team 2
Game #2	Team 3 vs Team 1
Game #3	Team 3 vs Team 2

c. Day Three

Game #7	0800	Army	VS	USAF
Game #8	0930	USMC	VS	Navy
Game #9	1200	USAF	VS	USMC
Game #10	1330	Navy	VS	Army
Game #11	1600	USAF	VS	Navy
Game #12	1730	USMC	VS	Army
Game #4 Game #5 Game #6		Team 1 vs Team 2 vs Team 2 vs	Team 3	

d. Day Four

Game #13	0800	Navy	VS	USMC *
Game #14	0930	USAF	VS	Army*
Game #15	1200	Army	VS	Navy*
Game #16	1330	USMC	VS	USAF*
Game #17	1600	Army	VS	USMC*
Game #18	1730	Navy	VS	USAF*
* FLIP FOR HOME TEAM				

Team 3 vs Team 2
Team 1 vs Team 2
Team 3 vs Team 1

US Armed Forces Team Selection Committee meet immediately following the last game and prior to the closing ceremony.

f. Day Five Teams Depart

11. <u>ADVERSE WEATHER SCHEDULE</u>: The schedule may be adjusted as follows due to extreme hot climates at southern tier locations: 0800 first set of games; 1700 second set of games; third set of games 20 minutes after the conclusion of the second set. Service representatives shall determine alternative solutions/schedules during adverse weather conditions.

12. <u>AWARDS:</u>

a. Individual: Each member of the winning and runner-up teams (to include the team trainer and OIC) receive individual awards.

b. Team: No team trophy is presented.

c. All-Tournament Team:

1. The All-tournament team is announced prior to the announcement of the 15 players selected to advance to higher-level competition. The Host Project Officer will select and purchase a special "All-Tournament" memento.

2. See selection process in paragraph (11) for All-Tournament Team selection procedures.

3. Women: The All-Tournament team is selected of 4 infielders, 4 outfielders, 2 utility, and 1 pitcher.

4. Men: The All-Tournament team is selected of 5 infielders, 3 outfielders, 2 utility, and 1 pitcher.

13. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP:

Roster not to exceed 19 individuals*:

15 Players 1 Coach 1 Asst Coach 1 Certified Athletic Trainer/Physician* <u>1 OIC</u> TOTAL: 19

* Medical personnel listed on roster must be trained medical providers and properly certified/licensed. Teams are not authorized to substitute this position with an additional coach or statistician. Personnel failing to provide appropriate credentials (if challenged) shall be deemed unauthorized and removed from the bench.

Note: Rosters must be submitted NLT four days prior to championship report date. Only the above personnel are authorized in the designated Service dugout area.

14. SELECTION PROCESS - HIGHER LEVEL AND ALL-TOURNAMENT:

a. Athlete Selection Process.

1) The AFSWG members, or designated representatives, at the site of the Armed Forces Championship are responsible for the selection of the All-Tournament Team and the U.S. Armed Forces Team for higher-level competition.

2) Selection meeting attendance is limited to the Service Representative and the advancing coaching staff if there is a follow-on event. The Service Representative is the official spokesperson for their respective Service. The host Service Representative shall chair the selection meeting.

3) The initial selection for the All-Tournament Team and the Armed Forces Team shall be conducted as a paper ballot (appendix E), both submitted and signed simultaneously by each Service Representative to the selection meeting chair at the beginning of the selection meeting. Signed submitted ballots are final. Selection Meeting Chairs shall not accept unsigned ballot forms. Ties shall be resolved through discussion and vote.

4) Participants selected to the All-Tournament Team shall automatically be selected to the Armed Forces Team unless unavailable. The most competent athletes, regardless of Service affiliation, shall be selected to complete the final Armed Forces Team roster.

5) When higher-level team sports competition does not immediately follow the Armed Forces championship, based on non-availability, Services may elect to send up to three (3) additional athletes per Service to the Armed Forces training camp from the available pool of those who participated at that year's Armed Forces Championship.

b. <u>Coach Selection Policy</u>: The Head Coach for the Armed Forces Team shall be the winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). This coach shall select his/her Assistant Coach from the pool of coaches that participated in the championship (subject to review by the Service Representatives at the championship). If the winning Head Coach is not available, then the

second place team Head Coach shall be the Head Coach of the Armed Forces team. This individual shall also select his-her Assistant Coach from the pool of coaches who participated in their respective Armed Forces Championship (subject to review by the Service Representatives at the Championship). If neither the winning nor the second place Head Coaches are available to advance to higher-level competition, the AFSWG shall vote to select a Head Coach from the remaining pool of available coaches who participated in the championship. Priority shall be given to Head Coaches. If replacement coaches cannot be identified within 24 hours preceding the announcement of the team delegation, then the Armed Forces team shall not advance to higher level competition.

c. During the Athlete Selection Process, Service representatives shall reserve the right to not select top quality candidates based on behavior, grooming standards, or availability. The host Service will not make any additions or deletions to the selected Armed Forces Team without coordinating with the Working Group Member of the other three Services.

15. TEAM COMPOSITION - NATIONALS:

15 Players 1 Coach 1 Asst Coach 1 Certified Athletic Trainer* <u>1 Team Captain</u> TOTAL: 19

* Medical personnel listed on roster must be trained medical providers and properly certified/licensed. Teams are not authorized to substitute this position with an additional coach or statistician.

16. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to, the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do

so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

17. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

18. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

19. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).



2022 ARMED FORCES SWIMMING AND LIFESAVING TEAM SELECTION STANDARD PROCEDURES

1. COMPETITION RULES:

a. Current International Swimming Federation (FINA) as amended by the Conseil International du Sport Militaire (CISM) Swimming Sports Committee.

b. Current International Life Saving Federation (ILS) as amended by the Conseil International du Sport Militaire (CISM) Swimming Sports Committee.

2. ELIGIBILITY:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Swimming/Lifesaving Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must be in good standing with USA Swimming (USAS), United States Lifesaving Association (USLA), FINA, ILS, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

c. Athletes must also possess a current Official (red) Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the published deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. SELECTION CRITERIA:

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event.

2022 ARMED FORCES SWIMMING TEAM SELECTION PROCEDURES

1) Swimming Pool Events.

a) Applications must contain times and/or distances from sanctioned USAS, NCAA, FINA, or CISM competitions within the last 18 months for pool events.

b) Time Standards.

Women		Event	Men	
SCY	LCM		SCY	LCM
25.08	28.07	50 Freestyle	22.18	25.05
52.43	60.69	100 Freestyle	48.52	54.89
1:57.81	2:10.99	200 Freestyle	1:46.33	2:00.45
5:05.44	4:36.39	400 Freestyle	4:40.76	4:16.37
10:32.82	9:20.59	800 Freestyle	9:49.37	8:54.21
17:36.62	18:11.23	1500 Freestyle	16:22.51	17:02.41
1:00.34	1:07.65	100 Backstroke	53.67	1:01.39
2:10.08	2:25.45	200 Backstroke	1:58.93	2:12.83
1:10.63	1:16.91	100 Breaststroke	60.96	1:08.89
2:30.03	2:45.87	200 Breaststroke	2:14.08	2:30.03
59.58	1:05.55	100 Butterfly	52.94	59.15
2:14.06	2:25.63	200 Butterfly	1:59.56	2:13.25
2:12.90	2:28.01	200 Individual Medley	1:59.02	2:14.85
4:46.13	5:14.65	400 Individual Medley	4:18.46	4:47.15

c) The times above are the absolute minimum standards to qualify for the CISM Military World Championship. Applicants not meeting the minimum standards above will not be considered.

2) Open Water Events.

a) Applications must contain times and/or distances from sanctioned USAS, NCAA, FINA, or CISM competitions within the last 18 months for pool events.

b) Time Standards.

Women	Event	Men
1:15:00	5 km	1:08:00
2:15:00	10 km	2:08:00

c) As open water swimming is relatively new within USAS, applications may include times from the swimming portion of Long Distance Triathlon or Ironman competitions for consideration.

3) Lifesaving Events

a) Applications must contain times and/or distances from sanctioned USLA, ILS, or CISM competitions within the last 18 months for pool events.

2022 ARMED FORCES SWIMMING TEAM SELECTION PROCEDURES

b) Applications may also include the following running, swimming and lifesaving skills for consideration:

1) Provide 5K and 10K run times in last two years.

2) Provide swim times for 50m, 100m, and 200m freestyle.

3) Provide times for 1500m open water swims (Split times for open water Olympic distance triathlon competitions will be accepted).

4) Other lifesaving information such as military billets (Coast Guard/Navy SEALS).

5) Specialty water rescue equipment training and certifications.

c. There is no requirement to fill the roster for each specific designated event. Selections will be made based on the ability of athletes to meet the selection criteria. The maximum number of authorized participants per delegation is two (2) athletes per individual event and one (1) team in each relay event.

d. The selection procedures may be subject to change based on the host country or CISM Swimming Sports Committee.

e. Para- Swimming athletes fall under separate selection criteria to this document.

5. <u>SELECTED ATHLETES</u>

a. Selected athletes are expected to compete in a regular schedule of training and competitions, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Swimming Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Swimming committee will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will not be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

2022 ARMED FORCES SWIMMING TEAM SELECTION PROCEDURES

g. The event draw shall be determined by the CISM Swimming Sport Committee.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel (depending on COCOM).

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to do so will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

i. All athletes and staff must abide by all USAS, FINA, USLA, ILS, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per WADA regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USAS and USLA rules apply. Regulations of FINA and ILS rules and the CISM Swimming Sport Committee govern conduct of the CISM Swimming and Lifesaving Championship events. General CISM rules govern other aspects of the CISM event.

7. <u>TYPICAL SCHEDULE OF CISM EVENTS</u>: As determined by the official invitation

8. TEAM COMPOSITION:

a. Final team composition determined by the host nation invitation per the number of events offered.

b. No more than two athletes per event. Athletes may compete in more than one event as long as there are no more than two athletes competing in the same event.

9. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

- a. Swimming Pool Events
 - Freestyle 50,100, 200, 400, 800 and 1500 meters
 - Backstroke 50, 100 and 200 meters
 - Breaststroke 50, 100 and 200 meters
 - Butterfly 50, 100 and 200 meters
 - Individual Medley 200 and 400 meters
 - Freestyle Relays 4 x 100 and 4 x 200 meters
 - Medley Relay 4 x 100 meters
 - Mixed Relays 4 x 100m Freestyle
 - Mixed Relays 4 x 100m Medley

b. Swimming Pool Events

- 5km (male/female)
- 10 km (male/female)
- Mixed Team event (4x1250m relay)

c. Lifesaving Pool Events

Individual:

- 50 m manikin carry
- 100 m manikin carry with fins
- 100 m manikin tow with fins
- 100 m rescue medley
- 200 m obstacles
- 200 m super lifesaver

Relays:

- 4 x 25 m manikin
- 4 x 50 m medley
- 4 x 50 m obstacles
- 4 x 50 m Lifesaver Relay (Mixed)

Individual:

- Run-Swim-Run (or Surface if no sandy area or beach is unavailable)
- Board Race
- Surfski Race
- Oceanwoman/Oceanman
- Beach flags

Relays:

- Rescue Board Rescue
- Rescue Tube Rescue
- Oceanwoman relay/Oceanman relay
- Ocean Lifesaver Relay (Mixed)



1. <u>COMPETITION RULES</u>: Current World Taekwondo (WT) rules as amended by the Conseil International du Sport Militaire (CISM) Taekwondo Sports Committee.

2. <u>ELIGIBILITY</u>:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Taekwondo Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military or national guard/reserve personnel on active duty military orders will receive selection consideration.

b. All athletes must have a valid black belt certificate issued through the WT (Kukkiwon) and meet all eligibility requirements of WT, U.S. Armed Forces Sports, and CISM.

c. All athletes must be in good standing with WT, USA Taekwondo, CISM, U.S. Armed Forces Sports, and the United States Anti-Doping Agency (USADA).

d. All athletes must possess a WT Global Athlete License (GAL) for competition in the World Military Championship.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline

b. Complete the following documents or registrations and forward to the Team Captain by the designated date to be determined:

1) "Standard Taekwondo Application" Spreadsheet (Encl #1). Providing the same information in another format is also acceptable.

2) Copy of Kukkiwon certificate (black belt issued through World Taekwondo)

3) Copy of 2022 membership in USA Taekwondo (Required for entry to USA Taekwondo Nationals).

4) Copy of US Passport. Possession of a valid passport is required for participation in the CISM Championship and a US Passport will confirm US Citizenship requirements for the USA Taekwondo Nationals.

5) Signed copy of the Armed Forces Sports Higher Advancement Form (appendix C) confirming availability (inclusive of pre-CISM training dates).

c. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

d. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. SELECTION CRITERIA:

a. All entrants must be supported for participation in the USA Taekwondo National Championship and the CISM World Military Taekwondo Championship by their service-specific sports office. Participants circumventing these procedures will not be considered.

b. Final team selection will be made by the team coaches and team captain in consultation with the CISM CSC Member and National Governing Body personnel and will be based upon: history of performance at the national and international level with priority given to recent performance that shows a trend of continued improvement; potential of top performances in world class competitions; competition performance at the 2022 USA Taekwondo National Championship. The skills and ability to perform on the international level at the CISM CISM CISM Championship will be given the highest consideration.

c. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest, and most unified team – based upon specific weight classes - for this event. Discretionary selections shall be based CISM medal potential and will be based upon the following prioritized criteria:

1) A recent history of top finishes at CISM World Championships, international, or sanctioned domestic competitive level events;

2) The ability to produce medal capable results under sanctioned conditions within the past 36 months;

3) Consistently placing high among top-quality fields at international or domestic sanctioned competitive level events;

4) A recent history of strong performance in international or domestic elite competition that would indicate CISM medal potential.

d. There is no requirement to fill the roster for each specific designated weight class, event, or gender. Selections will be made based on the ability of athletes to meet the selection criteria.

e. Selections will be made based upon the weight class selected by the athlete. Changes to the roster will only be made should a vacancy at another weight class be available.

f. CISM Team application deadlines:

1) Deadline for applications to respective service branches - as determined by each branch.

2) Entry for USA Taekwondo National Championship by deadlines specified by USA Taekwondo (not yet announced as of this date).

3) Please note the USA Taekwondo policy that "An athlete may not qualify in the same World Class weight class at more than one State Championship. Doing so may result in the

athlete being disqualified from the US Nationals." If your athletes choose to participate in state championships, they may only qualify at ONE state Championship. We can still include them on our Armed Forces Team roster with one other qualification. But all qualifications must be in the same weight class that they want to participate in at the nationals. Switching of weight classes after qualification is not permitted by USAT.

5. SELECTED ATHLETES

a. Army Sports will coordinate will coordinate for participation in the USA Taekwondo Nationals to include travel, lodging, meals, local transportation, etc for all personnel (regardless of service affiliation). Any costs associated will be billed back to the respective service.

b. The selected team for the CISM World Military Taekwondo Championship will be announced after the conclusion of the USA Taekwondo Nationals.

c. Selected athletes are expected to compete in a regular schedule of training and races, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

d. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

e. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Orienteering Team delegation for this event must function as a team.

f. U.S. Armed Forces Sports and U.S. Armed Forces Orienteering committee will NOT be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will NOT be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

g. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

h. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

i. The number of athlete start positions per event and category is determined in each event by the host country and the CISM Orienteering Sport Committee. These selection procedures have been developed based on the most recent information regarding the events, athlete participation, team qualification and team size.

j. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel (depending on COCOM).

k. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

I. All athletes and staff must abide by all USA Taekwondo, World Taekwondo, CISM, WADA and USADA anti-doping regulations prior to, during and after the competition period for this event per WADA anti-doping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. CISM DELEGATION COMPOSITION:

Composition of the CISM Delegation as governed by CISM Taekwondo rules:

- 1 Chief of Mission
- 1 Team Captain
- 1 Coach (Male)
- 1 Coach (Female)
- 1 Athletic Trainer
- 1 Ad Libitum
- 2-3 Referees
- 8 Athletes (male Kyorugi)
- 8 Athletes (female Kyorugi)
- Up to 12 Poomsae athletes and one (1) Poomsae Coach
- Up to six (6) Hoshinsul athletes
- Para-Taekwondo athletes if organized by host nation

* The final authorization for delegation size is based upon the host country, CISM Taekwondo rules, and U.S. Armed Forces Sports.

7. <u>TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP</u>

- a. Kyorugi (Sparring)
- b. Poomsae (Forms)
- c. Hoshinsul (Self Defense Techniques)



2022 ARMED FORCES TRACK AND FIELD TEAM SELECTION STANDARD PROCEDURES

1. <u>COMPETITION RULES</u>: Current International Amateur Athletic Federation (IAAF) as amended by the Conseil International du Sport Militaire (CISM) Track and Field Sports Committee.

2. ELIGIBILITY:

a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Track and Field Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.

b. All athletes must be in good standing with USA Track and Field (USATF), IAAF, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).

c. Athletes must also possess a current Official (red) Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. APPLICATION PROCESS. All applicants shall:

a. Complete the appropriate sports application for the respective Service branch by the published deadline.

b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.

c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. SELECTION CRITERIA:

a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.

b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Applications must contain times and/or distances from sanctioned USATF or NCAA competitions within the last 18 months. The times and distances below are the standards for consideration to participate in the CISM World Military Championship:

<u>Men</u>		Event	<u>Wor</u>	<u>men</u>
'A' Std	'B' Std		'A' Std	'B' Std
10.16	10.45	100m	11.32	12.00
20.5	21.15	200m	23.20	24.40
45.4	46.50	400m	52.20	54.50
1:46	1:49.5	800m	2:03	2:09
3:38	3:47.8	1500m	4:09.5	4:25
13.28	13:55	5000m	15:25	16:52
28:15	29:00	10k	*	*
1:36:00	1:39:50	20k RW	1:48:00	1:54:00
4:55:00	5:15:00	50k RW	*	*
*	*	100m Hurdles	13.00	14.20
13.52	14.30	110 Hurdles	*	*
49.5	51.20	400m Hurdles	56.95	60.80
8:32	8:50	3000m SC	9:53	10:30
2.28m	2.15m	High Jump	1.85m	1.75m
5.65m	5.1m	Pole Vault	*	*
8.05m	7.5m	Long Jump	6.5m	6.0m
16.66m	16.0m	Triple Jump	13.4m	12.5m
20.5m	18.59m	Shot Put	17.6m	16.0m
62.0m	59.0m	Discus Throw	57.0m	54.5m
72.0m	67.0m	Hammer Throw	67.0m	61.0m
77.0m	72.0m	Javelin Throw	54.00m	47.0m
7,900pts	7,800pts	Heptathlon	6,150pts	5,900pts

1) Time and Distance Standards:

2) Priority will be given to athletes achieving the 'A' Standards. The 'B' Standards will serve as the minimum standards for applications. Applicants who fail to meet the minimum standards will not be considered

c. There is no requirement to fill the roster for each specific designated event. Selections will be made based on the ability of athletes to meet the selection criteria. The maximum of authorized participants per delegation is 2 athletes per individual event and 1 team in each relay event.

d. The selection procedures may be subject to change based on the host country or CISM Track and Field Sports Committee.

e. Para-Track and Field, Cross Country, and Marathon athletes fall under separate selection criteria to this document.

5. <u>SELECTED ATHLETES</u>

a. Selected athletes are expected to compete in a regular schedule of training and competitions, as approved by the Team Manager, between the team selection and the CISM

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Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.

b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.

c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Track and Field Team delegation for this event must function as a team.

d. U.S. Armed Forces Sports and U.S. Armed Forces Track and Field committee will NOT be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will NOT be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.

e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.

g. The event draw shall be determined by the CISM Track and Field Sport Committee.

h. All team members must complete Anti-Terrorism (AT) Level-1 within 12 months prior to travel; Level-A SERE Training within 36 months prior to travel; ISOPREP submitted or reviewed within 6-12 months prior to travel (depending on COCOM).

i. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:

1) Armed Forces Sports Higher Level Advancement Form – OCONUS (Appendix C)

2) Armed Forces Sports Athlete Code of Conduct (Appendix D)

3) CISM Anti-Doping Education and Declaration Form (Appendix L)

4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).

5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).

6) Failure to do so will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.

j. All athletes and staff must abide by all USATF, IAAF, CISM, WADA and USADA antidoping regulations prior to, during and after the competition period for this event per WADA

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regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for anti-doping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.

6. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USATF rules apply. Regulations of the IAAF Rules and the CISM Track and Field Sport Committee govern conduct of the CISM Track and Field Championship events. General CISM rules govern other aspects of the CISM event.

7. <u>TYPICAL SCHEDULE OF CISM EVENTS</u>: As determined by the official invitation

8. TEAM COMPOSITION:

a. Final team composition determined by the host nation invitation per the number of events offered.

b. No more than two athletes per event. Athletes may compete in more than one event as long as there are no more than two athletes competing in the same event.

9. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

a. Individual Events and Relays



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1. <u>COMPETITION RULES</u>: Current International Triathlon Union (ITU) Rules, as amended by the Armed Forces Sports Council (AFSC), if applicable. Drafting is Legal.

2. <u>COURSE DISTANCES</u>: Olympic Distance: 1500M swim; 40K bike; and 10k run.

3. <u>SCORING AND FINAL TEAM STANDING</u>: Men and women team scores shall be separated. The winning men and women open team is determined by the displacement scoring system. This system adds the place number finish of team's official scorers. The winning men's team is determined by adding the displacement finishers of the top five (5) of the team's seven (7) Men's Open participants. The winning women's team is determined by adding the displacement finishers of the top three (3) of the team's five (5) Women's Open participants. Athletes that declare to compete in the Masters Division shall not be included in the Open Team competition and will not be included in the displacement scoring system.

4. <u>TIE-BREAKER POLICY</u>: Placement of first non-scorer for each team (Either the sixth Men's Open finisher or the fourth place Women's Open finisher). Should one of the tied Services have only the minimum number of athletes, then the tie-breaker shall be based on the aggregate times of the "scoring participants" (E.g. total time of the five scoring men or the three scoring women).

5. FACILITY, EQUIPMENT AND PERSONNEL:

a. Advertising is not allowed on service competition uniforms.

b. The Host project Officer is authorized to open the Armed Forces Triathlon Championship to other military members (as course conditions allow). Only personnel listed on the official roster shall score for team and individual results.

- c. Equipment shall comply with ITU guidelines for draft-legal competitions.
- 6. <u>SCHEDULE OF EVENTS</u>: (Times subject to change by host site)
 - a. Day One Teams Arrive
 - b. Day Two Team Photo Course Review/Rules Meeting Bike Inspection Informal Ice-Breaker
 - c. Day Three Bike Repair/Assistance Team Training
 - d. Day Four 0800 Opening Ceremony (Optional) However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

- 0900 Transition Area Open
- 1030 Competition Commences
- 1330 Awards Ceremony (Immediately following the final game) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice-Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.
- e. Day Five Teams Depart

7. AWARDS:

a. Individual: Awards are given to the top three finishers in the men's and women's open and top three finishers in the men's and women's senior divisions.

b. Team Award: Individuals awards are given to each member of the first place and second place men's and women's open teams (to include the OIC).

 TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP: Team points and awards will only be awarded to official Service Team members. Roster not to exceed 18 individuals: 7 Men Open 2 Men Masters (40 and older) 5 Women Open 2 Women Masters (35 and older) 1 OIC <u>1 Coach</u> TOTAL: 18

Note: Rosters must be submitted NLT four days prior to championship report date.

- 9. <u>TEAM COMPOSITION CISM</u>: As follows or as dictated by host country invitation:
 - 6 Men Competitors (Open)
 6 Women Competitors (Open)
 3 Men Competitors (Masters)
 2 Women Competitors (Masters)
 1 Certified Athletic Trainer
 1 International referee
 1 Coach
 1 Team Captain
 TOTAL: 21
- 10. CISM Athlete Selection Process

a. Open Competitors are determined by top six men and top six women open finishers at the Armed Forces Championship.

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b. Masters competitors are determined by the top three men and top two women finishers at the Armed Forces Championship. Masters shall also be considered from the AFC open category based on their respective age.

c. In the event an Armed Forces Championship is not conducted prior to the CISM Championship, then the U.S. Armed Forces Triathlon team shall be selected by application. Service members shall submit their applications to their respective Service sports office. The proponent Service shall receive all applications and forward them to the selection committee. All applications are prioritized on the following criteria:

1) Fastest times achieved at Olympic Distance events within the last 18-months;

2) Draft-legal experience;

3) International race experience;

4) ITU points earned within the last 18-months

d Coaching Selection.

1) Head Coach shall be the winning coach of each Men's/Women's Division. If there is only one coach from the Service who wins both divisions, or they are unavailable, or the invitation file only authorizes one coach, then the proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

2) If there is no Armed Forces Championship prior to the CISM Championship, then the proponent Service shall select the coach for the U.S. Armed Forces Triathlon team (subject to review and approval by the AFSWG).

11. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or

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training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

12. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

13. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

14. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

15. <u>SAFETY REQUIREMENTS</u>: Service Branches are encouraged to bring their own medical personnel with them to the competition. All other medical support requirements will be provided by the competition organizer.



1. <u>COMPETITION RULES</u>: Current USA Volleyball Domestic Competition Regulations (DCR), dependent upon whether the Armed Forces teams are advancing to CISM or National competition, as amended by the Armed Forces Sports Council (AFSC).

2. <u>GAME BALL</u>: As determined by the higher level competition. Hosting Service shall publish the most current ball-type within the Letter of Instruction (LOI).

3. TOURNAMENT FORMAT:

a. Four (4) Teams: Double round-robin play for seeding. Top two teams play in the Championship Game. Third and fourth teams play the consolation game. Three of five set wins in a match constitute a win.

b. Three (3) Teams: Triple round-robin. Three of five set wins in a match constitute a win.

c. One-minute "technical" time outs at 13 points of each set, regardless of whether either team has already used a "regular" time out. The 13 points "technical" time out will only be used in the first through fourth sets, since the fifth set is only 15 points long.

d. Warm-up protocol per USA Volleyball.

4. DRAW: As determined by established annual draw.

5. <u>FINAL TEAM STANDINGS</u>: Final team standings are determined by each team's match win record.

6. <u>TIE-BREAKER POLICY</u>: Breaking a tie for first or second place at the conclusion of round-robin play is determined by the following in order:

a. Head-to-Head record between the two tied teams.

b. If three teams are tied for either first or second places, the following tie-breaking policy applies:

1) Coin toss to determine bye positioning (team with odd coin receives bye).

2) Two teams play single elimination game, with the winner then immediately playing another single elimination game with team receiving bye.

7. <u>FACILITY AND PERSONNEL</u>: IAW current USA Volleyball DCR. Host Project Officer shall obtain experienced table officials (scoreboard operators and statistician) through the local officials association. Local rates will be paid by hosting Service to these individuals. Official scoring referee provide by Armed Forces Sports through USA Volleyball as part of the officiating crew.

8. <u>PROTESTS</u>: Protests on rules or eligibility are handled by the protest committee. The protest committee consisting of Service representatives and Chief of Officials will only

accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

9. <u>OFFICIATING PROBLEMS</u>. Incidents or issues related to an official at an event will be addressed with the head official immediately. If not addressed immediately, Services should inform the AFSCS about problems occurred with official(s) within 30 days after the conclusion of the championship.

10. <u>SCHEDULE OF EVENTS</u>: The Host installation will determine game-match times. Established times must be consistent each day, and must be set to draw maximum fan participation. Times below are a recommended template.

- a. <u>Day One</u> Teams Arrive (Travel Day)
 - Team Practice Sessions
 - 1800 Organizational Meeting
 - 1900 Ice- Breaker Social
- b. Day Two 0830 Team Photos
 - 0900 Opening Ceremony (Optional) However, the National must be played prior to the opening match. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.
- c. Day Two (Four Teams)

Match 1	Navy vs USMC
Match 2	USAF vs Army
Match 3	Army vs Navy
Match 4	USMC vs USAF

(Three Teams)

Match #1	Team 1 vs Team 2
Match #2	Team 3 vs Team 1
Match #3	Team 3 vs Team 2

d. Day Three (Four Teams)

Match 5	Army vs USMC
Match 6	Navy vs USAF
Match 7	Army vs USAF
Match 8	USMC vs Navy

(Three Teams)

Match #4	Team 1 vs Team 3
Match #5	Team 2 vs Team 3
Match #6	Team 2 vs Team 1

e. Day Four (Four Teams)

Match 9	USAF vs USMC
Match 10	Navy vs Army
Match 11	USAF vs Navy
Match 12	USMC vs Army

(Three Teams)

Match #7	Team 3 vs Team 2
Match #8	Team 1 vs Team 2
Match #9	Team 3 vs Team 1

US Armed Forces Team Selection Committee immediately following the last game and prior to the awards/closing ceremony.

Awards Ceremony - (Following the final game) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

f. Day Five (Four Teams)

CONSOLATION MATCH - Seed 4 vs Seed 3

CHAMPIONSHIP MATCH – Seed 2 vs Seed 1

Selection Meeting (Time) – Or as determined at organization meeting.

Awards Ceremony - (Immediately following the final game) Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice- Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

(Three Teams)

Teams Depart

g. Day Six (Four Teams)

Teams Depart

11. AWARDS:

a. Individual: Each member of the winning and runner-up teams (to include the entire team composition) receives individual awards.

b. Team: No team trophy is presented.

c. All-Tournament: A six player "All-Tournament" Team will be selected. The team will include at least 1 setter, 1 middle, and 1 defense specialist. The remaining three will be determined based on best players. This team is announced prior to the announcement of the 12 players, 2 coaches, trainer, and Team Captain selected to advance to higher-level competition. The Host Project Officer will select and purchase a special "All-Tournament" memento to present to each member of the "All-Tournament" Team.

12. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP:

Roster not to exceed 16 individuals: 12 Players (The designated "libero" is one of the 12 players) 1 Coach 1 Asst Coach 1 Certified Athletic Trainer/Physician* <u>1 OIC</u> TOTAL: 16

* Medical personnel listed on roster must be trained medical providers and properly certified/licensed. Teams are not authorized to substitute this position with an additional coach or statistician. Personnel failing to provide appropriate credentials (if challenged) shall be deemed unauthorized and removed from the bench.

Note: Rosters must be submitted NLT four days prior to championship report date. Only the above personnel are authorized in the designated Service bench area.

13. SELECTION PROCESS - HIGHER LEVEL AND ALL-TOURNAMENT:

a. Athlete Selection Process.

1) The AFSWG members, or designated representatives, at the site of the Armed Forces Championship are responsible for the selection of the All-Tournament Team and the U.S. Armed Forces Team for higher-level competition.

2) Selection meeting attendance is limited to the Service Representative, and the Head and Assistant Coaches, and OIC's. Each Service is limited to one spokesperson. The host Service Representative shall chair the selection meeting.

3) The initial selection for the All-Tournament Team and the Armed Forces Team shall be conducted as a paper ballot (appendix E), both submitted simultaneously by each Service Representative to the selection meeting chair at the beginning of the selection meeting. Submitted ballots are final. Ties shall be resolved through discussion and vote.

4) Participants selected to the All-Tournament Team shall automatically be selected to the Armed Forces Team unless unavailable. The most competent athletes, regardless of Service affiliation, shall be selected to complete the final Armed Forces Team roster.

5) When higher-level team sports competition does not immediately follow the Armed Forces championship, based on non-availability, Services may elect to send up to three (3) additional athletes per Service to the Armed Forces training camp from the available pool of those who participated at that year's Armed Forces Championship.

b. Coach Selection Policy: The Head Coach for the Armed Forces Team shall be the winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). This coach shall select his/her Assistant Coach from the pool of coaches that participated in the championship (subject to review by the Service Representatives at the championship). If the winning Head Coach is not available, then the second place team Head Coach shall be the Head Coach of the Armed Forces team. This individual shall also select his-her Assistant Coach from the pool of coaches who participated in their respective Armed Forces Championship (subject to review by the Service Representatives at the Championship). If neither the winning nor the second place Head Coaches are available to advance to higher-level competition, the AFSWG shall vote to select a Head Coach from the remaining pool of available coaches who participated in the championship. Priority shall be given to Head Coaches. If replacement coaches cannot be identified within 24 hours preceding the announcement of the team delegation, then the Armed Forces team shall not advance to higher level competition.

c. During the Athlete Selection Process, Service representatives shall reserve the right to not select top quality candidates based on behavior, grooming standards, or availability. The host Service will not make any additions or deletions to the selected Armed Forces Team without coordinating with the Working Group Member of the other three Services.

14. <u>TEAM COMPOSITION – CISM</u>: As follows or as dictated by host invitation:

- 12 Players
- 1 Coaches
- 1 Asst Coaches
- 1 Certified Athletic Trainer
- 2 FIVA Referees
- 1 Combined Sports Committee Member
- 1 Team Captain
- 1 Chief of Mission

15. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

16. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

17. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

18. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).



2022 ARMED FORCES WRESTLING CHAMPIONSHIP

1. <u>COMPETITION RULES</u>: Current USA Wrestling, United World Wrestling Rules, as amended by the Armed Forces Sports Council (AFSC).

2. <u>TOURNAMENT FORMAT</u>: Dual Meet – World Cup Points.

3. <u>WEIGHT CLASSES</u>: Greco-Roman (GR), Freestyle (FS) and Women's Freestyle (FW) weight classes are as followed:

Greco-Roman (all weights in kilograms): 55, 60*, 63, 67*, 72, 77*, 82, 87*, 97*, 130*Men's Freestyle:57*, 61, 65*, 70, 74*, 79, 86*, 92, 97*, 125*Women's Freestyle:50*, 53*, 55, 57*, 59, 62*, 65, 68*, 72, 76*

* denotes Olympic Weight Categories

4. WEIGH-IN AND COMPETITIONS:

a. For all competitions, the weigh-in is organized each morning of the concerned weightcategory. All wrestlers will weigh-in once on the day of competition and declare the weight class they intend to compete in the respective style. Competitors wrestling in both Greco-Roman and Freestyle are required to weigh-in on each day of competition.

b. A 2kg weight allowance is authorized per each respective weight class.

5. <u>DRAW PROCEDURES</u>: First place team prior year competes against fourth place team from prior year for first match, while second place team from prior year opens against third place team from prior year. The winning teams of the first two meets face the opposite losing teams, with the final meets being between the two opening winners and the two opening losing teams. The upper seeded teams in all matches wear red.

6. <u>SCHEDULED WEIGH-INS AND MEDICAL CHECKS</u>: Combined Weigh-ins and medical checks are conducted IAW current USA Wrestling Rules, and supervised by the Tournament Director. Weigh-ins and medical checks are limited to one hour. The host site will provide a medical doctor. All Service representatives must attend. Teams will weigh-in as a team, based upon finish (lowest to highest) from previous year.

7. <u>SCORING</u>: The World Cup Scoring System is employed. Each individual bout (weight) will earn team points under the UWW formula of point scoring, with points awarded as follows:

Individual Scoring	<u>Winner</u>	Loser
Victory by Fall	5	0
Technical Superiority (8 points advantage in		
Greco/ 10 points advantage in Freestyle)		
-Loser has technical points	4	1
 Loser has no technical points 	4	0
Injury Default	5	0
Forfeit/Default*	5	0
Decision (1-5 margin)		
-Loser has technical points	3	1

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-Loser has no technical points	3	0
Disqualification	5	0
Double Disqualification	0	0

* Wrestlers forfeiting, regardless of reason, shall forfeit the rest of their remaining matches during that day's session (Greco-Roman or Freestyle).

8. <u>FINAL TEAM STANDINGS</u>: One overall team champion and runner-up will be declared based upon a combination of both Greco-Roman and Men's Freestyle results. Women Freestyle results will not contribute to the overall team standings. The following point system will be used to determine team standings. Each team will receive the following number of points:

- a. For each dual meet win: 2 points
- b. For each dual meet tie: 1 point
- c. For each dual meet loss: 0 points

9. TIE-BREAKER PROCEDURES:

a. If there is a tie in team points between any teams, the result of the team score of their dual meet against each other will determine the placing. If two or more teams have equal points at the end of all bouts in the competition, the winner is determined by adding dual meet points accumulated during the entire competition. If points scored in all dual meets are the same for two teams, then the higher finish will be determined by assessing the following: the most fall; most victories by superiority (6 point difference); the most victories of periods of superiority; then the addition of all technical points of each team's wrestlers. The team with the highest number of technical points will have the highest placing.

b. For two-ways ties, the following shall apply:

- 1) Head to head results between the tied individuals only (two-way tie)
- c. For three-ways ties, the following shall apply:

1) In the event of a three-way tie among three wrestlers, most classification points between the tied individuals.

2) Still tied, highest value points among the tied individuals.

3) Still tied, most total points scored in the matches between the tied wrestlers.

4) Still tied, review weight-in results and the wrestler closest to the weigh-in weight of the weight class wins (not the 2kg allowance).

10. <u>HEADGEAR RULE:</u> Headgear can be worn by wrestlers. If the wrestler's opponent request that the headgear be removed, only a doctor's authorization (verbal or written) will allow it to be worn.

11. <u>DESIGNATED TEAM AREA</u>: Only athletes, coaches (of the designated style), and medical staff listed on the official roster are authorized within the designated team area. OIC's, Service Representatives and non-rostered personnel must remain in the spectator areas. Former coaches or family members are not authorized on the mat or in the designated team area during competition. Credentialed media personnel are authorized around the mat and in team areas

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as long as they comply with the head referee's instructions and do not interfere during the match.

12. <u>PROTESTS</u>: Protests on rules or eligibility are handled by the protest committee. The protest committee consisting of Service representatives and Chief of Officials will only accept protests when they are submitted in accordance with the specific sport playing rules. Protests must be resolved before a contest can continue.

13. <u>SCHEDULE OF EVENTS</u>: (if there is a CISM championship, the Armed Forces will be conducted 15 days prior to the championship)

- a. Day One 0900-1800 Teams Arrive
- b. Day Two 1100-1130 Opening Ceremony Rehearsal (If necessary) 1130-1230 Organizational Meeting
- c. Day Three 0800-0900 Medical Checks/Weigh-ins (Greco-Roman and Women's Freestyle for those matches competed on day-three) 0930-1000 Team Photos 1000-1030 Opening Ceremony (Optional) - However, the National Anthem must be played prior to the opening game. All six Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

GRECO-ROMAN MEET BEGINS:

1100	First Session – Dual Meets (2 mats)
	30 mins after First Session
	Second Session – Dual Meets (2 mats)
1500	Third Session – Dual Meet (2 mats)*
	*Awards will be presented at mat-side after every two
	matches.

d. Day Four 0800-0900 Medical Checks/Weigh-ins (Men's Freestyle and Women's Freestyle for those matches competed on day-four)

FREESTYLE MEET BEGINS:

- First Session Dual Meets (2 mats) 30 mins after First Session Second Session – Dual Meets (2 mats)
 Third Session – Dual Meet (2 mats)*
 *Awards will be presented at mat-side after every two matches.
- 1800 Awards Ceremony/Closing Banquet Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction).

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e. Day Five Teams Depart

14. <u>AWARDS:</u>

a. Individual: Awards are given to the champion and runner-up for each weight class in all three styles.

b. Team Award: Individual awards are given to each member of the overall first place team and second place team (to include the coaches, team trainer and OIC) based upon the team standings previously outlined in Para (8).

15. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP:

Roster not to exceed 38 individuals: 10 Greco-Roman Wrestlers (one per weight class) 10 Freestyle Wrestlers (one per weight class) 10 Women Freestyle (one per weight class) 2 Coaches Greco-Roman 2 Coaches Men's Freestyle 2 Coaches Women's Freestyle 1 Certified Trainer/Doctor <u>1 OIC</u> TOTAL: 38

Note: Rosters must be submitted NLT four days prior to championship report date.

16. <u>TEAM COMPOSITION FOR CISM World Military Championships</u>: (Subject to change based on Host Nation invitation)

- 10 Greco-Roman Wrestlers (one per weight class)
- 10 Freestyle Wrestlers (one per weight class)
- 10 Women Freestyle (one per weight class)
- 3 Coaches
- 1 Certified Athletic Trainer/Doctor
- 1 Team Captain
- 1 Combined Sports Committee Member
- 3 UWW Referees
- TOTAL: 40

17. SELECTION PROCESS - CISM:

a. Athlete Selection Process.

1) The gold medalist within their respective weight class advances to higher level competition. If the gold medalist is not available, the silver medalist advances. If neither gold nor silver medalist is available, the weight class will not be filled unless the AFSWG votes on an exception to policy to allow another qualified athlete to substitute. All athletes advancing to higher-level competition must compete at the Armed Forces Championship.

2) <u>Dual Medalists</u>. Any wrestler winning both the Greco Roman and Free Style events at the Armed Forces Championship must declare which style he will wrestle in at CISM. This declaration will be made prior to the conclusion of the Armed forces Championship. The silver medalist, in the style that the gold medalist does NOT select, will be eligible to advance to

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CISM. If both the gold and silver medalists are no longer available, the AFSWG shall determine whether to look at the third place finisher or leave the weight class vacant.

b. Coaching Selection. The Head Coach for the Armed Forces Team shall be the overall winning Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). The Assistant Coach of the Armed Forces Team shall be the overall second place Head Coach of the Armed Forces Championship (subject to review by the Service Representatives at the Championship). If the winning coach is not available, the second place team coach shall serve as the Head Coach of the Armed Forces Team. Service Reps shall vote on the Assistant Coach for both positions, if neither the first nor second place coaches are available.

18. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer and the Armed Forces Sports representative at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted. Once finalized, the Service team is required to send the electronic roster to the Armed Forces Sports representative prior to the start of competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at: www.armedforcessports.defense.gov

19. <u>ALCOHOL POLICY</u>: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony

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is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

20. <u>ICE-BREAKER SOCIAL</u>. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

21. <u>HANDLING OF RULE VIOLATIONS</u>: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

22. SAFETY REQUIREMENTS:

a. Service Branches are highly encouraged to bring their own medical personnel to the competition.

b. The host Service shall have a physician, Certified Athletic Trainer (ATC), or physician assistant who are familiar with wrestling and wrestling related injuries present at all matches. A head physician shall be designated at the host site. At weigh-ins, two to three medical professionals to include one physician are required to inspect each competitor for infectious skin problems. The Head Physician shall make the final decision on whether participants can wrestle if they have an infectious skin condition.

c. Due to the risk of injury, the host Service shall secure an ambulance on site.



ADVANCEMENT FORM FOR HIGHER-LEVEL CONUS COMPETITION

PLEASE READ CAREFULLY BEFORE COMPLETING THIS FORM

Participants must attest to their availability for the advanced competition by completing and turning in this Advancement Form prior to the Armed Forces Championship Organization Meeting. This will allow the Armed Forces Team Selection Panel a complete list of fully available candidates prior to the scheduled Armed Forces Team Selection Meeting. Participants competing in CISM Championships hosted in the United States must have in their possession, proper military uniforms. Failure to submit this form will disqualify participants in advancing to higher level competition.

PLEASE CLEARLY PRINT INFORMATION

NAME	RANK	SERVICE
DUTY STATION		RN
WORK PHONE	E-MAIL	
PERSONAL PHONE	E-MAIL (2)	
FULL TRAVEL NAME (First, middle, last)	DOB:
Are you authorized and committed to ad competition, if selected?	Ivance to higher-level	YesNo
If you answered "Yes", complete all entries of if you are not available for higher-level co Representative.		
Sizing Requirements: Warm-up Jacket	(M) (W) Pant (M) (W)	Competition Uniform
T-shirt (Unisex) (W) Polo (I	M) (F) Shorts (Unis	ex <u>)</u> Shorts (F)
I currently HAVE/DO NOT HAVE the follo	owing items in my possession fo	r CISM competition:
 ✓ Proper Military Uniform (for CISM e 	events)	Yes No
✓ Military ID Card		YesNo
<u>IMPORTANT COMMITTMENT NOTE</u> : If, after the verifiable military or personal emergency, you we year.		
Signature	Date	
FOR COMBAT SPORTS ONLY (Wrestling, Ju	ido & Taekwondo)	
Certified Weight on Final Day of Training Car NOTE: Competitor must be within 7% (or less) of their be established by the Head Coach.		uirements more restrictive than the 7% may
Signature of Certifying Medical Official (Print	Date t Name and Sign)	_
	Date	
Signature of Team Captain (Print Name and S	Sign)	



ADVANCEMENT FORM FOR HIGHER-LEVEL - INTERNATIONAL COMPETITION

PLEASE READ CAREFULLY BEFORE COMPLETING THIS FORM

The Foreign Clearance Guide will dictate the requirements of VISA's, passports, and/or other required documents such as NATO travel orders. Armed Forces participants must report to the Armed Forces Championship with required travel documentation and proper military uniform in their possession when a CISM Championship immediately follows an Armed Forces event. Participants must attest to their availability for the advanced competition by completing and turning in this Advancement Form prior to the Armed Forces Championship Organization Meeting. This will allow the Armed Forces Team Selection Panel a complete list of fully available candidates prior to the scheduled Armed Forces Team Selection Meeting. Failure to submit this form will disqualify participants from advancing to higher level competition.

PLEASE CLEARLY PRINT INFORMATION

NAME	RANK	SERVICE			
DUTY STATION	AIRPORT FOR RETURN				
WORK PHONE	E-MAIL				
PERSONAL PHONE	E-MAIL (2)				
FULL TRAVEL NAME (First, middle, last)		DOB:	_		
Are you authorized and committed to advance competition, if selected?	ce to higher-level	YesNo_			
If you answered "Yes", complete all entries on the form not available for higher-level competition, simply sign i			ı are		
The following information is needed for VISA	A purposes:				
Are you a U.S. Citizen? Yes No If ye	ou answered "No", what country	?			
Sizing Requirements: Warm-up Jacket (M)	(W) Pant (M) (W)	Competition Uniform			
T-shirt (Unisex) (W) Polo (M)	(F) Shorts (Unisex) _	Shorts (F)			
I have in my on-site possession the followin apply if CISM event does not immediately fo			<u>not</u>		
✓ Passport (not expiring within 6 months)	of travel date)	YesNo			
✓ Proper Military Uniform (for CISM even	ts)	Yes No			
✓ Military ID Card		Yes No			
<u>IMPORTANT COMMITTMENT NOTE</u> : If, after being selected, you opt not to advance with the team for reasons other than a verifiable military or personal emergency, you will become ineligible for Armed Forces higher-level competition the following year.					
Signature	Date	_			
FOR COMBAT SPORTS ONLY (Wrestling, Judo &	<u>a Taekwondo)</u>				
Certified Weight on Final Day of Training Camp NOTE: Competitor must be within 7% (or less) of their resp be established by the Head Coach.	ective competition weight. Weight requireme	ents more restrictive than the 7% i	may		
Signature of Certifying Medical Official (Print Nar	Date ne and Sign)				
	Date				





Participation at Armed Forces Championships and membership on a United States Armed Forces Sports team is an honor and privilege - a distinction few achieve. The responsibilities include obligations to do my best for my branch of the Service, the United States Department of Defense, my country, the international military sports family, and myself.

To this end, I pledge to uphold the spirit of this Code of Conduct, which offers a general guide to my conduct as a member of the Armed Forces Sports program. I recognize that this Code does not establish a complete set of rules nor prescribe every aspect of appropriate behavior.

By signing this Code of Conduct, in its unaltered form, (1) agree to abide by this Code and the instructions of those appointed over me; (2) understand that the Uniform Code of Military Justice shall apply as I am on official Department of Defense Travel Orders, and (3) acknowledge that the Code applies immediately upon my signing this document for the duration of the Armed Forces Championship, training camp and through higher level competitions and events.

I Pledge to:

• conduct myself in the most professional manner expected of those serving in the U.S. Armed Forces during the Armed Forces Championship and through all higher levels of competition.

• arrive at the Armed Forces training site on-time, with proper uniforms, current passports, and necessary paperwork for overseas travel.

• act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct.

• maintain military standards of bearing, behavior and grooming throughout the period of my assignment to this program to include, but not limited to, times of travel training camps, and championships.

• maintain a level of fitness and competitive readiness which will permit my performance to be at the maximum of my abilities, failure to make or maintain competitive weight in applicable sports by closing date of training camp will result in removal from Armed Forces roster and immediate return to duty station, with any items of issue immediately returned to the team captain.

• avoid criminal behavior.

• refrain from all behaviors/actions that are offensive, abusive, discriminatory and all those behaviors/actions that would violate all Department of Defense and Service policies/regulations pertaining to Sexual Harassment and Sexual Assault.

• not use any medication, supplement, or product containing ingredients listed within the World Antidoping Agency (WADA) prohibitive substance list. For more information or questions, please see your team medical staff or visit the WADA website at: <u>http://www.wada-ama.org</u>

• abide by the WADA code prior to, during and after Armed Forces and CISM competitions.

• refrain from the use of, or the providing of alcohol or drugs in violation of local or national law or military regulations.

• respect the property of others whether personal, public or government.

• respect members of my team, other teams, spectators and officials, and engage in no form of verbal, physical abuse or hazing.

• follow my team rules, regarding curfew and required attendance at team meetings or functions, and any other rules established by the coach, team captain, and/or Chief of Mission.

• wear designated military, team and civilian apparel at official functions such as the opening ceremonies, closing ceremonies, press conferences, and other occasions as directed by those appointed over me (do not trade team apparel until authorized by team captain);

• refrain from obligating the U.S. Government for any purpose, financial or otherwise.

• act in a way that will bring respect and honor to the team, the U.S. Department of Defense, the United States and this championship.

• acknowledge that if I leave for any reason other than a family emergency, call back, or verifiable injury, I face consequences as stated in my affirmation.

• remember that at all times I am an ambassador for my sport, my country and the international military sports program.

Relations with the Media and Event, Team and Program Sponsors

The Armed Forces Sports Program benefits significantly from the support of the general public, corporations and the media. Recognizing that my primary responsibility is my competitive readiness, I nevertheless understand that it is in my personal interest, as well as that of my sport and the U.S. Military, to cooperate with the media and with event, team, and program sponsors. When requested by the Mission Chief of the Team, or their designee, I will participate in media and sponsor-related activities.



Armed Forces Sports Participant Code of Conduct

United States Military Athlete Code of Conduct Affirmation:

I have read and accept this Code of Conduct and guide to media relations. I agree to the rules and guidelines stated in these documents as a condition of my participation at Armed Forces Championship as well as being named and remaining a member of the U.S. Armed Forces Team. I understand that I am on official Department of Defense travel orders, subjected to the Uniform Code of Military Justice and that non-compliance of the expected standards of conduct by anyone representing my Service branch and the Armed Forces during all Armed Forces events including the championship, higher-level trial camps or competitions will result in corrective action as determined by the Armed Forces Sports Council/Working Group may include but are not limited to: written reprimand, removal from official roster for that event, removal from the Armed Forces Sports program for one (1) year or longer, and/or being permanently prohibited from participating in the Armed Forces Sports Council/Working Group and I may be subject to further action by my command to include disciplinary action under the Uniform Code of Military Justice.

Signature	Date

Printed Name

Date



ARMED FORCES CHAMPIONSHIP ALL-STAR SELECTION CRITERIA AND VOTING

COMPETITION:_____ DATE:_____

ALL-TOURNAMENT TEAM

			Votes by Service						
POS	NAME OT ATHLETE	SERVICE	ARMY	USMC	NAVY	USAF	USCG	Tournament Director	Can Go Forward?



ARMED FORCES CHAMPIONSHIP ALL-STAR SELECTION CRITERIA AND VOTING

COMPETITION:_____ DATE:_____

ARMED FORCES ALL-STAR TEAM TO NATIONAL OR CISM CHAMPIONSHIP

			Votes by Service					
POS	NAME OT ATHLETE	SERVICE	ARMY	USMC	NAVY	USAF	USCG	



1. Project Officers shall ensure the following items are provided and completed:

a. Billeting is arranged at host installation during training camp. For non-CISM events, project officer is responsible for arranging billeting at the competition site, unless otherwise directed by the Armed Forces Sports Office or the Host Service Athletic Director. If billeting is not provided for free, billeting shall be arranged at the GSA per diem rate.

b. Provide meals and incidental expenses per funding guidance listed in paragraph 9 of the Armed Forces Sports SOP. Rates shall be per the following guidance:

1) Meals and Incidentals shall be provided by the hosting Service at the appropriate rate per the JTR (Reference c). When hosting the training camp on the installation, the GSA onbase rate shall apply to cover the cost of the dining facilities.

2) If meals are provided to the athletes, only the incidental rate shall be paid. CONUS incidental rate is \$5.00/day. OCONUS incidental rate is \$3.50/day. The OCONUS incidental rate of \$3.50 applies when participants are housed on a U.S. military installation or lodging and messing is provided by the host nation. JTR authorizes the use of the \$3.50/day if the Authorizing/Order-Issuing Official (AO) determines that a reduced rate for incidental expenses is adequate. The reduced incidental expense rate must be stated in the traveler's orders (reference c, para 020304, F on page 2-35). Reduced incidental expense rates do not apply to the days traveled by the participant.

3) If dining facilities are not available for three meals per day, then the GSA proportional rate shall apply. If dining facilities are utilized, arrangements must be made to authorize civilian staff members (coaches, trainers, etc.) to use facilities.

4) Travel to and from competition from the training camp shall use the GSA rate for the temporary duty site per JTR.

5) Sample calculation for the following scenario:

a) The Armed Forces Men's Soccer team (roster of 22 personnel) is training for 10 days at NAS Mayport, FL and will compete at the CISM Championship in Rio de Janeiro, Brazil for seven days (including travel to/from). At NAS Mayport, lodging is available at \$35/night per athlete and messing is available and directed at the installation's dining facility. At CISM, the host nation is providing all meals at no cost to the delegations. The following shall be used for determining expenses:

1) Lodging: 22 people x \$35/night x 9 nights = \$6,930.00

- 2) Meals and Incidentals (M&IE):
 - a) Training Camp: 22 people x 10 days x \$19.60/day (on-base per diem rate) = \$4,312 (\$196.00/person)
 - b) CISM (7 days including 2 travel days):
 - 1) Travel day M&IE is 75% of full rate to/from Rio de Janeiro = \$123.00 x 75% = \$92.25/day x 2 days = \$184.50/person



ARMED FORCES SPORTS TRAINING CAMP CHECKLIST

- 2) TDY/TAD rate is \$3.50/day, the standard OCONUS incidental rate. Meals are provided. \$3.50 x 5 days = \$17.50/person.
- 3) Total calculation: 22 people x (\$184.50 travel M&IE + \$17.50 TDY/TAD Incidental rate) = \$4,444.00 (\$202.00/person).
- c) Total M&IE for training camp and CISM = \$8,635.00 (\$392.50/person)
- 6) Per Diem rates can be found at the following link: <u>http://www.defensetravel.dod.mil/site/perdiemCalc.cfm</u>
- c. Arrange transportation to include:
 - 1) Local transportation at training camps.
 - 2) Transportation to and from higher-level competition.

3) Travel rates can be found at: <u>https://mygovtrip.com</u> or <u>https://www.gsa.gov/travel/plan-book/transportation-airfare-pov-etc/city-pair-program-cpp</u>

- d. Securing scrimmage competitions and training facilities for all team sports.
- e. Entry fees to higher level activities.
- f. Purchase competitive uniforms (see paragraph 8.d.10).a).9) of Armed Forces SOP).

a) Host Service is responsible for purchase of all competitive uniforms. Uniforms for higher-level competition are purchased annually with athletes retaining all uniforms and issued items upon completion of each competition. Armed Forces Sports will provide you the maximum allowable expense for competitive uniforms as listed in appendix (N) of the SOP.

b) At the request of the proponent Service, AFSCS will issue an authorization letter to the Service Representative and the Host Project Officer 90 days prior to the Armed Forces Championship. The team captain in coordination with the Service Representative and the Host Project Officer will distribute the issue items to the team delegation and will return all unused excess items.

c) Armed Forces Teams advancing onto National Championships will use the Armed Forces Sports emblem on their competitive uniform and "USA" on their bags and warm-ups as applicable.

g. Project officer shall ensure Team Captain is issued Code of Conduct Forms (appendix D); Team Captain LOI (appendix G); Team Captain Booklet (appendix H); Chief of Mission LOI (appendix I); Chief of Mission Booklet (appendix J); Military Uniforms Equivalent Chart (appendix K); Anti-Doping Declaration Form (appendix L); Anti-Doping Brief (M); and Armed Forces and CISM Flag/Marching Protocol (appendix O).

2. For further information, please contact the Armed Forces Sports Office at <u>steven.a.dinote.naf@army.mil</u> or <u>kenneth.j.polk.naf@army.mil</u>.

ARMED FORCES SPORTS COUNCIL DEPARTMENT OF DEFENSE



8 December 2021

IMWR-AFS

MEMORANDUM FOR Armed Forces Team Captains and Coaches

SUBJECT: Team Captain and Coach Letter of Instruction (LOI)

1. This LOI outlines the responsibilities of coaches and team captains of Armed Forces Sports teams, summarizing standards of conduct and emphasizing expectations of these leadership positions. Anything less than full compliance may result in removal from the position.

2. The Armed Forces Standard Operating Procedure (SOP) dictates procedures for selection of Armed Forces team captains and coaches (Para. 8.d.(6)-(7)).

3. An Armed Forces team is a highly visible military representative to many civilian and other military organizations. All team members represent their Service and the Department of Defense and are expected to enhance the prestige of the Armed Forces and its traditions. Team leaders are expected to ensure the following:

a. To be eligible for advancement to CISM, all Service members must arrive at the Armed Forces training site on-time, with proper military uniforms, current passports, and necessary paperwork for overseas travel. Any athlete, coach or team captain failing to comply will be removed from the official roster and returned to their home duty station.

b. Grooming standards for active duty coaches, trainers, players are maintained at or above military standards

c. Team members are on their best behavior at all times and shall comply with the Armed Forces Sports Participant Code of Conduct.

d. Show complete impartiality to all team members regardless of original service. For coaches, the best players and team must be put forward. The opportunity to coach the Armed Forces team must not be abused, or used to develop allegiance from players selected from the coach's respective service. There will be no double standards for any team members.

e. Know the whereabouts of all team members at all times and must maintain reasonable curfews. Curfews must be established to ensure a minimum of eight hours of rest. All coaches and players must billet at the same location provided by the hosting agent unless the entire team relocated due to unsafe or unsanitary conditions.

f. Leave or liberty is not authorized for to any athlete, coach or team captain participating in an Armed Forces training camp or higher level competition (CISM, SHAPE or Nationals). Participants may only leave a training camp or higher level competition for a Red Cross Emergency or an operational duty commitment (action coordinated through the host service project officer and respective service representative).

g. Adding and/or cutting athletes shall be in compliance with the Armed Forces Sports SOP.

h. Close monitoring of athletes in applicable sports to ensure competitive weight is maintained.

4. All coaching staff must be present during all trial/training camp, scrimmages, and competitions. The coaching staff and team captain must travel with the team to all games and functions. The team captain must be at the training camp and the competition if the team is not located on a U.S. Military Installation. If on a U.S. military installation and if all Services agree, the local sports director may assist with administrative needs until the team captain joins the team

5. The team captain must work with the coach to ensure all athletes have checked out of the billets/hotel, paid any personal obligations incurred during stay, and ensure all vehicles are returned. Athletes are not authorized to remain at a championship once the team has departed (unless the individual has official documentation authorizing leave in the local area), even if their travel order dates take them through the completion of the event. The coach and team captain must be the last to depart a competition.

6. The Armed Forces Sports Office issues clothing for all members of the delegation. It is mandatory for all team members to wear these items in a competition setting or to all official events. Delegation must wear khaki slacks and Armed Forces polo shirt to all informal banquets and functions. If traveling overseas, the team should wear the khaki slacks and a polo shirt. Safety is key when traveling and travelers should practice sound OPSEC. The coaches and team captain must enforce this standard.

7. CISM championships require the U.S. team to act as an ambassador while in the host country. The U.S. team must strive to uphold the CISM motto "friendship through sport." All official functions require mandatory attendance by the entire delegation with all in designated attire. Prescribed military uniforms are required.

8. All delegation members must receive Anti-Terrorism Level 1 and SERE 100.2 Level A training prior to OCONUS travel. These trainings are offered at http://jkodirect.jten.mil/. For Anti-Terrorism Level 1, search the course number JS-US007. For SERE 100.2 Level A, search J3TA-US1329. In addition, ISOPREP is now required for most COCOM's. Visit: https://prmsglobal.prms.af.mil/prmsconv/Profile/Survey/start.aspx to complete this requirement. ISOPREP is normally valid for one year, but some COCOM's require it every six months. Always best to update when you are planning to travel OCONUS. Those with an established profile may need to contact their security officer to verify that all information is accurate.

9. Any non-compliance of the expected standards of conduct will result in corrective action as determined by the Armed Forces Sports Working Group per the Armed Forces Sports SOP. Actions may include, written reprimand, removal from official roster for that event, removal from the Armed Forces Sports program for one (1) year, or permanently prohibited from participating in the Armed Forces Sports program. In addition, the participant's command will be notified of any disciplinary action. Please be reminded that all Service members and civilians are on official Department of Defense orders and their official place of duty is their assignment to the Armed Forces Team. The Uniform Code of Military Justice shall apply to all uniformed personnel. Department of Defense civilian employees are subjected to their respective Service human resource policies.

10. If any questions arise prior to you going, or once at the CISM Championship you can contact me at (210) 466-1335, or my cell at (210) 238-9919, or via e-mail at <u>steven.a.dinote.naf@army.mil</u>. You can also get more information about the program by logging on at <u>www.armedforcessports.defense.gov</u>. All required forms can be downloaded from this web site. As outlined in the Team Capt LOI, the team captain must be the last one to depart a CISM or National Championship, while ensuring that team members have been squared away concerning their departures. Thank you for your support of the Armed Forces Sports program.

5/2

STEVEN A. DINOTE U.S. Chief of Delegation to CISM U.S. Armed Forces Sports Secretariat

Affirmation:

I have read and fully understand my duties and responsibilities as a team captain or team coach as outlined in this Letter of Instruction, IMWR-AFS Memorandum For Armed Forces Coaches and Team Captains.

Signature

Date

Printed Name

Sport



8 December 2021

IMWR-AFS

MEMORANDUM FOR Armed Forces Team Captain

SUBJECT: Team Captain Booklet for Higher Level Competition

1. On behalf of the Armed Forces Sports Council (AFSC), congratulations on being selected as an Armed Forces team captain. Being a team captain can be very rewarding, but there are numerous responsibilities and duties you must fulfill. Please review this information booklet carefully. Most of this information is for Team Captains going to the International Military Sports Championships (known as CISM) but it also has applicable information for Team Captains taking Armed Forces Teams to National competitions within the U.S.

2. The role of the Armed Forces team captain (TC) is to act as the team administrator and action officer. You are responsible for the overall transportation, billeting, safety, and wellbeing of the team. This role is crucial to the success of the team. You are expected to be able to juggle many separate requests and tasks concurrently. Your confidence and ability to handle any obstacle will serve invaluable to ensure that the U.S. Armed Forces Team is successful not only in competition, but in maintaining the highest values of the United States Armed Forces.

- 3. Some important duties as TC include:
 - a. Coordinate travel of team members.
 - b. Ensure team members have all necessary military uniforms
 - c. Ensure all members of the U.S. Delegation attend all competitions and ceremonies
 - d. Ensure athletes are informed of dress requirements
 - e. Ensure the athletes represent the Armed Forces and U.S. in a positive manner

f. Handle all athlete requests and coordinate with the host nation organizing committee for any actions

g. Coordinate payment of travel day per diem/incidentals to team members with the exception of referees

h. Verifies weight standards for combat sports.

i. Coordinate any problem with your Chief of Mission (COM). The Armed Forces Sports Council has authorized each COM to send an athlete back to his/her units for misconduct or not making weight for a combat sport. All the applicable information is included in the COM's information booklet. Make contact with your COM preferably via phone prior to departure for the CISM championship. 4. One area that is often overlooked is the role of publicist and public affairs. This role tells the entire Department of Defense and sports community the story of your team. It is imperative that you take the time to submit an event wrap-up within 3 working days after the competition to ensure we get accurate and timely results to national press, websites, and other information sources. With the rise of social media, it is important that you find ways to provide photos and results after each U.S. competition or direct AFS to the appropriate web links covering these events. Some of the key things to include are:

a. Number of countries competing in the CISM Championship

b. Overall finish of our team (with times when applicable)

c. Put names of any individuals separately when they have done something noteworthy i.e. win a medal, named to the all star team, or any other individual honor bestowed. Need complete name, rank, service, and duty station

d. An overall synopsis of the results of the championship

e. Remember – you are the eyes and ears of the Armed Forces Sports Office – no one can tell the story better than you!

5. Please send your report to Mr. Ken Polk, Media Relations, Armed Forces Sports Office via email to <u>kenneth.j.polk.naf@army.mil</u>. Please attach action pictures (jpeg, tif, etc) as part of your submission with cut lines identifying our athletes by name, rank, service, and duty station. If you do not have a computer, or scanner available, you can mail the pictures to the Armed Forces Sports Office. If someone other than you took the pictures, ensure that you have their permission to release them. Please ensure that these are action shots (high resolution).

6. If any questions arise prior to you going, or once at the CISM Championship you can contact me at (210) 466-1335, or my cell at (210) 238-9919, or via e-mail at <u>steven.a.dinote.naf@army.mil</u>. You can also get more information about the program by logging on at <u>www.armedforcessports.defense.gov</u>. All required forms can be all downloaded from this web site. As outlined in the Team Capt LOI, you must be the last one to depart a CISM or National Championship, while ensuring that team members have been squared away concerning their departures. Thank you for your support of the Armed Forces Sports program.

STEVEN A. DINOTE U.S. Chief of Delegation to CISM U.S. Armed Forces Sports Secretariat

CISM INFORMATION

Brief History of CISM:

Despite the French name, the Conseil International du Sport Militaire (CISM) is in reality based upon an American idea. At the end of World War II, the American Commander in Chief, General Joseph McNarney was searching for a means to bridge the language and cultural barriers, and bring together the widely diverse allied forces in Europe into a cohesive and cooperative force. He recalled the highly successful Allied Forces Sports Council (AFSC), which General Joseph Pershing created at the end of World War I, when faced with a similar problem. General McNarney revived the concept and it was an instant success. Allied Forces from Western and Eastern Europe competed against each other on the playing field in perfect harmony.

In 1947 political storm clouds appeared on the horizon. Russia and other eastern countries withdrew. Then England and America withdrew. Thereafter, the AFSC rapidly disintegrated. Only a handful of nations, who had clearly seen the potential of sport bringing together the Armed Forces of the world refused to let the idea perish.

The French Armed Forces organized a meeting, February 16-18, 1948, in the city of Nice and invited all countries interested in forming a permanent military sports association to attend. Belgium, Denmark, Luxembourg, and the Netherlands participated. By the end of the meeting, statutes and regulations for a worldwide organization were drawn up and ratified. From those five "founder nations" CISM has grown into an organization of 139 nations today. This makes it the world's biggest military organization and the second biggest sports organization next to the International Olympic Committee.

Aims and Objectives:

The aim of CISM, while setting a good example in each member country, is the encouragement of military sports and the development of friendly relations between the Armed Forces of the various fields related to sport and physical fitness.

CISM:

- Establishes permanent relations between Armed Forces for the exchange of ideas and encourage research in various fields related to sport and fitness.
- Entrusts the member nations with the organization of the numerous sport championships and meeting organized under is auspices.
- Encourages and supports all measures designed to establish and reinforce friendly relations between military participants and promote activities designed to increase understanding, mutual respect, and friendship between nations.

CISM Motto:

This quote from the famous French writer, Jean Giraudox, once himself a famous military athlete, has been adopted by CISM as its official motto:

SPORT means peace SPORT is the opposite of war

SPORT is the cure for war SPORT is international SPORT brings nations closer

In summary, CISM is endeavoring to substitute the playing field for the battlefield. In the 1990's CISM shortened the CISM motto to "Friendship Through Sport."

CISM Sports Calendar:

Like the Olympic Games, CISM holds a Military World Games competition every four years (the year prior to the summer Olympics). The first games were held in 1995 in Rome, Italy; the 2nd games in Zagreb, Croatia (1999); the 3rd games in Catania, Italy (2003); the 4th games in Hyderabad, India (2007); the 5th games Rio de Janeiro, Brazil (2011); the 6th Games in Mungyeong, South Korea (2015); and the 7th Military World Games held in Wuhan, China. CISM also conducts World Military Championships in 26 different sports annually. The U.S. usually participates in the following CISM Championships, and hosts 1 to 2 World Championships each year:

Sports Participated by the U.S. at CISM:

Military Sports Parachuting Shooting Orienteering Modern Pentathlon Archery*	Individual Sports Cycling Marathon Cross Country Track and Field* Triathlon Golf Swimming/Lifesaving*
	Skiing (Biathlon/Cross Country)

Combat Sport

Taekwondo Wrestling Judo Team Sports

Basketball (M & W) Volleyball (M & W) Soccer (M &W) Sailing

* Includes Para-Sports

Official Language:

CISM official business in conducted in English and French, the two official languages, to include presentations, publications, and meetings. Arabic and Spanish are also used at meetings if the need arises.

Flags and Music:

CISM has its own flag, march and anthem. The flag is white with a blue border. The CISM logo is prominently centered on the flag. Mrs. Carla Foniutti of Italy composed the anthem and the march by Lt. Commander L.S. Lawton (U.S. Navy). The march is played at all championships when the CISM flag is carried on the field. The anthem is played while the flags of participating nations are raised and lowered and all other ceremonies. It is CISM protocol for all to stand at attention during the playing of the CISM anthem and other foreign anthems. Personnel shall only salute the U.S. Flag.

CISM Headquarters:

The Secretary General is located at the headquarters in Brussels, Belgium. Secretary General is Col Mamby Koita (Guinea) conducts the day-to-day activities with his staff.

CISM Leadership:

The member countries have elected their leadership from among qualified military officers and government civilians throughout the world. The United States CISM Chief of Delegation is Mr. Steven Dinote, who is also the Armed Forces Sports Council Secretariat.

The CISM President is currently Colonel Hervé Piccirillo from France.

CISM Sports Committee (CSC):

Each CISM sport has an established CSC. The CSC is responsible for all technical aspects of the specific sport to include rules of play, competition safety, course (competition) layout, etc. At each competition the CSC President and respective committee will ensure fair and proper competition.

TEAM CAPTAIN INFORMATION

1. <u>Appointment of Team Captains</u>: For higher-level competition (CISM, SHAPE Men's Basketball or Nationals), a team captain is appointed. This person is an officer or civilian equivalent. The team captain remains in the Armed Forces training camp with the Armed Forces team, or travels with the team if the training camp is not located on a U.S. military installation. If the Armed Forces training camp is held on an installation, the local sports director may assist with administrative needs until the team captain joins the team. Each team captain, coaches and athletes sign the appropriate forms for higher-level competition. They agree to strictly adhere to all the rules outlined.

2. <u>Code of conduct and Higher Level Availability Forms</u>: All applicable forms for athletes, coaches and team captains that must be signed can be downloaded from our web site. It is your responsibility to download all the forms at <u>www.armedforcessports.defense.gov</u>. All the forms need to be signed prior to going to the Armed Forces training camp, or if no training camp, prior to going to the CISM Championship. It is the responsibility of the team captain to keep these forms for everyone that is on the Armed Forces Team through the respective higher-level competition. If for some reason the web site is down please call the Armed Forces Sports at 210-466-1335 <u>steven.a.dinote.naf@mail.mil</u> or 210-466-1336 <u>kenneth.j.polk.naf@mail.mil</u> and forms will be forwarded via e-mail to you.

3. Ensure everyone on the team receives and completes a Unites States military sports athlete code of conduct form. The team captain keeps all completed forms in a folder until the end of the championship. Along with the Chief of Mission (if available) conduct a briefing highlighting the major points of the code of conduct to the team members, so that all are aware of their individual responsibility to the team, the Armed Forces Sports program, the Department of Defense and to the United States of America.

4. CISM Representative:

a. A CISM Board of Director member or a member of the CISM Staff is appointed to represent CISM officially at each of the events scheduled on the calendar. If, at the last moment, the Official CISM Representative (OCR) appointed to represent CISM in an event is unable to attend the event, the highest ranking Chief of Mission or in his absence, a delegate present of the nations invited will take over the representation. Be prepared to inform the Chief of Mission of this responsibility in the event they are asked to represent CISM. Ensure they are experienced in CISM.

b. If there are any problems at the Championship you and the COM must try to work it out with the liaison assigned to your team. This person will speak English and will try to resolve the problem. If the problem cannot be resolved at this level then go to the Head of the Organizing Committee, and then finally if still not resolved, you have the authority to get the CISM rep involved. If this procedure is not followed, further action cannot be taken against host country by CISM. If a problem does not get resolved by the CISM rep, document your action and send me an e-mail after you get back.

5. <u>Responsible Authorities</u>. The following authorities are responsible for the direction of a CISM competition:

- a. Official CISM Representative,
- b. Competition Organizing Committee,
- c. Technical jury
- d. Jury of Appeal.

e. Their functions are described in detail in the technical regulations governing each competition. However, for the jury of appeal, if three (3) CISM delegates from different countries are absent, the CISM delegates present completes it.

6. <u>Regulations Governing Competition</u>. Unless special authorization is granted by the General Assembly, all competitions are governed by the Special Regulations established by CISM.

7. <u>Opening Ceremony</u>. Any military ceremony prescribed by the protocol of the host country will be adhered to. The CISM flag is solemnly hoisted near the flags of the participating countries. The CISM anthem is played at the moment the CISM flag is hoisted. While the teams file by, the CISM march is being played. Depending on the protocol of the host country, opening of the competition is declared by either a high military or civilian official of the country or by the official CISM representative.

8. <u>Closing Ceremony/Awards</u>. According to the circumstances, the closing of a competition may either be accompanied by a military ceremony similar to the opening ceremony, or may be coupled with the distribution of awards during the closing dinner.

a. CISM gold, silver, and bronze medals are presented to the athletes. If a Team trophy is won by the U.S. then you make the decision with the COM on where it will be displayed back home, and inform the AFSCS. You may also elect to send the trophy to the Armed Forces Sports Office. If U.S. team wins a rotating team trophy (e.g. Modern Pent) please have country contact the AFS office. Do not agree to any shipping, since we have had problems in this area.

9. <u>Uniform</u>. Appropriate Military uniform (winter or summer) as dictated by host country in their invitation, is always worn at opening ceremonies and normally at the closing banquet. Since Closing Ceremonies are done right after the competition, warm-ups are usually worn; otherwise it will be the military uniform. The military uniform must be worn at any official event. Civilian clothes (issued polo shirt with khaki pants or shorts) may be worn for cultural initiatives sponsored by the host nation. See appendix (K) of the Armed Forces Sports SOP for Service equivalent uniforms.

10. Delegation Security.

a. The host country is responsible for the safety of all delegations in attendance. All delegation members must receive Anti-Terrorism Level 1 and SERE 100.2 Level A training prior to OCONUS travel. These trainings are offered at http://jkodirect.jten.mil/ . For Anti-Terrorism Level 1, search the course number JS-US007. For SERE 100.2 Level A, search J3TA-US1329. In addition, ISOPREP is now required for most COCOM's. Visit:

<u>https://prmsglobal.prms.af.mil/prmsconv/Profile/Survey/start.aspx</u> to complete this requirement. ISOPREP is normally valid for one year, but some COCOM's require it every six months. Always best to update when you are planning to travel OCONUS. Those with an established profile may need to contact their security officer to verify that all information is accurate. b. Specific country information can be found at <u>www.travel.state.gov/travel</u> Click on the Consular Information Sheets to get all the info about the country where the championship is being hosted.

c. AFS office will take care of travel clearances to the host country, and provide a copy with any approvals to the TC. AFS will take care of Country Clearances and take care of VISA needs if it is required for entry to a particular country. The host nation is responsible for all security measures. However, you are required to ensure you have the appropriate point of contact information for the U.S. Embassy in the host nation. The AFS will provide this information to the team captain. AFS will also provide links for mandatory training requirements for country and theater clearances.

11. <u>Travel Uniform of Delegation</u>. Due to operational security and safe travel practices, civilian attire is required for travel. Dress must be consistent and all team members must adhere. Civilian attire in these circumstances shall still be professional in image, such as khaki pants, polo shirt, dress shirt, etc... Jeans are not authorized.

12. <u>Program</u>. Upon arrival, the delegations normally receive the following information material: a guide containing all necessary information for the duration of their stay, local currency info and conversion places (ATMs are normally accessible), time and place of church services. Also meal schedules, operating hours of the Information desk, available means of transportation and schedule, and so on. Also, an envelope containing the technical program, contest schedules, composition of juries, time and place for training, and so on.

13. Housing/Food.

a. The delegations will be housed under the best conditions possible, whereby the capability of the country and the rank of the guests will be considered. Normally Chiefs of Missions and Referees are housed separately from the Team Captain and athletes.

b. The food provided normally meets standards, but at times lacks in variety depending on host nation.

c. All countries will do their best job possible to provide adequate lodging and food but sometimes this does not measure up to American standards. Try to make the best of the situation for the short duration of your visit to this country.

14. Medical

a. Any medical issues should be worked through your Team Trainer who will coordinate with host organizing committee POC.

b. Milder medical cases are treated in the dispensary.

c. Severe cases are treated in a hospital equipped for complete examinations.

d. A massage and general conditioning room for the athletes is normally offered.

e. Host country will not provide treatment for anyone for an existing medical condition, but they are responsible for providing daily sick call.

15. <u>Local Travel</u>. The host delegation makes available all necessary transportation for delegation's travel during the championship. However, it is not obligated to assume responsibility for private travel.

16. <u>Arrival/Departure</u>. Any delegation that participates in a championship must strictly adhere to the arrival and departure dates. An exception may be made due to an act of God, or where an understanding with the host delegation has been reached and, if necessary, with the Host Organizing Committee. As a rule, the arrival time is fixed 24 to 48 hours prior to the beginning of the contests and the departure time is 24 to 48 hours following the conclusion of the championship. If there are radical changes made by the host country, be sure to notify the Armed Forces Secretariat.

17. <u>Anti-doping Information Form</u>: Each athlete must be briefed regarding banned substances (Appendices K and L) and sign the Anti-doping Declaration Form (Appendix K) attesting to the understanding of the policies. The forms are available on the AFS website. As the team captain, you must be aware of these substances and ensure each athlete is properly briefed on these prohibited substances and signs the form. There is random drug testing done at CISM Championships. If in doubt, the athlete should not take the substance (or stop taking it) and contact the Armed Forces Sports Office. The web site at <u>www.usantidoping.org</u> also provides the latest information. In 2011, a U.S. athlete tested positive for a stimulant found in an energy drink that was legally purchased over-the-counter at a national retail outlet.

18. <u>Mementos</u>: Mementos are an important part of any CISM competition. They provide an icebreaker to build "Friendship through Sport". Mementos include (CISM Only):

a. Lapel pins (each person will receive approx 20 pins)

b. Team captain mementos to exchange with other Team Captains and support staff of host nation)

c. Memento for host country (to be presented by COM at formal event scheduled by host nation)

d. Chief of Mission (COM) mementos (to be exchanged with other COMs)

e. If you are with a team sport or combat sport that has a pre-event exchange with opponent/s you will be provided appropriate number of items for exchange

f. NOTE: Please ensure that mementos are packed with carryon baggage.

g. Please inform team members not to give out everything in the first or second day. These mementos are to be used for exchanging throughout the competition. Same holds true of the COM mementos and team captains' mementos (various items). The COM's are to exchange them with other COM's as reciprocation, and not simply give them away. Team Captains can reciprocate with other team captains or use them as thanks to certain members of the organizing committee who deserve the honor. Please tell all Athletes not to trade their Warm-ups until the completion of the Closing Ceremonies. Warm-Ups are also worn for all medal ceremonies.

19. <u>Flags and National Anthem CD:</u> Each delegation receives 1-2 flags depending on the sport and a CD with the United States national anthem, only if the host country requests us to bring them in the invitation. Flag is used for the opening and medal ceremony. Please provide the flag and anthem to your host nation liaison upon arrival, but make sure that you get them back. Please get these items back as you will have the responsibility to return them to AFSCS within 10 - 15 days after you return to the U.S. Ensure that under no circumstances does the American Flag touch the ground or dip to another nation's flag or official.

20. <u>Officials</u>: The Armed Forces Sports Secretariat works with each sport's Chief, National Governing Bodies to nominate an U.S. official for respective CISM championships. They also receive a stipend for their services (prorated among the services). The Armed Forces Sports Office pays the stipend, makes all travel arrangements and cuts their orders for travel. We will usually try to connect them with the team's arrival to make it more convenient for the host country. All information on the officials will be provided to the team captain and he/she should meet/greet the officials and include them in all team activities based on their schedules at the championship.

21. Dress Code For CISM:

a. It is recommended that all U.S. delegation members wear Khaki pants with the CISM Polo Shirt, or warm up unless informed of a different dress code. Each delegation member is responsible for bringing their own khaki pants.

b. The appropriate military uniforms (summer or winter) will be worn at Opening Ceremonies and the Formal Banquet. Type of uniform is dictated by the host country in their invite. The warm up is normally worn at closing/medal ceremonies. However, sometimes it is the military uniform. Civilians on the team should take appropriate business attire (i.e men sport jacket and tie, women dress/skirt or pant suit). This would be worn when military wear their uniforms. Khaki pants or Khaki shorts (depending on the weather conditions) and the Armed Forces Polo Shirt will be worn for Cultural Day, or any other designated function.

c. Military Service members will adhere to service specific regulations in regards to earrings, grooming standards and attire.

d. The USA issued gear is considered the duty uniform.

22. <u>Passports</u>: The DoD Foreign Clearance Guide shall determine whether passports are required or if military participants are authorized to enter with their military ID card and orders. It is the team captain's responsibility to ensure each athlete has a current passport (Most countries will not accept a passport that is going to expire within 90 days of travel). Lack of a passport will render an individual ineligible for higher-level competition. Athletes must come to Armed Forces competitions with their passport for any sport that leads to CISM or SHAPE. Each service is responsible for ensuring that their respective athletes have valid up to date passports. If Visas are required then AFSCS will obtain them.

23. <u>Toiletries:</u> To avoid unnecessary expenses, make sure all delegation members bring a bath towel (or two), bar of soap, and a padlock as well as personal toiletries, over the counter medications, and adequate supply of prescription medications.

24. Uniforms Purchase & Apparel Issue:

a. The team captain will receive a letter from the Armed Force Sports authorizing purchase of competitive uniforms for the team. The Team Capt will provide sizing information on the team (with exception of referees) to AFSCS NLT 12 Working Days prior to the higher level competition. Along with the issue items, the team captain will receive a shipping document of all issue items that he/she needs to sign and return to Armed Forces Supply at Ft Indiantown Gap, PA. Exchange of items due to sizing problems can be worked with POC at Fort Indiantown Gap. Do not wait until the last minute to do this. It is the Responsibility of the Team Capt to ensure that all excess items are returned to the Gap prior to leaving for the CISM Championship. You do not have the authority to issue excess items to staff or keep anything without prior approval from AFSCS.

b. It is the team captain's responsibility to ensure all team members have their competitive uniforms and equipment (excluding firearms, bikes, etc) in their carry-on bag. Lost luggage should not hinder an athlete from participating in a running race, e.g. their shoes, shorts and singlet should be with them as carry-on. It is always good to pack at least two days' worth of change of clothing and undergarments in carryon luggage.

25. <u>Incidental Expenses and Lodging</u>: Delegation members attending CISM receive \$3.50 per day, the OCONUS incidental rate, as lodging, meals, and transportation are provided. The delegation will not move out of lodging provided by host country; instead the U.S. Chief of Mission will work problems with host nation's organizing committee and official representative from CISM. Payment for travel days are authorized the rates of the TDY/TAD site in accordance with the Joint Travel Regulations (JTR). Training Camp rates will be \$19.05 per day if training camp is on a military installation with a dining facility. If training camp is not at a military facility then GSA rates shall apply. Host Service for Armed Forces Championship would be responsible for paying all applicable rates and coordinate pro-rata with other Services

Enclosures:

Planning Checklist (Encl 1):

Enclosure (1) is a checklist of duties assigned to the team captain. Please use this as a guide to ensure the team is prepared for overseas travel. If you have any questions on the checklist, please contact the Armed Forces Secretariat at 210-466-1335 or 210-238-9919.

Contingency Funds (Encl 2):

A \$500 check is issued to each team captain only upon request. This is only for emergency situations. Such emergencies might include; bottled water (if not provided by host nation), transportation to or from the competition (if stranded at the airport), and replacement of lost airline tickets. This check is not authorized for team dinners/drinks, buying personal athletic equipment, or paying for sightseeing tours. The check should be converted to traveler's checks prior to leaving the U.S. It would also be beneficial for you to convert some of the money into the currency of the country you are traveling to. All paperwork and receipts with a memo explaining the expenses will be sent to AFSCS within 3 Working days after the team captain returns to the U.S. Check for the remaining balance will be made out to the Army MWR Fund. The exception to all of this is when the U.S. is hosting a CISM Championship. The team captain will go to the Host Project Officer for any emergency funding, who would include it as part of the host expenses.

<u>After Action Report (Encl 3):</u> The team captain is responsible for completing and submitting an after action reports following a championship. A report should be completed within NLT 30 days after the championship.

ENCLOSURE 1 – PLANNING CHECKLIST

UNITED STATES CISM SUGGESTED CHECKLIST

All items may not be applicable to your mission. If there are any items that are not clear, please contact the AFS Office

1. Planning Factors - (prior to departure)

- TDY/TAD Orders (proper endorsements from all services).
- *Include the statement "Excess Baggage Authorized"
- Immunization Records (Only if required for host nation).
- ____ Cash Cont Check prior to departure
- AFSCS fax or e-mail for disseminating results.
- CISM Mementos.
- U.S Flag and Anthem
- Copy of the host nation invitation
- Coordination of travel info with all team members
- Participant notification of Anti-Doping Regulations and signature on form Level I Anti-Terrorism briefing
- Appropriate military uniforms and khaki slacks (all of the delegation).
- Supplies for team trainer.
- ____ Visa/Passport requirements.
- Compile a list of departure times from host nation to be turned into liaison at championship

2. Meeting With Team Prior to Departure:

- Pass out CISM mementos and athletic apparel to athletes.
- Brief on conduct and appearance.
- Wearing of proper attire.
- Signature of all applicable higher level forms (Team Capt retains all forms for the duration of the championship)
- Safeguard of orders, valuables and issue items (these things are stolen if individuals don't keep a close eye on them).
- Ensures that each member of the delegation has Padlock or combination lock.
- Bring towels, soap, and basic toiletries.
- ____ Safety briefing on Host Country
- Ensure that Flag Bearer for opening ceremonies is selected by the team.

3. Arrival at Destination

Call AFSCS to confirm team arrival 210-466-1335, 210-238-9919 or e-mail steven.a.dinote.naf@mail.mil

Familiarize yourself with lodging, dining hall, training facilities, etc.

4. During the Championship

- Physical check on status of team on a daily basis
- ____ Attend daily Team Capt meetings and relay info to delegation as needed.
- Ensure that team is at proper locations and dressed as mandated by host nation.
- Maintain contact with COM and referees.

5. Preparation for Departure from Host Nation

Ensure that everyone has flight itineraries

Collect Flag and anthem from host nation POC

All are aware of billet clearing procedures and departure times and pick up points provided by host nation

6. Return to CONUS

____ Final recap with action pics to AFSCS within 3 working days after championship

Complete After action report to AFSCS within 30 days and can coordinate with COM if joint AAR.

Enclosure 2 – Contingency Funds

NONAPPROPRIATED CONTINGENCY FUNDS

\$ 500.00 NAF Check has been forwarded to:

The AFSC has directed that this amount cannot be exceeded. \$500.00 is for contingency/emergency use. This includes medical supplies, transportation in country (if not provided by the host country), laundry, and other items that, in your judgment, are required for the needs and benefit of the team during the trip. After completing the attached accounting form, the reimbursement of residual funds should be made by your personal check (DO NOT send cash or cashier's check).

Make payment to:

Army Morale, Welfare, and Recreation (MWR) Fund

Send to: U.S. Department of Defense - Armed Forces Sports 2405 Gun Shed Rd Building 2261, 3-58 BRD Fort Sam Houston, TX 78234-7588

Please cut and return signed bottom portion

I ______ acknowledge receipt of the contingency fund check and it authorized use for CISM Championships.

Date

Signature (Team Capt)

Please return this portion to:

U.S. Department of Defense - Armed Forces Sports 2405 Gun Shed Rd Building 2261, 3-58 BRD Fort Sam Houston, TX 78234-7588

Or email steven.a.dinote.naf@mail.mil

Enclosure 3 – After Action Report

CISM/National Championship After Action Report

Event Name:

Host Site:

Team Captain:

Phone:

- Attach roster of Armed Forces Team (full name, rank, service, duty station)
- Schedule of events
- Scores of all competitions
- Final team and/or individual standings
- Event Summary (Bullets) Covering such areas as:
 - o Total Attendance
 - VIPs attending
 - Problems Encountered
 - Suggestions or recommendations

It is the responsibility of the team captain to ensure that the after action reports is completed in a thorough fashion and forwarded to the AFSCS within 30 days.

Forward after action report to AFSCS:

steven.a.dinote.naf@mail.mil

Date:



8 December 2021

IMWR-AFS

MEMORANDUM FOR Armed Forces Team Chiefs of Mission

SUBJECT: Chief of Mission Letter of Instruction (LOI)

1. This LOI outlines the responsibilities of the Chief of Mission of Armed Forces Sports teams, summarizing standards of conduct and emphasizing expectations of this important leadership position. Anything less than full compliance may shed a negative light on the United States Delegation and possible removal from the position.

2. The Armed Forces Standard Operating Procedure (SOP) dictates procedures for the selection of Chiefs of Mission (CoM) (Para. 8.d.8)).

3. An Armed Forces team is a highly visible military representative to many civilian and other military organizations. All team members represent their Service and the Department of Defense and are expected to enhance the prestige of the armed forces and its traditions. Team leaders are expected to ensure the following:

a. To be eligible for advancement to CISM, all team members must arrive at the Armed Forces training site on-time, with proper uniforms, current passports, and necessary paperwork for overseas travel. Any athlete, coach or team captain failing to comply will be removed from the official roster and returned to their home duty station.

b. Grooming standards for active duty coaches, trainers, players are maintained at or above military standards

c. Team members are on their best behavior at all times and shall comply with the Armed Forces Sports Participant Code of Conduct.

d. Show complete impartiality to all team members regardless of original service.

e. Team Captains and Coaches shall know the whereabouts of all team members at all times and must maintain reasonable curfews. CoM's shall establish a curfew to ensure a minimum of eight hours of rest. All coaches and players must billet at the same location provided by the hosting agent unless the entire team relocated due to unsafe or unsanitary conditions.

f. Granting of leave or liberty to any athlete, coach or team captain participating in an Armed Forces training camp or higher level competition (CISM, SHAPE or Nationals) is not authorized. Participants may only leave a training camp or higher level competition for a Certified Red Cross Emergency or a Certified Operational Duty Commitment (action coordinated through the host service project officer and respective service representative).

g. Close monitoring of athletes in applicable sports to ensure competitive weight is maintained.

h. Are present throughout the entire championship, accept the lodging provided by the host site, and attend all official functions as prescribed in the event agenda.

i. The CoM shall ensure that the entire delegation is aware of all of the aforementioned rules and regulations pertaining to the host site and CISM.

4. The CoM shall coordinate with the team captain and coach to ensure all athletes have checked out of the billets/hotel, paid any personal obligations incurred during stay, and ensure all vehicles are returned. No athletes should ever be allowed to remain at a championship once the team has departed (unless the individual has official documentation authorizing leave in the local area), even if their travel order dates take them through the completion of the event. The CoM, coach and team captain must be the last to depart a competition.

5. The Armed Forces Sports Office issues clothing for all members of a delegation. It is mandatory for all team members to wear these items in a competition setting or to all official events. Competitive basketball uniforms must be returned to the team captain. Delegation must wear khaki slacks and Armed Forces polo shirt to all informal banquets and functions. If traveling overseas, the team should wear the khaki slacks and the designated polo when initially arriving. The coaches and team captain must enforce this standard.

6. CISM championships require the U.S. team to act as an ambassador while in the host country. The U.S. team must strive to uphold the CISM motto "friendship through sport." All official functions require mandatory attendance by entire delegation with all in designated attire. Prescribed military uniforms are required.

7. All delegation members must receive Anti-Terrorism Level 1 and SERE 100.2 Level A training prior to OCONUS travel. These trainings are offered at http://jkodirect.jten.mil/ . For Anti-Terrorism Level 1, search the course number JS-US007. For SERE 100.2 Level A, search J3TA-US1329. In addition, ISOPREP is now required for most COCOM's. Visit: https://prmsglobal.prms.af.mil/prmsconv/Profile/Survey/start.aspx to complete this requirement. ISOPREP is normally valid for one year, but some COCOM's require it every six months. Always best to update when you are planning to travel OCONUS. Those with an established profile may need to contact their security officer to verify that all information is accurate.

8. Any non-compliance of the expected standards of conduct will result in corrective action as determined by the Armed Forces Sports Working Group. Actions may include, written reprimand, removal from official roster for that event, removal from the Armed Forces Sports program for one (1) year, or permanently prohibited from participating in the Armed Forces Sports program. In addition, the participant's command will be notified of any disciplinary action. As CoM, you are expected to review any infractions that occur on site and make the determination whether it is in the best interest of the delegation to send the athlete, coach, or Team Captain back to their duty station. Forms for such action shall be found in the CoM Booklet. Keep in mind, all participants are on official duty and subjected to the Uniform Code of Military Justice.

9. CoM's may bring their spouses only if authorized in the Host Invitation. Travel for spouses is at the expense of the CoM and not the government. If you elect to bring your spouse, you are still expected to travel with the delegation regardless of whether or not your spouse can be accommodated on the same flight. More information can be found within the CoM Booklet.

10. CoM's are the face of the United States Armed Forces and leave a lasting impression with other nations. As a leader, you are the example for your delegation and other nations to follow. Serve honorably and make us proud.

11. If any questions arise prior to you going, or once at the CISM Championship you can contact me at (210) 466-1335, or my cell at (210) 238-9919, or via e-mail at <u>steven.a.dinote.naf@army.mil</u>. You can also get more information about the program by logging on at <u>www.armedforcessports.defense.gov</u>. All required forms can be downloaded from this web site. As outlined in the Team Capt LOI, the team captain must be the last one to depart a CISM or National Championship, while ensuring that team members have been squared away concerning their departures. Thank you for your support of the Armed Forces Sports program.

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STEVEN A. DINOTE U.S. CISM Chief of Delegation U.S. Armed Forces Sports Secretariat

Affirmation

I have read and fully understand my duties and responsibilities as the Chief of Mission as outlined in this Letter of Instruction.

Signature

Date

Printed Name

Sport



8 December 2021

IMWR-AFS

MEMORANDUM FOR Chief of Mission

SUBJECT: Chief of Mission Booklet for Higher Level Competition

1. On behalf of the Armed Forces Sports Council (AFSC), congratulations on your selection as Chief of Mission (CoM). This booklet further enhances your efforts in leading the United States Delegation. The role of the U.S. Delegation Chief of Mission is to represent the United States and U.S. Armed Forces Team to the rest of the countries at the championship. This prestigious role is very important and can have a lasting impression on many foreign military officers and dignitaries. As the CoM, you must stay for the entire championship, and accept the lodging provided you by the host country. No deviations can be made from this, unless first checking with the undersigned. It is advisable to address the team to know what you expect of them as CoM (discipline, any curfews, etc).

2. As a representative of the U.S. Armed Forces and the United States, you are required to wear appropriate military uniforms (summer or winter) as dictated in the host invitation. Uniforms are normally worn at opening ceremonies and the closing banquet. Follow host country protocol for all official qualifications that you and team are required to attend.

3. As the CoM, you are allowed to bring your spouse to the championship only if authorized in the host invitation. You are responsible to pay for your spouse's travel expenses. No other members of the delegation are authorized to bring a spouse or guest. If authorized and your spouse attends, (he/she) is considered part of the official delegation and will be extended all the courtesies afforded you. You may have to pay for lodging out of pocket for spousal expenses depending on the host country. The host country will take care of food, lodging and local transportation for all official delegation members during the championship. Please be aware that you must travel with the delegation, so if you elect to bring your spouse, you are not authorized to travel separately in the event your spouse is unable to book the same flight. If differently, you can coordinate with the host site to arrange a separate pick-up time for your spouse. We must reiterate that you must remain at the championship throughout its entirety with the delegation. Early departures are not authorized.

4. All countries will do their best to provide adequate lodging and food but sometimes this does not measure up to American standards. Brief the team to make the best of the situation for the short duration of their visit to this country. Communicate with the other CoMs to determine if the problems are universal. If so, try to work out the issues with host nation as a group and approach the Official CISM Representative.

5. The appointed team captain (TC) is your action officer. That person manages all aspects of the team to include travel, ensures all athletes attend required events and competitions, and coordinates with the host country point of contact in case of problems. In the event that the team captain is unable to resolve an issue, he/she may come to you for assistance. The team captain is typically a seasoned sports professional, who has attended numerous CISM events, so please rely and consult with this person when you need to. The two of you will be an

invaluable team. Please contact the TC prior to departure and preferably via phone if you are not at the same base.

6. The CoM is responsible for the conduct of delegation members. Some important areas to monitor are to ensure all members of the U.S. delegation attend all scheduled events during the championship and all members are dressed appropriately. You also have the authority (with input from the team captain and coaches) to set guidelines for team curfews and alcohol consumption. Most countries have a legal drinking age of 18. If an athlete or coach is deemed to have a disciplinary problem or is not fit for competition (i.e. does not make weight), the athlete or coach is to be sent home immediately and will be barred from participation in the Armed Forces Sports program for one year. Further guidance on this matter is found in Sec 8 of the CoM Information below.

7. A few areas of note: 1) The TC has mementos for you. Memento exchange is spelled out in detail in this booklet. 2) It is common for dignitaries from other countries to ask you to host CISM Championships in the U.S. As the CoM, you do not have the authority to authorize CISM events in the United States, as there is a significant expense to hosting a world championship, and prior commitments for other sports might have already been made by the U.S. Please tell the requesting official to contact the U.S. Chief of Delegation to CISM, Mr. Steven Dinote, at 210-238-9919 or <u>steven.a.dinote.naf@army.mil</u>. Be sure to include the request as part of your after-action report.

8. It is very important that you or the TC call or e-mail me once the Delegation gets to the host country to ensure that everyone has arrived. The host country will allow you to make official calls. Also daily e-mail updates would be very beneficial if it can be done, since we post this on our web site. Most host countries will have an internet area set up.

9. If any questions arise prior to you going, or once at the CISM Championships you can contact me at (210) 238-9919, or via e-mail at <u>steven.a.dinote.naf@army.mil</u>. Information on our program can be obtained by visiting <u>www.armedforcessports.defense.gov</u> We appreciate your time and effort and wish the best for your delegation.

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STEVEN A. DINOTE U.S. Chief of Delegation to CISM U.S. Armed Forces Sports Council Secretariat

CISM INFORMATION

Brief History of CISM:

Despite the French name, the Conseil International du Sport Militaire (CISM) is in reality based upon an American idea. At the end of World War II, the American Commander in Chief, General Joseph McNarney was searching for a means to bridge the language and cultural barriers, and bring together the widely diverse allied forces in Europe into a cohesive and cooperative force. He recalled the highly successful Allied Forces Sports Council (AFSC), which General Joseph Pershing created at the end of World War I, when faced with a similar problem. General McNarney revived the concept and it was an instant success. Allied Forces from Western and Eastern Europe competed against each other on the playing field in perfect harmony.

In 1947 political storm clouds appeared on the horizon. Russia and other eastern countries withdrew. Then England and America withdrew. Thereafter, the AFSC rapidly disintegrated. Only a handful of nations, who had clearly seen the potential of sport bringing together the Armed Forces of the world refused to let the idea perish.

The French Armed Forces organized a meeting, February 16-18, 1948, in the city of Nice and invited all countries interested in forming a permanent military sports association to attend. Belgium, Denmark, Luxembourg, and the Netherlands participated. By the end of the meeting, statutes and regulations for a worldwide organization were drawn up and ratified. From those five "founder nations" CISM has grown into an organization of 139 nations today. This makes it the world's biggest military organization and the second biggest sports organization next to the International Olympic Committee.

Aims and Objectives:

The aim of CISM, while setting a good example in each member country, is the encouragement of military sports and the development of friendly relations between the Armed Forces of the various fields related to sport and physical fitness.

CISM:

- Establishes permanent relations between Armed Forces for the exchange of ideas and encourage research in various fields related to sport and fitness.
- Entrusts the member nations with the organization of the numerous sport championships and meeting organized under is auspices.
- Encourages and supports all measures designed to establish and reinforce friendly relations between military participants and promote activities designed to increase understanding, mutual respect, and friendship between nations.

CISM Motto:

This quote from the famous French writer, Jean Giraudox, once himself a famous military athlete, has been adopted by CISM as its official motto:

SPORT means peace SPORT is the opposite of war

SPORT is the cure for war SPORT is international SPORT brings nations closer

In summary, CISM is endeavoring to substitute the playing field for the battlefield. In the 1990's CISM shortened the CISM motto to "Friendship Through Sport."

CISM Sports Calendar:

Like the Olympic Games, CISM holds a Military World Games competition every four years (the year prior to the summer Olympics). The first games were held in 1995 in Rome, Italy; the 2nd games in Zagreb, Croatia (1999); the 3rd games in Catania, Italy (2003); the 4th games in Hyderabad, India (2007); the 5th games Rio de Janeiro, Brazil (2011); the 6th Games in Mungyeong, South Korea (2015); and the 7th Military World Games held in Wuhan, China. CISM also conducts World Military Championships in 26 different sports annually. The U.S. usually participates in the following CISM Championships, and hosts 1 to 2 World Championships each year:

Sports Participated by the U.S. at CISM:

Archery* Triathlon Golf Swimming/Lifesaving* Skiing (Biathlon/Cross Country)

Combat Sport

Taekwondo Wrestling Judo Team Sports

Basketball (M & W) Volleyball (M & W) Soccer (M &W) Sailing

* Includes Para-Sports

Official Language:

CISM official business in conducted in English and French, the two official languages, to include presentations, publications, and meetings. Arabic and Spanish are also used at meetings if the need arises.

Flags and Music:

CISM has its own flag, march and anthem. The flag is white with a blue border. The CISM logo is prominently centered on the flag. Mrs. Carla Foniutti of Italy composed the anthem and the march by Lt. Commander L.S. Lawton (U.S. Navy). The march is played at all championships when the CISM flag is carried on the field. The anthem is played while the flags of participating nations are raised and lowered and all other ceremonies. It is CISM protocol for all to stand at attention during the playing of the CISM anthem and other foreign anthems. Personnel shall only salute the U.S. Flag.

CISM Headquarters:

The Secretary General is located at the headquarters in Brussels, Belgium. Secretary General is Col Mamby Koita (Guinea) conducts the day-to-day activities with his staff.

CISM Leadership:

The member countries have elected their leadership from among qualified military officers and government civilians throughout the world. The United States CISM Chief of Delegation is Mr. Steven Dinote, who is also the Armed Forces Sports Council Secretariat.

The CISM President is currently Colonel Hervé Piccirillo from France.

CISM Sports Committee (CSC):

Each CISM sport has an established CSC. The CSC is responsible for all technical aspects of the specific sport to include rules of play, competition safety, course (competition) layout, etc. At each competition the CSC President and respective committee will ensure fair and proper competition.

CHIEF OF MISSION INFORMATION

1. <u>Introduction:</u> Many of the officers selected to be CoM of the US Armed Forces teams competing in CISM competitions are new to the CISM organization. Consequently, there are many questions about items such as; conditions of their stay in the host country, correct protocol, opening ceremonies, etc. Enclosed are pertinent portions CISM Administrative Regulations, to assist CoM in the efficient execution of their duties.

2. CISM Representative:

a. A CISM Board of Director member or a member of the CISM Staff is appointed to represent CISM officially at each of the events scheduled on the calendar. If, at the last moment, the Official CISM Representative (OCR) appointed to represent CISM in an event is unable to attend the event, the highest ranking CoM or in his absence, a delegate present of the nations invited will take over the representation. Be prepared to inform the CoM of this responsibility in the event they are asked to represent CISM. Ensure they are experienced in CISM.

b. If there are any problems at the Championship you and the CoM must try to work it out with the liaison assigned to your team. This person will speak English and will try to resolve the problem. If the problem cannot be resolved at this level then go to the Head of the Organizing Committee, and then finally if still not resolved, you have the authority to get the CISM rep involved. If this procedure is not followed, further action cannot be taken against host country by CISM. If a problem does not get resolved by the CISM rep, document your action and send me an e-mail after you get back.

3. <u>Responsible Authorities</u>. The following authorities are responsible for the direction of a CISM competition:

- a. Official CISM Representative,
- b. Competition Organizing Committee,
- c. Technical jury
- d. Jury of Appeal.

e. Their functions are described in detail in the technical regulations governing each competition. However, for the jury of appeal, if three (3) CISM delegates from different countries are absent, the CISM delegates present completes it.

4. <u>Regulations Governing Competition</u>. Unless special authorization is granted by the General Assembly, all competitions are governed by the Special Regulations established by CISM.

5. <u>Umpire/Referee</u>. No umpire or referee may officiate in a CISM competition unless he is carried on the register of the International Sports Association concerned, except as permitted in the Special Regulation of the sport in question. The referee or umpire should be neutral whenever possible. The U.S sends certified internationally sanctioned referees to most CISM Championships and is lauded as some of the best.

6. <u>Opening Ceremony</u>. Any military ceremony prescribed by the protocol of the host country will be adhered to. The CISM flag is solemnly hoisted near the flags of the participating countries. The CISM anthem is played at the moment the CISM flag is hoisted. While the teams file by, the CISM march is being played. Depending on the protocol of the host country, opening of the competition is declared by either a high military or civilian official of the country or by the official CISM representative.

7. <u>Closing Ceremony/Awards</u>. According to the circumstances, the closing of a competition may either be accompanied by a military ceremony similar to the opening ceremony, or may be coupled with the distribution of awards during the closing dinner.

a. CISM gold, silver, and bronze medals are presented to the athletes. If a Team trophy is won by the U.S. then you make the decision with the CoM on where it will be displayed back home, and inform the AFS office. You may also elect to send the trophy to the Armed Forces Sports Office. If U.S. team wins a rotating team trophy (e.g. Modern Pent) please have country contact the AFS office. Do not agree to any shipping, since we have had problems in this area.

8. Protocol/Discipline.

a. The CoM is responsible for team discipline. During the contests, all athletes present at the sport venue are considered as equal by the referees and committees and are equal among themselves. No one may use their rank to impose their opinion in a sporting matter. The Armed Forces Sports Council approved the memos in Encl (1) of this booklet, where you as the CoM have the authority to send any U.S. participant back to their respective units. The first memo is for "Misconduct" and the second memo is for a "Combat Sport" (boxing, wrestling, taekwondo and judo) where the athlete does not meet competitive weight prior to competition.

b. Please make it a point to address the team prior to leaving for the CISM Championship, as far as what you expect out of them, as well as to be prepared for anti U.S. sentiments depending on the country where the CISM Championship is being hosted. Their behavior and conduct at all times should be beyond reproach since they are representing DoD, the U.S Armed Forces and their Service. Any violation that embarrasses or reflects negatively upon the United States should result in the CoM sending the individuals back to their Units as soon as possible. Please follow input and recommendations provided by Team Captains and/or call the U.S. Chief of Delegation for further input or guidance, if needed.

c. Please ensure that you and the team follow all host country and CISM protocol in the functions and abide the motto of "Friendship through Sport". It is highly advisable to attend the daily meetings.

9. <u>Uniform</u>. Appropriate Military uniform (winter or summer) as dictated by host country in their invitation, is always worn at opening ceremonies and normally at the closing banquet. Since Closing Ceremonies are done right after the competition, warm-ups are usually worn; otherwise it will be the military uniform. The military uniform must be worn at any official event. Civilian clothes (issued polo shirt with khaki pants or shorts) may be worn for cultural initiatives sponsored by the host nation. See appendix (J) of the Armed Forces Sports SOP for Service equivalent uniforms.

10. Delegation Security.

a. The host country is responsible for the safety of all delegations in attendance. All delegation members must receive Anti-Terrorism Level 1 and SERE 100.2 Level A training prior to OCONUS travel. These trainings are offered at http://jkodirect.jten.mil/ . For Anti-Terrorism Level 1, search the course number JS-US007. For SERE 100.2 Level A, search J3TA-US1329. In addition, ISOPREP is now required for most COCOM's. Visit: https://prmsglobal.prms.af.mil/prmsconv/Profile/Survey/start.aspx to complete this requirement. ISOPREP is normally valid for one year, but some COCOM's require it every six months. Always best to update when you are planning to travel OCONUS. Those with an established profile may need to contact their security officer to verify that all information is accurate.

b. Specific country information can be found at <u>www.travel.state.gov/travel</u> Click on the Consular Information Sheets to get all the info about the country where the championship is being hosted.

c. AFS office will take care of travel clearances to the host country, and provide a copy with any approvals to the TC. AFS will take care of Country Clearances and take care of VISA needs if it is required for entry to a particular country. The host nation is responsible for all security measures. However, you are required to ensure you have the appropriate point of contact information for the U.S. Embassy in the host nation. The AFS will provide this information to the team captain. AFS will also provide links for mandatory training requirements for country and theater clearances.

11. <u>Travel Uniform of Delegation</u>. Due to operational security and safe travel practices, civilian attire is required for travel. Dress must be consistent and all team members must adhere. Civilian attire in these circumstances shall still be professional in image, such as khaki pants, polo shirt, dress shirt, etc... Jeans are not authorized.

12. <u>Mementos</u>. Your TC has been issued Mementos. You will present the large memento at the appropriate ceremony (scheduled by the host country) to the Head of the host Organizing Committee. Present the issued mementos to your counterparts at the Chief of Mission Luncheon or other appropriate gathering. Exchanges are normally a one-on-one reciprocation with other countries' CoMs, and not a mass handout. Any extra mementos can be given out at the end to the key members of the Organizing Committee who you or the TC feel, went out of their way to assist the U.S. delegation. The TC has other smaller items such as pins, key chains and other items. The delegation members, to include you, have been issued extra clothing items to use for exchanging. Clothing items are the most popular items to exchange, along with the pins. Just make sure that athletes do not exchange their warm-up until the closing ceremony has concluded. Warm-ups are worn at all medal ceremonies, and sometimes for closing ceremonies.

13. <u>Program</u>. Upon arrival, the delegations normally receive the following information material: a guide containing all necessary information for the duration of their stay, local currency info and conversion places (ATMs are normally accessible), time and place of church services. Also meal schedules, operating hours of the Information desk, available means of transportation and schedule, and so on. Also, an envelope containing the technical program, contest schedules, composition of juries, time and place for training, and so on.

14. Housing/Food.

a. The delegations will be housed under the best conditions possible, whereby the capability of the country and the rank of the guests will be considered. Normally CoMs and Referees are housed separately from the Team Captain and athletes.

b. The food provided normally meets standards, but at times lacks in variety depending on host nation.

c. All countries will do their best job possible to provide adequate lodging and food but sometimes this does not measure up to American standards. Try to make the best of the situation for the short duration of your visit to this country.

15. Medical

a. Any medical issues should be worked through your Team Trainer who will coordinate with host organizing committee POC.

b. Milder medical cases are treated in the dispensary.

c. Severe cases are treated in a hospital equipped for complete examinations.

d. A massage and general conditioning room for the athletes is normally offered.

e. Host country will not provide treatment for anyone for an existing medical condition, but they are responsible for providing daily sick call.

16. <u>Local Travel</u>. The host delegation makes available all necessary transportation for delegation's travel during the championship. However, it is not obligated to assume responsibility for private travel.

17. <u>Arrival/Departure</u>. Any delegation that participates in a championship must strictly adhere to the arrival and departure dates. An exception may be made due to an act of God, or where an understanding with the host delegation has been reached and, if necessary, with the Host Organizing Committee. As a rule, the arrival time is fixed 24 to 48 hours prior to the beginning of the contests and the departure time is 24 to 48 hours following the conclusion of the championship. If there are radical changes made by the host country, be sure to notify the Armed Forces Secretariat.

18. <u>Anti-doping Testing</u>. CISM does arbitrary test athletes for prohibitive substances similar to the Olympics. They follow the same strict guidelines as the International Olympic Committee, through the World Anti-Doping Agency (WADA). Your TC has further information regarding the testing procedures. Ensure all athletes are aware that anything consumed, to include simple herbal teas and energy drinks, may include ingredients listed on the WADA Prohibitive Substance List. In 2011, a U.S. athlete tested positive for a stimulant found in an energy drink that was legally purchased over-the-counter at a national retail outlet.

19. Additional Information:

a. <u>Contingency Check</u>. The team captain is provided a \$500.00 contingency check only upon request through the AFSCS. This is to be used only in emergencies. Such cases might include bottled water (if none provided by host), transportation to competition site if stranded at the airport, re-placement of lost airline ticket, etc. Unauthorized expenses include: team dinners/or drinks, buying personal athletic equipment, pay for sightseeing expeditions, purchasing additional mementos for the team. The contingency check is not automatically provided to team captains. They must be requested. Please ensure you communicate with your team captain if these funds were provided by the AFS office, or through their local command.

b. <u>Expenses</u>. Each member of an Armed Forces team participating in a CISM Championship overseas receives \$3.50 per day for incidental expenses, and the appropriate JTR destination rate on travel days. The host country provides lodging, food, and transportation.

c. After Action Reports.

1) It is requirement for a CoM to compose an after action report NLT 30 days after a CISM Championship and send it to the Armed Forces Sports Secretariat. This can be combined as one report with the TC or separate reports can be submitted. The report should outline your experience, any problems encountered, and a synopsis of the championship. They can be sent via e-mail to the Armed Forces Sports Secretariat with all the pertinent information. The Armed Forces Sports Secretariat will ensure that it will be disseminated to all interested parties, to include the U.S. Chief of Delegation, and highlight items in the report that warrant his attention.

2) It is very important that the TC send the Armed Forces Sports Secretariat the full details of the championship (a story), and any action photos with cut lines identifying our athletes (by name, rank and service) that can forwarded to Public Affairs and service sports officers within 2 or 3 working days after getting back home.

Enclosures:

Armed Forces Sports Council Memos (Encl 1)

Duties Checklist (Encl 2):

The checklist is a tool the team captain uses to ensure all important duties are completed. A copy is furnished for your information.

After Action Report (Encl 3):

The team captain is responsible for completing and submitting an after action reports following a championship. A report should be completed within NLT 30 days after the championship.

Enclosure 1 - Memos

MEMORANDUM FOR-----

(Participant's Commander)

SUBJECT: Misconduct of Participant at International Military Sports Championship.

1. During the ------ CISM------,

(year) (name of championship) (location of championship)

(participant's name, rank and service) engaged in inappropriate activities (details outlined in the attached page.

2. After carefully reviewing the facts with the Coaches and Team Captain, I determined that a breach of duty to uphold good order and discipline occurred. As a result of this breach, the decision was made to remove (him/her) from further participation in this championship.

------ to return to duty station. (participant's name) (Date)

3. In accordance with the Armed Forces Sports Council rules, -----

(participant's name)

will be barred from participating in the Armed Forces Sports program for one year. Individual service may impose a more harsh punishment.

4. It is disappointing that ------failed to conduct (himself/herself) in an (participant's name)

appropriate manner. In addition to letting down the team, and all the individuals who worked hard in support of this athlete's attendance at the championship, it also caused an unnecessary expenditure of funds, and reflected poorly upon the Armed Forces and the United States.

5. For more information on this incident please contact the undersigned at -----

> Chief of Mission Name, Rank & Service (Print, Sign and Date)

Signed Acknowledgement of receipt of memo from Participant (Print, Sign and Date)

Email a copy of the memo to U.S. Chief of Delegation at steven.a.dinote.naf@mail.mil.

Enclosure 1 - Memos MEMORANDUM FOR (Athlete's Commander) SUBJECT: Early Return of Athlete from International Military Sports Championship. 1. During the _____ CISM _____ in _____ (year) (name of championship) (location of championship) (athlete's name, rank and service) did not meet competitive weight in a combat sport (boxing, wrestling, taekwondo, judo) prior to competition. It was verified by the Team Trainer that failing to make weight was **not** due to any medical reasons. 2. After carefully reviewing the facts with the Coaches, Team Captain, and Team Trainer the athlete is to return to duty station, and barred from participating in the Armed Forces Sports program for one year, in accordance with Armed Forces Sports Council rules. Individual service may impose a more harsh punishment. departed on ______ to return to duty station. (athlete's name) 3. It is disappointing that ______ failed to meet the competitive weight (athlete's name) standard, that (he/she) knew of well in advance. In addition to letting down the team, and all the individuals who worked hard in support of this athlete's attendance at the championship, it also caused an unnecessary expenditure of funds, and reflected poorly upon the Armed Forces and the United States. 4. For more information on this incident please contact the undersigned at ______. (phone and e-mail) Chief of Mission Name, Rank & Service (Print, Sign and Date) Signed Acknowledgement of receipt of memo from Participant (Print, Sign and Date)

Email a copy of the memo to U.S. Chief of Delegation at steven.a.dinote.naf@mail.mil.

ENCLOSURE 2 – PLANNING CHECKLIST

UNITED STATES CISM SUGGESTED CHECKLIST

All items may not be applicable to your mission. If there are any items that are not clear, please contact the AFS Office

1. Planning Factors - (prior to departure)

- _ TDY/TAD Orders (proper endorsements from all services).
 - *Include the statement "Excess Baggage Authorized"
- ____ Immunization Records (Only if required for host nation).
- Cash Cont Check prior to departure
- AFSCS fax or e-mail for disseminating results.
- CISM Mementos.
- U.S Flag and Anthem
- Copy of the host nation invitation
- _____ Coordination of travel info with all team members
- _____ Participant notification of Anti-Doping Regulations and signature on form
- Level I Anti-Terrorism briefing
- _____ Appropriate military uniforms and khaki slacks (all of the delegation).
- _____ Supplies for team trainer.
- _____ Visa/Passport requirements.
- _____ Compile a list of departure times from host nation to be turned into liaison at championship

2. Meeting With Team Prior to Departure:

- Pass out CISM mementos and athletic apparel to athletes.
- Brief on conduct and appearance.
- _____ Wearing of proper attire.
- _____ Signature of all applicable higher level forms (Team Capt retains all forms for the duration of the championship)
- _____ Safeguard of orders, valuables and issue items (these things are stolen if individuals don't keep a close eye on them).
- _____ Ensures that each member of the delegation has Padlock or combination lock.
- _____ Bring towels, soap, and basic toiletries.
- _____ Safety briefing on Host Country
- Ensure that Flag Bearer for opening ceremonies is selected by the team.

3. Arrival at Destination

- Call U.S. Chief of Delegation to confirm team arrival 210-466-1335, 210-238-9919 or email <u>steven.a.dinote.naf@army.mil</u>
- _ Familiarize yourself with lodging, dining hall, training facilities, etc.

4. During the Championship

- Physical check on status of team on a daily basis
- _____Attend daily TC meetings and relay info to delegation as needed.
- _____ Ensure that team is at proper locations and dressed as mandated by host nation.
- _____ Maintain contact with TC and referees.

5. Preparation for Departure from Host Nation

____ Ensure that everyone has flight itineraries

Collect Flag and anthem from host nation POC

All are aware of billet clearing procedures and departure times and pick up points provided by host nation

6. Return to CONUS

____ Final recap with action pics to AFSCS within 3 working days after championship

Complete After action report to U.S. Chief of Delegation within 30 days and can coordinate with TC if joint AAR.

ENCLOSURE 3 – AFTER ACTION REPORT

CISM/National Championship After Action Report

Event Name:

Host Site:

Team Captain:

Phone:

- Attach roster of Armed Forces Team (full name, rank, service, duty station)
- Schedule of events
- Scores of all competitions
- Final team and/or individual standings
- Event Summary (Bullets) Covering such areas as:
 - o Total Attendance
 - VIPs attending
 - Problems Encountered
 - Suggestions or recommendations

It is the responsibility of the team captain to ensure that the after action reports is completed in a thorough fashion and forwarded to the AFSCS within 30 days.

Forward after action report to U.S. Chief of Delegation:

steven.a.dinote.naf@army.mil

Date:



SERVICE UNIFORMS FOR CISM COMPETITION

SERVICE	<u>SUMMER</u>	<u>WINTER</u>
Army	Army Service Class B w/ Short Sleeves	Army Service Uniform (Class A)
Marine Corps	Service C: Green Trouser w/short sleeve	Service A: Green Trousers with long sleeve blouse (tan), tie/tab coat, ribbons & shooting badges
Navy	Officers and CPO's Summer Whites w/short sleeves, E1-6, Crackerjacks	Service Dress Blues
Air Force	Service Uniform "Blues" w/short sleeves (ribbons and functional badges optional)	Service Dress
Space Force	Service Uniform w/short sleeves (ribbons and functional badges optional)	Service Dress
Coast Guard	Tropical Blue w/short sleeves	Service Dress Blue

NOTES:

(1) Female personnel may wear skirt or pants

(2) Summer or Winter wear may change subject to the Official CISM Invitation

(3) Type of Hat/Cover as directed by senior military Service member or Service sports office.

(4) Marine Corps participants shall wear the Garrison Cover for all events.

(5) Space Force uniforms are not fully finalized. Until further notice, this guide will reference Space Force uniforms to reflect current Air Force patterns.



ATHLETE ANTI-DOPING EDUCATION AND DECLARATION FORM

1. Doping controls will be conducted at the Conseil International du Sport Militaire (CISM) Military World Championships in accordance with WADA (World Anti-Doping Association) International Standards. Doping is defined as the use of prohibited substances or prohibited methods designed to enhance sporting performance, and can be intentional or unintentional. All medalists and several random participants in each sport will be testing during the MWG. This is the same testing that is conducted at the Olympic Games and other international championships. Many of our national and world class athletes are already familiar with WADA and the list of prohibited substances and methods. Details can be found at the following websites: WADA, <u>www.wada-ama.org</u> or the U.S. Anti-Doping Agency (USADA), <u>www.usantidoping.org</u>. USADA provides anti-doping information, education and assistance to all athletes and generously supports U.S. Armed Forces Sports.

2. A positive doping test, even if accidental, comes with serious consequences. A positive test will result in a sanction, to include possible automatic disqualification from the competition, a return of medals won (including team sport medals), a ban from CISM competition for at least 2 years, probable suspension from the athlete's International Sport Federation, and even fines. Each athlete is responsible for what is put into his or her body, and is responsible for ensuring that he or she is not taking any prohibited substances.

3. What are Prohibited Substances?

a. Prohibited substances are those considered to have performing enhancing capacity. These are listed in their entirety on the WADA 2021 Prohibited List, on the USADA and WADA websites. It is best to check for the most recent versions as they may change during the year.

b. Classes of prohibited substances include anabolic steroids; diuretics; IV fluids; hormones (other than birth control); and beta-2 agonists for asthma (except albuterol and salmeterol as above). Substances prohibited only in-competition include corticosteroids taken orally, rectally or by injection; stimulants (such as those used for Attention Deficit Hyperactivity Disorder); narcotics (strong pain relievers like Percocet); marijuana and alcohol; and beta-blockers.

c. Prohibited substances may be used for legitimate medical purposes only after obtaining a Therapeutic Use Exemption through USADA (see below for more details).

4. How do I determine if my prescription or over the counter medications are prohibited?

a. Go to the Global Drug Reference Online (DRO) <u>http://www.globaldro.com</u>. This interactive search tool tells athletes if their medications are prohibited or permitted. It is anonymous; simply select your sport and list your medication. You will get an immediate response along with a reference number documenting the encounter. Write this number down and keep it for future reference.

b. Note: supplements/herbals/energy drinks are <u>not</u> included in the DRO as these are "take at your own risk" substances. See below for more information on supplements.

c. Call the USADA Drug Reference Line during business hours at 800-233-0393 or 719-785-2020. You can also send an e-mail to <u>drugreference@usantidoping.org</u>.

d. For further assistance, you can contact the Armed Forces Sports Secretariat at <u>steven.a.dinote.naf@army.mil</u> or 210-238-9919.

5. Therapeutic Use Exemption (TUE).

a. A TUE is a waiver which gives an athlete permission to use a prohibited medication in order to treat a legitimate medical condition. It must be obtained prior to competition and can take 1-2 months to obtain. A TUE is good for a specified period of time (max 4 years) and must be brought to competitions and presented at the time of drug testing. All military athletes taking a prohibited substance must have an approved TUE prior to the CISM Event. Contact the Drug Reference Online or the AFSCS office if you are uncertain if you need a TUE.

b. All US athletes are encouraged to submit their application directly to USADA, even though in some instances the international federation is the granting body for the TUE. USADA has special arrangements with the international federations such that we receive all TUE applications. USADA will interact with the national and international sporting bodies on behalf of the athlete. Download forms and instructions from USADA, <u>www.usada.org/substances/tue/</u>.

c. Athletes may apply for a CISM TUE through the Armed Forces Sports Council Secretariat Office, using the CISM TUE Application Form. The Armed Forces Sports – Sports Medicine Advisory Team may assist in providing the necessary assistance to ensure that the application is completed appropriately.

1) This form is available on the Armed Forces Sports website. Applications must be submitted 30-days prior to the CISM Championship. This process is easier for athletes than applying through USADA. However, for athletes that compete internationally outside of CISM, the CISM TUE is only applicable for CISM competitions. Therefore, applying through USADA is preferred.

2) If athletes are administered a medication that is on the prohibitive list for medical purposes within the 30-day period leading up to the CISM Championship, the athlete must immediately contact the U.S. Chief of Delegation to start the TUE application.

d. CISM TUE applications may be applied for retroactively when there is insufficient time or opportunity to submit the application. In such cases, it is necessary to inform the Doping Control Agent that you have been taking the prescribed medication (substance) and that you either have submitted or plan to submit a retroactive CISM TUE application.

e. All CISM TUE applications are submitted to the CISM TUE Commission for approval. Once approved, the U.S. Chief of Delegation shall inform the athlete, team captain, coach and the medical team that the athlete has an approved TUE and is authorized to participate in competition.

6. <u>What substances are permitted</u>? Many standard prescription and over the counter medications are permitted. This includes anti-inflammatory medications (such as Aspirin, Motrin, Tylenol, Naprosyn), antihistamines (such as Benadryl, Allegra, Zyrtec, Claritin), birth control pills, and antibiotics. Acid reflux and ulcer medications (such as Prevacid, Zantac, etc.), muscle relaxants (such as Flexeril), and most anti-depressant medications (such as Paxil and Zoloft) are also permitted. For asthma, inhaled albuterol and salmeterol and inhaled corticosteroids are permitted, but albuterol has urine concentration limits. Phenylephrine, phenylpropanolamine, and pseudoephedrine (decongestants found in many cold preparations) are now permitted—but pseudoephedrine also has urine concentration limits. Topical corticosteroids, including nasal allergy preparations (Nasonex or Flonase), eye or ear drops, or creams, are permitted. See the Global Drug Reference Online (DRO) to check your medication, as the medication may not be permitted in certain concentrations or in different sports.

7. What about Supplements, Amino Acids, Herbals, Energy Drinks, and Vitamins?

a. If you take these products it is **AT YOUR OWN RISK** of a positive test and a doping violation. Many of these products contain prohibited substances. These products are **NOT** regulated by the Food and Drug Administration, so there is no guarantee that the list of ingredients on the label is accurate, or that their claims of performance are substantiated. Many of these products have dangerous side effects, which are compounded if taken at more than the recommended dosage or in combination with other similar products.

b. Even if there do not appear to be any prohibited substances listed on the label, the product many contain additional ingredients or contaminants that many be prohibited and result in a positive test. There is currently no guarantee that any particular supplement, including vitamins, amino acids or herbal preparations, is free from prohibited substances. Please see www.usada.org/substances/supplement-411/ for additional supplement information.

c. Understand that even if you legally purchase a product at a recognized national store are used for working out and are not necessary designed for competitions subject to WADA. Many products openly state that their product will result in a failed doping test if consumed. In addition, the product warnings are buried in their literature and often missed. It is your responsibility to know what ingredients are ingested in your own body. This also applies to energy drinks. When in doubt, consult your team medical staff or the Armed Forces Sports Office.

d. To make certain you understand the notes above, at the 2011 World Military Games in Rio de Janeiro, Brazil, a U.S. Athlete tested positive for a stimulant on the WADA Prohibitive Substance List. The athlete ingested an energy drink purchased at a national outlet store. The athlete failed to read the ingredients or alert the medical staff because the athlete assumed that the drink was safe because it was purchased over the counter and the athlete did not consider energy drinks a supplement. Keep in mind that any product consumed that is designed to provide any advantage, whether it is additional energy, muscle recovery, or any other affect, is considered a supplement and must be reported to the medical team before the CISM Championship.

References:

1. 2021 WADA List of Prohibited Substances and Methods

https://www.wada-ama.org/en/resources/science-medicine/prohibited-list-documents

- 2. WADA: <u>www.wada-ama.org</u>
- 3. The U.S. Anti-Doping Agency (USADA): www.usantidoping.org/
- 4. Global Drug Reference Online: <u>www.globaldro.com</u>
- 6. TUE instructions and form: <u>www.usada.org/substances/tue/</u>



Affirmation:

By signing below I acknowledge that I have read the above the Athlete Anti-Doping Education and Declaration Form. I understand that I will be subjected to doping controls at the CISM Championship, and that any medications/supplements I may be taking I do so at my own risk. If I require the use of prohibited substances to treat medical conditions, I understand the requirement to obtain an approved TUE in advance of the competition. I must bring any TUE with me to the CISM Championship and will be required to present it at the time of testing. If I fail to alert the medical staff of any products consumed and fail a doping test, I will be subject to sanctions from international competition, action by the Armed Forces Sports Council/Working Group, and action by my command through the Uniform Code of Military Justice.

Printed Name

Sport

Signature

Date



Anti-Doping

Information for Athletes, Coaches and Team Captains



Appendix M

Background

- The World Anti-Doping Agency (WADA) was established in 1999 and its code was developed to harmonize anti-doping rules and sanctions on a worldwide basis.
- The United States Anti-Doping Agency (USADA) began operations in 2000 following the recommendation by the United States Olympic Committee's (USOC) Select Task Force on Externalization that an independent agency be created to uphold the Olympic ideal of true sport on behalf of the nation's Olympic and Paralympic movement.
- Armed Forces Athletes are subject to anti-doping testing per the WADA code when competing at Conseil International du Sport Militaire (CISM) Championships.



Definition of Doping:

- Doping, as defined by the Code, is the occurrence of one or more of the following anti-doping rule violations:
 - Presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample.
 - Use or Attempted Use by an Athlete of a Prohibited Substance or a Prohibited Method.
 - Refusing or failing without compelling justification to submit to Sample collection after notification as authorized in applicable anti-doping rules, or otherwise evading Sample collection.
 - Violation of applicable requirements regarding Athlete availability for Out-of-Competition Testing including failure to file required whereabouts information and missed tests which are declared based on rules which comply with the International Standard for Testing. Any combination of three missed tests and/or filing failures within an eighteen-month period as determined by Anti-Doping Organizations with jurisdiction over the Athlete shall constitute an anti-doping rule violation.



Definition of Doping – cont'd

- Tampering or Attempted Tampering with any part of Doping Control.
- Possession of Prohibited Substances and Prohibited Methods.
- Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method.
- Administration or Attempted administration to any Athlete In-Competition of any Prohibited Method or Prohibited Substance, or administration or Attempted administration to any Athlete Out-of-Competition of any Prohibited Method or any Prohibited Substance that is prohibited Out-of-Competition, or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation or any Attempted anti-doping rule violation.



Responsibility

- Due to the principle of strict liability, an athlete is personally responsible for any prohibited substance found in his/her system, regardless of how the substance got there.
 - Not being aware that a product contained a prohibitive substance is no excuse. Athletes must understand that all products consumed may contain prohibitive substances. Athletes must research the products they consume or ask their medical professional for assistance.
- All athletes are required to complete the CISM Athlete Consent Form, authorizing CISM to conduct anti-doping screening. Failure to complete the form will result in disqualification of competition and considered a violation of the Athlete Code of Conduct.



Case Study

- At the 2011 CISM Military World Games in Rio de Janeiro, Brazil, a member of the USA team sport delegation tested positive for a prohibitive substance. The athlete consumed a popular energy drink, which was purchased from a retail nutritional store on the installation. The product contained the ingredient Methylhexanamine, which was added to the WADA prohibitive substance list in 2010.
- The athlete read and signed the anti-doping declaration forms provided to him by the medical staff prior to departing to the CISM Military World Games. In addition, he did not disclose any supplements he was taking. The athlete claimed that he was not aware that energy drinks or multi-vitamins were considered supplements. Moreover, he was not aware that the product contained any banned substances.



Case Study – cont'd

- Had the athlete indicated that he was taking the product to the medical staff or visited the product's website, he would have known that the product did not comply with the WADA code. The product's website clearly states that if an athlete is competing at an event and subject to WADA or NCAA antidoping testing, they will fail. In addition, the Medical staff would have immediately known that Methylhexanamine was on the prohibitive substance list.
- Methylhexanamine, also known as dimethylamylamine (DMAA), is a dietary supplement and simple aliphatic amine used as a nasal decongestant. It is a stimulant and often used with caffeine to gain energy. Please visit http://hprc-online.org/ for a complete list of products that contain DMAA as well as learn more about the supplements you are taking.



Case Study – cont'd

- The athlete's failure to research the product was no excuse per the WADA code. All athletes are responsible for every product they consume, regardless if they were aware or not of the product's ingredients. Many supplements are not monitored by the Food and Drug Administration (FDA), and are not required to fully list the complete ingredients. When in doubt, ask your medical professional.
- The athlete assumed that products sold at retail stores would not contain ingredients that were banned on the WADA prohibitive substance list. This assumption led to a positive doping violation.
- Keep in mind, supplements purchased at retail stores are completely legal and pose no threat to ones health when used as directed. However, many of the products contained ingredients on the WADA prohibitive substance list. Most responsible products have warnings on the label or their website describing whether or not the product complies with NCAA or WADA anti-doping rules.



Case Study – Results

- The result of the athlete's error in judgment and lack of knowledge:
 - The athlete fully admitted to consuming the product to the CISM Discipline Commission, acknowledging that his lack of awareness was no excuse and he assumed all responsibility and the ruling determined by the Discipline Commission. In addition, the athlete has been actively educating other athletes of the incident.
 - The letter submitted by the athlete and his full cooperation and acceptance of responsibility of the incident sent a positive message to the Discipline Commission. Therefore, the CISM Discipline Commission issued the following sanction:
 - 1-year ban from CISM competition per the WADA Code. The WADA Code also prohibits any athlete from training and competing with his club or other sport. In other words, the athlete was banned for one-year in competing with the U.S. Armed Forces team of any sport as well as competing at the Armed Forces Championship of any sport.



Prohibitive Substances

- How does a substance or method get placed on the Prohibited List?
 - Typically, a substance or method is considered for the WADA Prohibited List if the substance or method meets any two of the following three criteria:
 - It has the potential to enhance or enhances sport performance
 - It represents an actual or potential health risk to the athlete
 - It violates the spirit of sport
 - None of the three criteria alone is sufficient to add a substance or method to the List.
- NOTE: This Prohibited List is updated annually and is subject to change.
 - For the most up-to-date information, visit www.usada.org/prohibited-list.



Stimulants

- The primary medical use of these compounds is to treat conditions such as Attention Deficit Disorders, asthma, narcolepsy, and obesity.
- What are some potential side effects and health risks of stimulants?
- Insomnia
- Anxiety
- Weight loss
- Dependence and addiction
- Dehydration
- Tremors
- Increased heart rate and blood pressure
- Increased risk of stroke, heart attack, and cardiac arrhythmia
- What about over-the-counter products containing stimulants?
- Prohibited stimulants are often present in over-the-counter products such as nasal sprays, diet aids, and headache/cold remedies. The prohibited substance pseudoephedrine is commonly found in cold and flu medications. Athletes should ensure they do not take medications with pseudoephedrine during or immediately prior to competition. Dietary supplements, which can be purchased over-the-counter can contain prohibited stimulants like methylhexaneamine and oxilofrine also known as methylsynephrine). Be sure to to check Global Drug Reference Online www.GlobalDRO.com, the Wallet Card, or call Athlete Express (719) 785-2000 or Toll-Free (866) 601-2632 or email athleteexpress@usada.org for more information.



What to do if you are on medication?

- Immediately notify Armed Forces Sports, who will direct you to our Sports Medicine Advisory Team to assist in researching your medications.
- Armed Forces Sports will assist in preparing the Therapeutic Use Exemption (TUE) form, which needs to be completed at a minimum of 30-days prior to the CISM championship. Exceptions may be granted if a medication was administered for medical purposes within this 30-day window prior to competition.
- Your medical professional can assist you. There are many cases where athletes are prescribed medications that contained prohibitive substances. You can only obtain the TUE if you fully disclose all products you are consuming. Supplements will never meet the requirements!!



Resources

- USADA
 - http://www.usada.org/resources
 - http://hprc-online.org
- WADA
 - <u>http://www.wada-ama.org/</u>
- Armed Forces Sports Office
 - <u>www.armedforcessports.defense.gov</u>
 - 210-466-1336 or 210-238-9919





FUNDING LIMITS FOR PROJECT OFFICERS PURCHASING COMPETITIVE UNIFORMS FOR CISM AND NATIONALS (Revised 10 Nov 19)

SPORT	DOLLAR	APPAREL	SUGGESTED SOURCES
(Roster limit for	LIMIT	(Should always purchase 2-3 extra for	
competitors)	NTE	sizing)	
CROSS	\$125 per	Following IAFF Regulations - One	Roadrunner Sports (800) 662-
COUNTRY	athlete	Singlet and Short set.	8896
(12 Men/		Suggested sizing based upon historical use	Paragon Sports (800) 961-3030
5 women)		Singlets, 1 each	Nike
		Men's 9 Med, 3 Lge	Adidas
		Women's 2Sm, 3Med Wmn's sz	Local Vendor
		Running Shorts, 1 pair	
		Men's 8 Med, 4 Lge	
		Women's 2 Sm, 3 Med Wmn's	
CYCLING	\$680 per	Following UCI Regulations – one	TBD
(ROAD)	athlete	Cycling Suit (top and shorts)	
(8 Men/		(Individually sized based upon team	
4 women		composition)	
2 time trial)		Suggested sizing based upon historical use	
		Singlets, 1 each	
		Men's 5 Med, 3 Lge, 2 XL	
		Women's 2 Sm, 3 Med Wmn's sz	
		Bike Shorts, 1 pair	
		Men's 5 Med, 3 Lge, 2 XL	
		Women's 2 Sm, 2 Med Wmn's sz	
GOLF	\$6,800	Golf Shirts, Windshirts, Golf Bags,	Adidas TaylorMade Golf
(6 men/		Pants	(Participants furnish own pants)
3 women)		Suggested sizing based upon historical use	
		Golf Shirt 5 colors; Pants 3 colors	
		Men's 1 Med, 3 Lge, 2 XL	
		Women's 1 Med, 1 Lge Wmn's sz	
		Windshirt-Unisex	
		1 Sm, 2 Med, 3 Lge, 2 XL	
JUDO	\$450/per	Following IJF Regulations, two Judo	Dynamics World (800) 538-
(Maximum)	athlete	gis. Individually sized based upon	1995
9 men/9 women		team composition	Century (800) 626-2787
		Suggested sizing based upon historical	Kwon (800) 968-5944
		$\frac{use}{1 - 1} = C^{\frac{1}{2}} \left(U_{1} + \frac{1}{2} + \frac{1}{2} \right)$	Adidas
		Judo Gi (Unisex)	
	¢125 m an	2 sz 3, 3 sz 4, 3 sz 5, 7 sz 6, 3 sz 7	Dec American Scienter (800) (62
MARATHON	\$125 per	Following IAAF Regulations - One	Roadrunner Sports (800) 662- 8896
(4 Men/ 4 women)	athlete	Singlet and Short set Individually sized based upon team	Paragon Sports (800) 961-3030
		composition	Nike
		Suggested sizing based upon historical	Adidas
		suggested sizing based upon historical use	Adidas Local Vendor
		Singlets, 1 each	
		Men's 4 Med	

MEN'S BASKETBALL (12)	\$5,200	Women's 3 Sm Wmn's sz <u>Running Shorts</u> , 1 pair Men's 4 Med Women's 3 Sm Wmn's sz Following FIBA Regulations - Jersey and Trunks set in 2 colors (Home and Away), and 1 Shooting Shirt <u>Suggested sizing based upon historical</u> <u>use</u> <u>Jersey</u> , 2 colors (Home and Away) 1 XL, 7 XXL, 4-3X <u>Shorts</u> , 2 colors (Home and Away) 1 XL, 7 XXL, 4-3X <u>Shooting Shirt</u> : 1 XL, 7 XXL, 4-3X	Major team vendor Adidas
MEN'S SOCCER (21)	\$4,800	Following FIFA Regulations - Jersey and short set in 2 colors (maybe one long sleeve if cold weather), soccer socks to match uniforms, keeper uniforms. <u>Suggested sizing based upon historical</u> <u>use</u> Jerseys, 2 colors 6 M, 10 L, 2 XL <u>Shorts</u> , 2 colors 6 M, 10 L, 2 XL <u>Soccer socks</u> , 2 colors <u>Keeper uniforms</u> (purchase after team selected)	Eurosport (800) 934-3876 Soccer Corner (800) 414-4625 Adidas
MEN'S VOLLEYBALL (12)	\$3,000	Following FIVB Regulations - Jersey and Short set in two colors <u>Suggested sizing based upon historical</u> <u>use</u> Jersey, 2 colors 2 Lge, 7 XL, 3 XXL <u>Shorts</u> , 2 colors 2 Lge, 7 XL, 3 XXL	SPIKE Volleyball (800) 774- 5348 Volleyhut (858) 486-3307 Nike Adidas Underarmor
MEN'S SOFTBALL (17)	\$7,400	Following ASA Regulations - Jersey and pants sets in 2 colors, one color "underarmor" style long sleeve compression shirt, matching cap/visor, bat bags (Provided by athletes' Service) Batting jacket <u>Suggested sizing based upon historical use</u> Jersey, 2 colors	Russell c/o Dillard Gov Sales (800) 225-8326 Softball Sales (800) 882-1166 Gametime Sports (210) 404- 2164 Adidas

	1		
		1 Lge, 6 XL, 8 XXL	
		Pants, 2 colors	
		1 Lge, 6 XL, 8 XXL	
		Long sleeve undershirt, 1 color	
		1 Lge, 6 XL, 8 XXL	
		<u>Cap or Visor</u>	
SAILING	\$500/	Following ISAF Regulations –	TBD
(Team size	person	Shirt/short set and personal floatation	
dependent upon	1	device. Individually sized based upon	
craft used)		team composition.	
		Suggested sizing based upon historical use	
		Shirt (Unisex)	
		1 Sm, 1 Med, 1 Lge, 2 XL	
		Short (Unisex)	
		1 Sm, 2 Med, 2 Lge	
SWIMMING	NTE	Following FINA Regulations -	Keifer (800) 323-4071
(Maximum)	\$400	Appropriate Swimming gear.	Agonswim (877) 718-9403
12 M/6 W Swim	swimmer	Individually sized based upon team	Local Vendor
4M/2 W Diving		composition	
2M/2 W Lifesave		Suggested sizing based upon historical use	
		Men's suits,	
		4 sz 28, 3 sz 34, 3 sz 38, 1 sz 42	
		Women's Suits,	
		2 sz 28, 3 sz 30, 2 sz 32, 3 sz 34	
		Wmn's sizing	
TAEKWONDO	\$250/	Following WTF Regulations – Two	Mooto America (416) 907-6821
(8 men	person	Dobok (Unisex), competitive style,	Century (800) 626-2787
8 women)	Person	white with Black v-neck.	Kwon (800) 968-5944
		Suggested sizing based upon historical use	
		Dobok (Unisex)	
		1 sz 3, 3 sz 4, 2 sz 5, 9 sz 6, 1 sz 7	
TRIATHLON	\$300/	Following ITU Regulations – one tri	TRISPORTS.com (888) 293-
		to a set all set and (I I all see)	3934
(6 men/	person	Suggested sizing based upon historical use	
6 women/		Tri-Singlets, Unisex, 1 each	Louis Garneau (800) 448-1984
5 masters)			DeSoto Sports (800) 453-6673
		3 Sm, 10 Med, 2 Lge	Nytro Racing (760) 632-9666
		<u>Tri-Shorts</u> , Unisex, 1 pair	
		3 Sm, 11 Med, 1 Lge	

TRACK &	NTE	Following IAAF Regulations -	Roadrunner Sports (800) 662-
FIELD	\$135 per	Singlets/Running Shorts. Individually	8896
(Maximum 20	athlete	sized based upon team composition.	Paragon Sports (800) 961-3030
total)		Suggested sizing based upon historical use	Nike
		Different styles required for different	Adidas
		<u>disciplines</u>	

		Loose-fit Track Singlets, 1 each Men's 1 Sm, 10 Med, 3 Lge, 2 XL Women's 2 Sm, 4 Med Wmn's sz <u>Running Shorts</u> , 1 pair Men's 8 Med, 5 Lge, 1 XL Women's 2 Sm, 4 Med Wmn's sz <u>Unisex Sprint short</u> 1 XL <u>Body Suit</u> Men's 4 Med, 4 Lge Women's 1 Sm, 2 Med Wmn's sz	Major Team vendor
WOMEN'S BASKETBALL (12)	\$5,200	Following NCAA or FIBA Regulations (depending upon higher level competition) - Jersey and Trunks set in 2 colors (Home and Away), Shooting Shirt (Secondary) <u>Suggested sizing based upon historical use</u> Jersey, 2 colors (home and away) 1 Med, 4 Lge, 5 XL, 1 XXL, 1-3X in Women's Sizing <u>Shorts</u> , 2 colors (Home and Away) 1 Med, 5 Lge, 2 XL, 2 XXL, 2-3X in Men's sizes: <u>Shooting Shirt</u> (Secondary): 1 Med, 4 Lge, 5 XL, 1 XXL, 1-3X in Women's sizing	Major team vendor Adidas
WOMEN'S SOCCER (18)	\$4,800	Following FIFA Regulations - Jersey and short set in 2 colors (maybe one long sleeve if cold weather), soccer socks to match uniforms, keeper uniforms. <u>Suggested sizing based upon historical use</u> Jersey, 2 colors 1 Sm, 8 Med, 8 Lge, 1 XL Wmn's sz <u>Shorts</u> , 2 colors 7 Med, 7 Lge, 4 XL Wmn's sz <u>Soccer socks</u> , 2 colors, wmn's sizing <u>Keeper uniforms</u> (purchase after team selected)	Eurosport (800) 934-3876 Soccer Corner (800) 414-4625 Adidas

WOMEN'S	\$3,000	Following FIVB Regulations - Jersey	SPIKE Volleyball (800) 774-
VOLLEYBALL		and shorts set in 2 colors. Longer	5348
(12)		length compression short (volleytight)	Volleyhut (858) 486-3307
		preferred for women.	Adidas
		Suggested sizing based upon historical use	

		Jerseys, 2 colors, women's size	
		1 Sm, 6 Med, 3 Lge, 1 XL, 1 XXL	
		Volleytights, 2 colors, Women's size	
		7 Med, 3 Lge, 2 XL, 1 XXL	
WOMEN'S		Following ASA Regulations - Jersey	Russell c/o Dillard Gov Sales
SOFTBALL	\$7,400	and pants sets in 2 colors, one color	(800) 225-8326
(17)		"underarmor" style long sleeve	Softball Sales (800) 882-1166
		compression shirt, matching cap/visor,	Gametime Sports (210) 404-
		bat bags (Provided by athletes' Service)	2164
		Batting jacket	Major team vendor
		Suggested sizing based upon historical use	Adidas
		Jersey, 2 colors	
		1 Lge, 6 XL, 8 XXL	
		Pants, 2 colors	
		1 Lge, 6 XL, 8 XXL	
		Long sleeve undershirt, 1 color	
		1 Lge, 6 XL, 8 XXL	
		<u>Cap or Visor</u>	
WRESTLING	\$4,800	Following UWW Regulations - One set	BRUTE (800) 486-2788
(8/8/8)	\$ 1,000	of singlets – one Red and one Blue.	USA Wrestling (719) 598-8181
(0,0,0)		Individually sized based upon team	Worldwide Sports (800) 756-
		composition.	3555
		composition.	Adidas
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		OVAL BY WG MEMBERS.	DE FURCHASED UN A CASE
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Armed Forces and CISM Flag and Marching Protocol

Armed Forces Championships:

Service Branch Flag protocol when presenting colors from all six branches:



During Armed Forces Championships, Service teams shall march in the following order: Army, Marine Corps, Navy (with Coast Guard when combined team), Air Force (with Space Force when combined team), Space Force (when competing as Space Forceonly) and Coast Guard (when competing as Coast Guard-only). The host Service shall always march in last despite the order listed above.

CISM Championships:

During CISM Championships, U.S. Armed Forces team members shall march by their respective Service branch in the following order from first to last: Army, Marine Corps, Navy, Air Force, Space Force and Coast Guard.