



2016 ARMED FORCES MEN'S AND WOMEN'S MARATHON CHAMPIONSHIP

1. COMPETITION RULES: Current IAAF Rules, as amended by the Armed Forces Sports Council (AFSC), if applicable. The Armed Forces Championship is conducted in conjunction with the Marine Corps Marathon.
2. COURSE DISTANCES: Olympic Distance: 26.2 miles
3. SCORING: Men and women team scores will be separated. The winning men and women team is determined by USA Track & Field's displacement scoring system. The winning men's team is determined by adding the displacement finishers of the top four of the team's six men. The winning women's team is determined by adding the displacement finishers of the top two of the team's four women. The lowest displacement score shall determine the winning teams.
4. TIE-BREAKER POLICY: Time of first non-scorer for each team (Either the fifth male or the third female).
5. SCHEDULE OF EVENTS: Events may change as determined by the competition organizers.
 - a. Day One Teams Arrive
 - b. Day Two Organizational Meeting
 Registration
 Course Review
 - c. Day Three Team Photos
 Armed Forces Race Meeting
 Pasta Dinner/Ice Breaker

Note: Authorized team members must attend the event in their Service polo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependant on host site letter of instruction). Additional personnel or guests may only attend if pre-coordinated in advance with the host site through the Service Representative. Final decision will be based on availability. Additional personnel and/or guests will assume responsibility of costs to attend the Pasta Dinner/Ice Breaker.

 - d. Day Four Competition Commences
 Awards Ceremony
 - e. Day Five Teams Depart
6. TEAM STANDINGS: See paragraph 3.
7. AWARDS:
 - a. Individual: Awards are given to the top three finishers in the men's and women's divisions.

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b. Team: Individuals awards are given to each member of the first place and second place teams (to include the OIC).

8. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP: Roster not to exceed 11 individuals:

6 Men
4 Women
1 OIC
TOTAL: 11

Note: Rosters must be submitted NLT four days prior to championship report date. Team points and awards will only be awarded to official Service team members.

9. TEAM COMPOSITION – CISM: As follows or as dictated by host country invitation:

4 Men
4 Women
1 Coach
1 Team Captain
TOTAL: 10

a. For the 2016 Armed Forces Championship the following shall apply when selecting the US Armed Forces Team for CISM events when both events fall within a 60-day window of each other:

1) Athletes must have competed at the Armed Forces or CISM World Military Marathon Championship.

2) The first place male and first place female competing at the Armed Forces Championship shall earn an automatic spot on the US Armed Forces Team.

3) The remaining positions shall be chosen by the coaching staff/Service representative as designated by the AFSWG members.

10. FORMS AND ROSTERS:

a. All final rosters must be turned in to the Host Project Officer at the Organizational Meeting. Rosters for the Armed Forces Championship will be finalized at this time. Failure to do so shall disqualify athletes from advancing to higher level competition.

b. All athletes and coaches shall complete and sign the Armed Forces Sports Higher Advancement Form (appendix B) for consideration of selection to the Armed Forces Team. All Higher Advancement Forms must be submitted by the Officer in Charge of the respective Service at or before the organizational meeting at the Armed Forces Championship.

c. All athletes, coaches and staff from each Service must sign the Armed Forces Sports Participant Code of Conduct (appendix C) in order to participate at the Armed Forces Championship. The Code of Conduct shall be submitted at the Organizational Meeting. If a training camp to higher level competition is conducted without the conduct of an Armed Forces Championship, then Team Captains shall have all participants sign the Code of Conduct immediately upon arrival and prior to any official activity. If an Armed Forces Championship or

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training camp is not conducted prior to , the Team Captain shall collect the Code of Conduct forms electronically prior to the delegation's departure to higher level competition.

d. Team Captains, Coaches and Chiefs of Mission shall sign their respective LOI (appendix F/H).

e. Athletes advancing to higher level competition must sign the anti-doping declaration form (appendix K).

11. ALCOHOL POLICY: There will be no alcohol consumption at the sports venue by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day if the awards banquet immediately follows the event. The venue is defined as the playing area, venue parking lot, and the assigned eating/spectator area. This policy will not apply if the awards banquet or ceremony is conducted as a separate event at a later time. However, more restrictive installation policies in regards to alcohol will take precedence. Violation of this policy shall result in immediate suspension from the remaining championship/event, disqualification from higher-level competition and selection to the All-Tournament Team, and shall be subject to further disciplinary actions by the AFSWG.

12. ICE-BREAKER SOCIAL. Authorized team members must attend the event in their Service polo shirt, coordinated slacks, and appropriate footwear (exceptions may be made dependant on host site letter of instruction). Guests may attend with pre-coordination with the host site and Service representative. Final decision will be based on availability. Guests will assume costs associated with attending the ice breaker.

a. The Ice-Breaker Social is an official function and shall be conducted in accordance with local base policies and all participants are expected to conduct themselves in the highest professional manner. Informal activities such as skits, hazing and other activities that include offensive language/behavior are not authorized.

13. HANDLING OF RULE VIOLATIONS: If there is a violation of the SOP or specific sport rule, the AFS Representative or in their absence, the project officer, will address the respective Service Representative to resolve the issue. Service Representative will resolve the violation before the Service competes in the next game.

14. SAFETY REQUIREMENTS: Service Branches are encouraged to bring their own medical personnel with them to the competition. All other medical support requirements will be provided by the competition organizer (U.S. Marine Corps).