



SPECIFIC REGULATIONS FOR WRESTLING

INTRODUCTION

The art of wrestling dates back to ancient times and it has been popular ever since it's beginning. For centuries in ancient Greece and Rome wrestling was honoured, respected, admired and praised people were the followers of this noble sport.

Wrestling is a sport of which the existence dates back to the origin of civilization. In 1938 an archaeological expedition in Mesopotamia found a bronze figurine depicting two wrestlers in temple ruins at Kyafaji, near Bagdad.

At the beginning of the Christian era, wrestling was a sport that was reserved for kings, princes and their guests. Celebration established by the kings included wrestling matches. Many monarchs, who prided themselves on their powerful armies, were equally proud of having wrestling champions among their subjects.

The North American Indians made a sport of wrestling long before Christopher Columbus cast off in 1492. The first Spanish settlers wrestled, as well as, the English, the Dutch and the French in Canada.

The Olympic games gave wide impetus to the sport of wrestling. The styles and rules of this sport vary from country to country depending upon culture and the athletic environments, which is why there are so many wrestling styles.

The first CISM wrestling Championship was organized by the Turkish delegation at Istanbul in 1961, followed by Iran in 1962 and the Arab Republic of Egypt in 1963. After an interruption that lasted until 1970, Greece organized a CISM championship in 1971, followed by Turkey, once again, in 1972 at Ankara.



1. INTERNATIONAL FEDERATION REGULATIONS

1.1. The present regulation applies at all CISM wrestling championships. The official language used in these regulations is English. This version prevails in the event of a dispute.

Whenever a case is not stated in these present regulations, then the International Associated Wrestling Federation (FILA) regulations will apply.

1.2. For consideration as a CISM World Military Wrestling Championship a minimum of:

- 8 countries for Freestyle (FS)
- 8 countries for Greco-Roman style (GR)
- 4 countries for Women's Freestyle (FW; Female Wrestling)

must participate in the championship.

2. ORGANIZATION

2.1. As a general rule the CISM wrestling championships are organized each year, under the auspices of the Military Sports Council.

2.2. A country that has been appointed to organize a world military wrestling championship has to include at a minimum, men's freestyle and greco-roman competitions.

2.3. Military world championships usually take place between the 1st of September and the 15th of December, except in those years when the Olympic Games take place: in this case, the dates are arranged in agreement with the participating countries.

3. PARTICIPATION-COMPOSITION OF THE MISSION

3.1. WORLD MILITARY WRESTLING CHAMPIONSHIP

3.1.1. A country's delegation that is participating in world military wrestling championship, may be composed of a maximum of 27 people. The breakdown for the composition of a participating country's delegation is as follows:

Number of Wrestlers	1-3	4-6	10-18
Chief of Mission	1	1	1
Team Captain	-	-	1
Coaches	1	2	3
Referees*	-	1*	1-3*
Extra	1	1	1
Total	4-6	9-14	17-27

*Referees according to FILA rules:

- *Minimum number to avoid being penalized
- Each referee must present his/her valid FILA licence for the current competition year

3.1.2. No additional members may be part of the official delegation without the permission of the CISM host country.



3.2. CONTINENTAL CHAMPIONSHIP

None stated.

3.3. REGIONAL CHAMPIONSHIP

None stated.

3.4. QUALIFICATION TOURNAMENT

None stated.

4. COMPETITIONS

4.1. WEIGHT CATEGORIES

Will be contested at the categories designated by FILA to be included in the next Olympic Games.

4.2 TEAMS

Each country is represented either by three teams (GR, FS, FW) at full strength or by one or several individuals. There will be a maximum entry of one athlete per weight category. The names of each of the competitors are confirmed during the preliminary meeting.

4.3. PLACING

4.3.1. OVERALL TEAM PLACING

Team placing will be according to the international FILA regulations (article 35, 2009 issue.)

There will be competitions to determine a champion team for each wrestling discipline (GR, FS, FW,) as well as, an overall team championship which will be determined by adding all of the team points earned in all three styles contested. *

*Team points earned from the Women's Freestyle (FW) competition will be counted towards the overall team championship only if a minimum of %50 of the delegations present, entered a women's team into the competition.

5. CALENDAR OF THE COMPETITIONS

5.1. The minimum duration of the championship is 7 days.



5.2. EXAMPLE PROGRAM

1st day

- *Arrival of the missions*

2nd day

- *Training*
- *Preliminary meeting and CISM press conference*
- *At Large technical and referees meeting*
- *Training*
- *Medical control and weighting for FS 55 kg, 66 kg and 96 kg*
- *Welcoming reception*

3rd day

- *Competition for FS 55 kg, 66 kg and 96 kg*
- *Opening ceremony before finals*
- *Awards ceremony*
- *Medical control and weighting for FS 60 kg, 74 kg, 84 kg, 120 kg and FW 48 kg, 63 kg*

4th day

- *Competition for FS 60 kg, 74 kg, 84 kg, 120 kg and FW 48 kg, 63 kg*
- *Awards ceremony*
- *Medical control and weighting for GR 55 kg, 66 kg, 96 kg and FW 55 kg, 72 kg*

5th day

- *Competition for GR 55 kg, 66 kg, 96 kg and FW 55 kg, 72 kg*
- *Awards ceremony*
- *Medical control and weighting for GR 60 kg, 74 kg, 84 kg and 120 kg*

6th day

- *Competition for GR 60 kg, 74 kg, 84 kg and 120 kg*
- *Awards ceremony*
- *Closing ceremony and banquet*

7th day

- *Departure of missions*

5.3. The following mandatory meetings must take place during the competition:

- *Press conference on CISM*
- *Preliminary meeting*
- *Permanent Technical Committee meeting*

6. TECHNICAL JURY

6.1. COMPOSITION

The Technical Jury is composed exclusively of active or retired military personal that are particularly skilled in matters pertaining to wrestling.

The sponsoring country appoints the chairman.



If the Technical Director, which was appointed by CISM, is not chosen by the sponsoring country as chairman, then he will become part of the Technical Jury.

Four (4) other members chosen among the missions that are present are appointed during the preliminary meeting. If there are more than four candidates, then lots will be drawn.

On no account may the members of the Technical Jury also be on the Organizing Committee.

6.2. FUNCTIONS

The Technical Jury:

- Assures, before the competition, that the facilities meet the requirements of the CISM and FILA regulations;
- Assures that the wrestlers are matched according the results of the lots that have been drawn;
- Assures that FILA and military regulations are strictly respected during the matches;
- Records the objections. All objections are written down and are signed by the Chief of Mission;
- Gives a ruling on all objections except those concerning decisions taken by the judges and the jury during matches;
- Checks and ratifies the results. The Technical Jury hands the sheet, on which all the objections have been written down, to the Official CISM Representative, who in turn, forwards it to the Permanent General Secretariat. The decisions, which the Jury has taken, are written down on the same sheet as the objections.

7. TECHNICAL DIRECTOR

7.1. APPOINTMENT

Whenever the Permanent Technical Committee considers it necessary, it will appoint a Technical Director in agreement with the sponsoring country.

7.2. FUNCTIONS

- Assists the organizing delegation to solve technical problems;
- Assists the Official CISM Representative with all technical tasks;
- * Preliminary meeting
- * Jury of Appeal
- * Provides advice to the Technical Jury etc...
- He may be appointed Chairman of the Technical Jury, at the request of the organizing delegation.

8. TITLES AND AWARDS

8.1. TITLE OF THE CHAMPIONSHIP

"X...th World Military Wrestling Championship"(Logo CISM)

8.2. PRIZES AND AWARDS

The sponsoring country will present medals and awards to:

- To the winner of each weight category: the CISM gold medal and the champions' certificate
- To the wrestler who came second in each weight category; the CISM silver medal
- To the wrestler who came third in each weight category; the CISM bronze medal (2 bronze medals)

Other possible awards are given on the sponsoring country's initiative (cups, medals, memento)



9. ANTI-DOPING CONTROL

9.1 Doping is defined as:

- The presence of prohibited substances or its metabolites or markers in an athlete's bodily specimen.
- The use or the attempted use of a prohibited substance or a prohibited method
- The refusing, or failing without compelling justification to submit to sample collection after notification

9.2 Doping, according to this definition, is strictly forbidden by CISM, and FILA regulations.

9.3 At least at each CISM Military World Wrestling Championship, if possible also at other major events, anti-doping controls will be carried out according to the latest CISM Anti Doping Regulation (Chapter IV, CISM Policy Manual) which is fully in line with the Anti-Doping Code of WADA. Specificities of the FILA Anti Doping Regulation will be considered when necessary.

9.4 The operative responsibilities of the anti-doping controls will lie with the Anti-Doping Commission formed for the considered event. The composition and tasks of this commission are defined in the CISM Anti Doping regulation.

9.5 At World Military Wrestling Championships, at least eight (8) (three (3) FS, three (3) GR and two (2) FW) tests will be carried out without considering world records.

9.6 The list of prohibited substances and methods used for the anti-doping testing in CISM events will always be the actual WADA list.

10. FAIR PLAY

In order to encourage fair play, a cup will be presented to the athlete who has shown the best sportsmanship.
