



## 2020 ARMED FORCES MEN'S AND WOMEN'S TRIATHLON CHAMPIONSHIP

1. COMPETITION RULES: Current International Triathlon Union (ITU) Rules, as amended by the Armed Forces Sports Council (AFSC), if applicable. Drafting is Legal.
2. COURSE DISTANCES: Olympic Distance: 1500M swim; 40K bike; and 10k run.
3. SCORING AND FINAL TEAM STANDING: Men and women team scores shall be separated. The winning men and women open team is determined by the displacement scoring system. This system adds the place number finish of team's official scorers. The winning men's team is determined by adding the displacement finishers of the top five (5) of the team's seven (7) Men's Open participants. The winning women's team is determined by adding the displacement finishers of the top three (3) of the team's five (5) Women's Open participants. Athletes that declare to compete in the Masters Division shall not be included in the Open Team competition and will not be included in the displacement scoring system.
4. TIE-BREAKER POLICY: Placement of first non-scorer for each team (Either the sixth Men's Open finisher or the fourth place Women's Open finisher). Should one of the tied Services have only the minimum number of athletes, then the tie-breaker shall be based on the aggregate times of the "scoring participants" (E.g. total time of the five scoring men or the three scoring women).
5. FACILITY, EQUIPMENT AND PERSONNEL:
  - a. Advertising is not allowed on service competition uniforms.
  - b. The Host project Officer is authorized to open the Armed Forces Triathlon Championship to other military members (as course conditions allow). Only personnel listed on the official roster shall score for team and individual results.
  - c. Equipment shall comply with ITU guidelines for draft-legal competitions.
6. SCHEDULE OF EVENTS: (Times subject to change by host site)
  - a. Day One            Teams Arrive
  - b. Day Two            Team Photo  
                          Course Review/Rules Meeting  
                          Bike Inspection  
                          Informal Ice-Breaker
  - c. Day Three           Bike Repair/Assistance  
                          Team Training
  - d. Day Four            0800    Opening Ceremony (Optional) – However, the National Anthem must be played prior to the opening game. All five Service flags must be displayed if Service flags are posted. If all Service flags are not available, then the American flag and host Service flag shall be displayed.

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0900 Transition Area Open

1030 Competition Commences

1330 Awards Ceremony - (Immediately following the final game)  
Service teams are required to wear Service warm-ups or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards, and if selected, will be removed from the Armed Forces team. If the Awards ceremony is conducted as a separate function in conjunction with the Ice-Breaker Social, then all Service Members must comply with Ice-Breaker Dress Policy.

e. Day Five Teams Depart

### 7. AWARDS:

a. Individual: Awards are given to the top three finishers in the men's and women's open and top three finishers in the men's and women's senior divisions.

b. Team Award: Individuals awards are given to each member of the first place and second place men's and women's open teams (to include the OIC).

### 8. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP: Team points and awards will only be awarded to official Service Team members. Roster not to exceed 18 individuals:

7 Men Open

2 Men Masters (40 and older)

5 Women Open

2 Women Masters (35 and older)

1 OIC

1 Coach

TOTAL: 18

Note: Rosters must be submitted NLT four days prior to championship report date.

### 9. TEAM COMPOSITION - CISM: As follows or as dictated by host country invitation:

6 Men Competitors (Open and Masters) \*

6 Women Competitors (Open and Masters) \*

1 Certified Athletic Trainer

1 International referee

1 Coach

1 Team Captain

TOTAL: 21

\* Final determination of final open/masters athlete ratio is still to be determined based on CISM decision.

### 10. CISM Athlete Selection Process

a. Open Competitors are determined by top six men and top six women open finishers at the Armed Forces Championship. Depending on the number of qualified Masters athletes, this number may be reduced depending on the final decision by CISM Triathlon.

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b. Masters competitors are determined by the top three men and top two women finishers at the Armed Forces Championship. Masters shall also be considered from the AFC open category based on their respective age. Depending on the number of qualified Masters athletes, this number may be reduced depending on the final decision by CISM Triathlon.

c. Coaching Selection. Head Coach shall be the winning coach of each Men's/Women's Division. If there is only one coach from the Service who wins both divisions, or they are unavailable, or the invitation file only authorizes one coach, then the proponent Service for higher level competition shall select the coach from the pool of coaches among the participating Services (subject to review and approval by the AFSWG).

### 11. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Teams are not authorized to compete at the Armed Forces Championship until the final roster is submitted.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix C) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship. Failure to do so shall disqualify athletes from advancing to higher level competition.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix D) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition. Failure to do so shall disqualify athletes from competing at the Armed Forces Championship and advancing to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix G/I).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix L).

f. All forms are available on the Armed Forces Sports Website at:  
[www.armedforcessports.defense.gov](http://www.armedforcessports.defense.gov)

12. ALCOHOL POLICY: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition

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and selection to the All-Tournament Team, and shall be subject to further administrative actions by the AFSWG.

13. ICE-BREAKER SOCIAL. Authorized team members must attend the event in their Service polo or logo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependent on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local installation policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

14. HANDLING OF RULE VIOLATIONS: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game. All code of conduct violations shall be handled according to the Armed Forces SOP (Paragraph 8.b.(4)(e)).

15. SAFETY REQUIREMENTS: Service Branches are encouraged to bring their own medical personnel with them to the competition. All other medical support requirements will be provided by the competition organizer.