

2015 CISM Military World Games Track & Field Selection Standards (Field Size 3)

Men

Women

| <u>Event</u> | <u>"A"</u> | <u>"B"</u> | <u>Event</u> | <u>"A"</u> | <u>"B"</u> |
|--------------------------|-------------------|-------------------|---------------------------|-------------------|-------------------|
| 100m | 10.35 | 10.51 | 100m | 11.48 | 12.20 |
| 200m | 20.88 | 21.45 | 200m | 23.40 | 24.40 |
| 400m | 46.50 | 47.25 | 400m | 52.70 | 54.50 |
| 800m | 1:48.45 | 1:50.45 | 800m | 2:06.50 | 2:09.80 |
| 1500m | 3:45.00 | 3:47.80 | 1500m | 4:16.50 | 4:27.80 |
| Mile | 4:00.00 | 4:06.00 | Mile | 4:37.50 | 4:49.60 |
| 5000m | 13:52.00 | 14:10.00 | 5000m | 15:50.00 | 16:52.00 |
| 10,000m | 29:01.00 | 29:30.00 | 10,000m | 33:50.00 | 35:00.00 |
| 110 Hurdles | 13.90 | 14.30 | 100m Hurdles | 13.30 | 14:20 |
| 400m Hurdles | 50.75 | 51.45 | 400m Hurdles | 57.95 | 1:00.82 |
| 300m Steeplechase | 8:45.50 | 9:07.00 | 3000m Steeplechase | 10:17.00 | 10:50.25 |
| | | | | | |
| High Jump | 2.16m | 2.15m | High Jump | 1.83m | 1.75m |
| Pole Vault | 5.50m | 5.05m | Pole Vault | 4.25m | 3.80m |
| Long Jump | 7.75m | 7.40m | Long Jump | 6.45m | 5.97m |
| Triple Jump | 15.44m | 15.35m | Triple Jump | 13.20m | 12.32m |
| Shot Put | 18.59m | 18.59m | Shot Put | 16.60m | 16.00m |
| Discus Throw | 58.80m | 58.80m | Discus Throw | 55.00m | 54.50m |
| Hammer Throw | 65.00m | 64.62m | Hammer Throw | 63.00m | 61.00m |
| Javelin Throw | 70.50m | 70.00m | Javelin Throw | 51.50m | 47.00m |