

43rd World Swimming and Lifesaving Championship

Swimming Events (Pool)

Men

Freestyle: 50m, 100m, 200m, 400m, 1500m
 Breaststroke: 50m, 100m, 200m
 Backstroke: 50m, 100m, 200m
 Butterfly: 50m, 100m, 200m
 Medley: 200m, 400m
 Relays: 4 X 100m Freestyle, 4 X 100m Medley

Women

Freestyle: 50m, 100m, 200m, 400m
 Breaststroke: 50m, 100m, 200m
 Backstroke: 50m, 100m, 200m
 Butterfly: 50m, 100m, 200m
 Medley: 200m
 Relays: 4 X 100m Freestyle, 4 X 100m Medley

Qualifying Standards for Swimming Events (Pool): Applications must contain swimming times competed at sanctioned USA Swimming or NCAA competitions within the last two years. The times below are the minimum standards and reflect the 2009 U.S. Open qualifying standards.

Women			2009 U.S. Open	Men		
LCM	SCM	SCY		SCY	SCM	LCM
26.59	25.99	22.99	50 Fr	20.29	22.99	23.59
57.29	57.19	50.19	100 Fr	44.49	50.69	51.79
2.03.69	2.04.39	1.48.29	200 Fr	1.38.09	1.51.69	1.53.39
4.19.49	4.21.59	4.47.79	400 Fr	4.25.29	3.57.29	4.01.29
8.55.19	8.56.19	9.58.89	800 Fr	9.16.89	8.17.99	8.23.09
17.06.69	17.10.99	16.30.59	1500 Fr	15.30.69	15.44.49	16.02.49
1.04.69	1.02.69	55.79	100 Bk	49.59	55.09	58.29
2.19.09	2.14.69	2.00.09	200 Bk	1.47.89	1.59.99	2.06.29
1.12.79	1.10.79	1.03.19	100 Br	55.89	1.03.09	1.05.29
2.37.19	2.32.09	2.16.69	200 Br	2.01.69	2.16.39	2.22.09
1.02.49	1.01.49	54.99	100 Fl	48.59	54.69	55.69
2.16.89	2.15.39	2.00.69	200 Fl	1.48.59	2.01.39	2.04.09
2.20.69	2.19.69	2.01.79	200 IM	1.49.69	2.03.99	2.07.99
4.56.99	4.53.09	4.19.79	400 IM	3.58.29	4.24.59	4.33.09

Lifesaving Events

Beach and Surf Events

Surf Race
Rescue Tube Rescue
Beach Flags
Beach Sprint
Beach Relay
Surf Ski Race
Board Race
Board Rescue
Run-Swim-Run
Taplin Relay

Pool and Stillwater Events

50m, 100m Manikin Carry
100m Manikin Tow
100m Rescue Medley
200m Superlifesaver
200m Obstacles
4 X 50m Medley Relay
4 X 25m Manikin Relay
4 X 50m Obstacles Relay

Qualifying Standards for Lifesaving Events: Team members will be selected by application based on various skill sets. Applications must include the following:

- Beach/lifesaving competitions competed within the last three years. Include event competed in, times/placement.
- Provide 5K and 10K times in last two years
- Provide swim times for 50m, 100m, and 200m freestyle
- Provide times for 1500m open water swims. (Split times for open water Olympic distance triathlon competitions will be accepted)
- Other lifesaving information, such as military billets (Coast Guard/Navy SEALs)

Team Selections: Team members will be selected on overall skill sets and not just swim times. Running, swimming, and lifesaving skills will all be factored in.